

Whitney ISD School Health Advisory Council Minutes

Feb 3, 2026

Agenda 📋 SHAC agenda 02/02/2026

Attendees: Holly Beims, Raygenna Heath, Dawn Poyner, Dana Marshall, Lindsey Threadgill, Tim Oldfield, Kendra Hensley, Jennifer Moseley, Chad Adkins

Meeting called to order at 4:00pm

Last meetings minutes were accepted

Introduction of all members and what SHAC is

School Health Services/Safety

- Nurses have started and will be continuing health screenings for our students. These must be submitted to the state no later than June 30th. Lions club is doing vision screenings at the intermediate.
- Education Code 38- Must offer annual emergency response training/Stop the Bleed for grades 7th-12th. Discussed with the middle and high school principals about scheduling this before the year ends.

Employee Health & Wellness

- February is heart month- HS nurse is offering blood pressure checks for staff
- Wildcat walking challenge at the IS for heart month. Encouraging 30 min of walking a day for students and staff.
- PTO continues to provide staff lunches/restocking supplies.
- Sunshine committee- Spring self care staff challenge.

Family/Community Involvement

- Blood drive December 4th brought in 21 units. Hoping to have more participation on our next drive February 5th.

Physical Education

- Fitness gram for grades 3rd-12th
- Kids Heart challenge- ES & IS. Encouraging 30 min of activity a day. Hands only CPR, and learning how the heart pumps.
- UIL physicals for MS & HS students in May. Goodall Witcher Whitney Clinic provides these for free.
- **Meeting adjourned at 4:15pm**