

FEBRUARY 2026

FABENS MIDDLE SCHOOL

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Breakfast 2</p> <p>French Toast Sticks</p> <p>Lunch</p> <p>Chicken Smackers (bbq sauce) Savory Green Beans Mashed Potatoes w/gravy Wheat Roll</p>	<p>Breakfast 3</p> <p>Grilled cheese sandwich</p> <p>Lunch</p> <p>Taco Salad Spanish Rice Pinto Beans Lettuce & tomato (<i>salsa</i>)</p>	<p>Breakfast 4</p> <p>Pancake on a stick</p> <p>Lunch</p> <p>Chili Bowl w/meat White rice Corn Muffin Steamed Broccoli</p>	<p>Breakfast 5</p> <p>Scrambled eggs, sausage & toast</p> <p>Lunch</p> <p>Corn dog Tator Tots Cucumber & Celery Sticks</p>	<p>Breakfast 6</p> <p>Assorted cereal & graham crackers</p> <p>Lunch</p> <p>Pepperoni Pizza California Blend Garden Salad w/ranch</p>
<p>Breakfast 9</p> <p>Cinnamon rolls</p> <p>Lunch</p> <p>Mandarin Chicken w/brown rice Steamed Broccoli Steamed Carrots Vegetable egg roll (<i>sweet & sour sauce</i>)</p>	<p>Breakfast 10</p> <p>Egg & chorizo burrito</p> <p>Lunch</p> <p>Spaghetti w/meat sauce Seasoned corn Mixed Vegetables Garlic Bread stick</p>	<p>Breakfast 11</p> <p>French Toast</p> <p>Lunch</p> <p>Picadillo w/potatoes Fideo Soup Pinto Beans Flour Tortilla</p>	<p>Breakfast 12</p> <p>Breakfast Pizza</p> <p>Lunch</p> <p>Cheeseburger Sweet Potato Fries Lettuce & tomato Baked Chips</p>	<p>NO SCHOOL 13</p>
<p>Breakfast 16</p> <p>Pop Tarts</p> <p>Lunch</p> <p>Chicken Nuggets (<i>bbq sauce</i>) Green Beans Steamed carrots Wheat Roll</p>	<p>Breakfast 17</p> <p>Breakfast Pizza</p> <p>Lunch</p> <p>Beef Tacos Pinto Beans Mexican Macaroni Shredded lettuce & tomato (<i>salsa</i>)</p>	<p>Breakfast 18</p> <p>Apple Bites</p> <p>Lunch</p> <p>Cheese Pizza Mixed Vegetables Garden Salad w/ranch</p>	<p>Breakfast 19</p> <p>Scrambled eggs, sausage & toast</p> <p>Lunch</p> <p>Hamburger Baked Fries Lettuce & tomato</p>	<p>Breakfast 20</p> <p>Assorted Muffin</p> <p>Lunch</p> <p>DoriNachos w/cheese Pinto Beans Steamed corn Spanish rice (<i>sliced jalapenos</i>)</p>
<p>Breakfast 23</p> <p>Yogurt & Nutri-Grain Bar</p> <p>Lunch</p> <p>Chicken Drumstick Sweet potato fries Mixed Vegetables Roll</p>	<p>Breakfast 24</p> <p>Beans & cheese burrito</p> <p>Lunch</p> <p>Beefaroni Steamed broccoli Steamed corn Breadstick</p>	<p>Breakfast 25</p> <p>Egg Omelet, sausage & toast</p> <p>Lunch</p> <p>Breaded Beef Fingers Mashed Potatoes w/gravy Savory Green Beans Wheat Roll</p>	<p>Breakfast 26</p> <p>Menudo w/roll</p> <p>Lunch</p> <p>Hot Dog Chili Beans Baby Carrots</p>	<p>Breakfast 27</p> <p>Mini Pancakes</p> <p>Lunch</p> <p>Pizzaboli California Blend Garden Salad w/ranch (<i>marinara sauce</i>)</p>

MENUS SUBJECT TO CHANGE

Daily Breakfast Options: Fruit or juice; milk variety (1% white, FF flavored); Assorted cereal

Daily Lunch Options: Fresh or chilled fruit or juice; Milk variety (1% white, FF flavored)

This institution is an equal opportunity provider.

