

**Old Rochester Regional School Committee
District Wellness Committee
Superintendent's Conference Room
135 Marion Road, Mattapoissett, MA 02739**

**December 10, 2025
1:00 pm**

School Committee Members Present:

Cristin Cowles, Mattapoissett School Committee; Betsy Stewart, ORR School Committee; and Robin Rounseville, Rochester School Committee.

School Administrators, Faculty, and Staff Present:

Jaime Curley, Assistant Superintendent of Student Services, Jill Henesey, Food Service Director, Nicole Reedy, ORR High School Nurse, Linda Ashley, Principal - Center School, Heidi Letendre, Principal - Rochester Memorial School, Kelly Chouinard, Assistant Principal – ORR Junior High School, Chris Carrig - Athletic Director, ORR High School and Greg Thomas, Assistant Principal – Suppican School.

Community Stakeholders Present: Jeremy Hutton, Kelsey Forcier, Susan Hunter Revell, Allison Bellora, Public health Nurse, Mattapoissett and Alison Doak, School Wellness Coach through DESE.

I. MEETING TO ORDER

The meeting was called to order by Cristin Cowles at 1:02pm. In accordance with Massachusetts Open Meeting Law, the Agenda has been set and posted, and unless there are any emergencies that need to be added, the Agenda will be followed as outlined. The meeting was conducted via hybrid format and the public had the ability to participate in-person or remotely through zoom with the link provided.

II. Welcome

III. Approval of Minutes – September 17, 2025

Motion to approve the minutes from September 17, 2025 by Cristin Cowles

Seconded by Robin Rounseville

Roll Call 3-0 (Cowles; yes, Rounseville; yes, Stewart; yes)

IV. Overview of Implementation of the MA Local Wellness Policy

Review of regulatory requirements and policy recommendations.

Ms. Doak explained she has been the coach for our schools for over a year. As the Subcommittee is aware, last year the team worked to update the local policy based on regulatory requirements and she recommended maintaining the policy as such for this school year.

V. MA Local Wellness Policy Assessment

Complete assessment.

Ms. Doak explained that the goal of this meeting is to assess our schools against the current policy. The group reviewed the current policy through an assessment DESE created which is hosted on the website Alliance for a Healthier Generation. Ms. Doak inquired as to current practices around Nutrition Education and Food Literacy, following USDA Child Nutrition Standards, Physical Education and Physical Activity Goals along with fundraisers, vending machines, local food partners, staff wellness initiatives and implementation of the policy. She

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acknowledged the list of current initiatives shared and commended the work being done in the buildings already. She concluded by asking members to think about what the group should focus on for this current school year. Ms. Cowles added there are great opportunities to align with district goals in the strategic plan and school improvement plans. Ms. Stewart inquired about health and wellness ideas for our staff. Ms. Doak shared it could be benefits already available through health insurance, gathering information from staff to see what they would like, etc. Mr. Hutton suggested potential events such as open houses or other events to showcase local food sources and partners. He added that his children really enjoy when staff are involved in school events like the Fun Run.

VI. Closing Remarks

Dr. Curley shared future meetings are scheduled for February 25 and May 13, 2026.

VII. ADJOURNMENT

Motion to adjourn at 1:46pm by Robin Rounseville

Seconded by Betsy Stewart

Roll Call 3-0 (Cowles; yes, Rounseville; yes, Stewart; yes)