



# ELEVATE

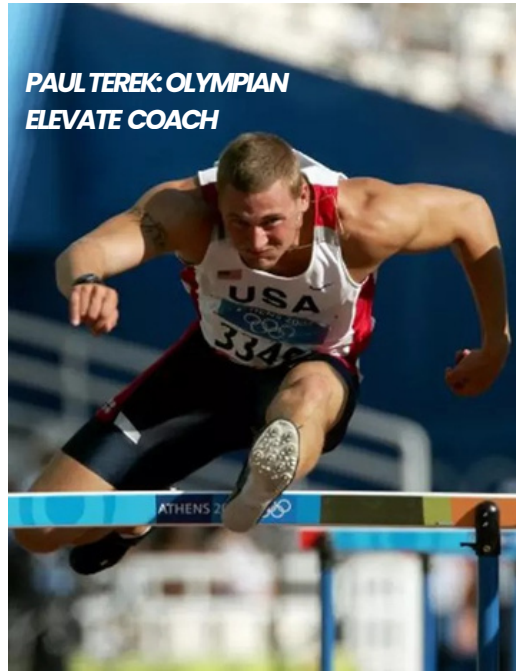


## TRACK & FIELD CLINIC

SAN LUIS OBISPO HIGH SCHOOL



SHARON DAY-MONROE: OLYMPIAN  
ELEVATE COACH



PAUL TEREK: OLYMPIAN  
ELEVATE COACH

**SATURDAY**  
**MARCH 28, 2026**  
**9AM-3PM**

**INTRODUCTION TO TRACK & FIELD EVENTS  
AND EVENT SPECIFIC TRAINING FROM  
CENTRAL COAST OLYMPIANS!**

SCAN TO REGISTER AND FOR  
MORE INFO



REGISTRATION FEE: \$50  
SCHOLARSHIPS AVAILABLE

5TH-8TH  
GRADERS



SLO TOWN TRACK CLUB **FUNDRAISER** SLOHS T&F TEAM



[WWW.ELEVATETRACKANDFIELDCLINIC.ORG](http://WWW.ELEVATETRACKANDFIELDCLINIC.ORG)