

PISD

School Health Advisory Council

Agenda and Minutes

Hybrid - Zoom (virtual) and In-person

Date: Tuesday, January 27, 2026 @ 6:00 - 7:00

Debra	Nash
Kayla	Walling
Amber	Evans
Hallie	Mendez
Briana	Jensen
Raquel	Pastrana Rodriguez
Maria	Stiney
Wendy	Cain
Sara	Trammell
Billiejo	Adams
Allison	Gonzalez
Katie	Aldridge
Cindy	Smith
Lori	Tashler (BasePoint) Guest

Agenda

Presenter	Description	Time
WAC	Call to order / Begin recording meeting through Zoom	5 min
All	Roll Call / Introduction of any new attendees	5 min
KW	Approve previous meeting minutes - 11/18/2025	5 min
WAC	Old Business - 1. PISD EAP - American Fidelity services were discussed and have now been shared with all district employees 2. Texas Health Resources - Mobile Unit Update a. Discussion of plans for the 2026-27 school year in order to provide mammograms to both	10 min

	community and district staff. 3. Protective Parent Program - update on attendance was given 4. Update on Suicide & Crisis Center of North Texas - partnership begun and parent presentation will be offered virtually on 3/25/26 - more information as the date draws closer will be sent out through district channels. 5. Counseling Curriculum - at that time, no changes were being discussed. However, Elementary counselors are now making a recommendation to the SHAC that will be discussed in depth this evening. 6. Potential Wellness Offerings - the group went through and highlighted areas of need. 7. District Updates a. Health Services - Immunization Report completed for state b. Nutrition Services - Thanksgiving lunches were a success c. Counseling Services - Course Request process were soon to begin	
All	New Business - 1. Guest Speaker - Lori Tashler w/ BasePoint Academy - Please give a warm welcome as she shares organization information and how they are able to work with students from PISD 2. Counselor Curriculum a. Potential Elementary Changes to Counseling Curriculum b. Allison Gonzalez (Godwin) Counselor - will be giving information on the counselors recommendation c. Change recommendation for SHAC is to drop Character Strong and replace it with Changemakers (Momentous Institute) curriculum for K-5 d. Why the change? i. As we continue to grow, counselors are seeing more of a need for Executive Functioning Skills and a curriculum that will specifically address this change in the population ii. Current program of Character Strong is coming based on a common starting point for all students - which is no longer the case as our demographics continue to evolve iii. Momentous Institute is local and it is more	32 min

