



# Westlake Wildcats Athletics - Spring 2026

## Important Dates/Information



Sport Clearance Dates					
	Level and Grade	Physicals Completed After	Family ID Registration Open	Family ID Registration Closes	Season Start Date
<b>Spring</b>	Varsity/JV (9th-12th)	3/1/2025	2/10/2026	2/22/2026	3/9/2026
	Modified (7th/8th)	4/1/2025	3/10/2026	3/22/2026	4/7/2026
Spring Sport Offerings					
<b>High School</b> Girls Flag Football (V) Baseball (JV/V) Golf (V) Boys Lacrosse (JV/V) Girls Lacrosse (JV/V) Softball (JV/V) Track and Field (V) Boys Tennis (JV/V) Fitness Room				<b>Modified (7th/8th Grade)</b> Baseball Softball Boys Lacrosse Girls Lacrosse Track and Field	

All students must Sign up on FAMILY ID and can click the link below (and found on School Website - Athletics Page)

### [FAMILY ID REGISTRATION LINK](#)

Link is only active during the registration dates above. If your child is not registered during those dates, they risk not being medically cleared/eligible for tryouts/practice.

**All Students MUST HAVE:**

- Updated physicals on file with WHS/WMS Nurses Office
- Medication Orders for any medications needed and/or Health Plans filled out by a doctor and parent (Ex. Inhalers, EpiPens, Epilepsy, etc.)
- For those who have self-carry medication, you must submit a *“Provider Attestation and Parent Permissions For Independent Medication Carry and Use”* Form

### Contact Information

<b>Athletics Office Phone</b> <b>914-769-8940</b>	<b>WHS Fax - 914-747-5018</b> <b>WMS Fax - 914-769-0210</b>	
<b>WHS Nurse - Mary Jane Au</b>	<b>914-769-5554</b>	<a href="mailto:mau@mtplcsd.org">mau@mtplcsd.org</a>
<b>WMS Nurse - Cheryl Horowitz</b>	<b>914-769-8539</b>	<a href="mailto:chorowitz@mtplcsd.org">chorowitz@mtplcsd.org</a>
<b>Nurses Website: <a href="https://www.mtplcsd.org/departments/nursing-and-health">https://www.mtplcsd.org/departments/nursing-and-health</a></b>		