

TROUSDALE COUNTY HIGH SCHOOL

February 2026

Breakfast

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|---|--|---|
| <u>Wk 1,3,5</u> Sausage Biscuit or Muffin <u>Wk 2,4</u> Sausage Biscuit or Muffin | <u>Wk 1,3,5</u> Pancakes or Muffin <u>Wk 2,4</u> Waffles or Muffin | <u>Wk 1,3,5</u> Chicken Biscuit or Muffin <u>Wk 2,4</u> Ham/Ch Croissant or Muffin | <u>Wk 1,3,5</u> Omelet Biscuit or Muffin <u>Wk 2,4</u> Pancake Pup or Pizza or Muffin | <u>Wk 1,3,5</u> Donuts <u>Wk 2,4</u> Breakfast Bun |

Personal Pan Pizza/Salad Not Served On Mondays!

Lunch

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|---|--|
| 2  | 3  | 4 Chicken Pot Pie Country Fried Steak/Gravy Mashed Potatoes Green Beans Roll | 5 Chicken Alfredo Glazed Carrots Scalloped Potatoes Roll | 6 Chicken Sandwich Chips Mustard/Ketchup/Mayo/LPTO Coleslaw Baked Beans |
| 9 Chicken Tenders BBQ Riblet Turnip Greens Mashed Potatoes Roll | 10 Chicken Leg Broccoli/Cheese Fries Biscuit | 11 Quesadilla Refried Beans Salsa Cup Corn | 12 Spaghetti CA Blend Veggies Cheesy Diced Potatoes Garlic Knot | 13 BBQ Sandwich Fries Mustard/Ketchup/LPTO Carrot Sticks/Ranch |
| 16 No School  | 17 Chicken Salad Sandwich Chips Coleslaw Baked Beans | 18 Beefy Tacos/Cheese Black Bean Salsa Corn Tortilla Scoops | 19 Gen. Tso Chicken Fried Rice Egg Roll Oriental Veggies Fortune Cookie | 20 Hamburger/Cheese Fries Mustard/Ketchup/Mayo/LPTO Cucumberi Salad |
| 23 Beef Steak/Gravy Country Fried Steak Mashed Potatoes Green Peas Roll | 24 Sausage or Chicken Biscuit/Gravy Scrambled Eggs Tater Tots | 25 Chili/Crackers Hotdog Tater Tots Corn | 26 Chicken Alfredo Scalloped Potatoes Glazed Carrots Roll | 27 Chicken Sandwich Chips Mustard/Ketchup/Mayo/LPTO Coleslaw Baked Beans |
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A variety of milk and fruit is served with breakfast and lunch daily.

Menus are subject to change due to product availability. Check school cafeteria for updates.
This institution is an Equal Opportunity Provider.