



Meet Your Nutritious Friend:
Cheerleading Cherries

Monday	Tuesday	Wednesday	Thursday	Friday
2 Cinnamon Toast Crunch Fruit 1% White Milk	3 Yogurt & Graham Crackers Fruit 1% White Milk	4 Apple Cinnamon Cheerios Fruit 1% White Milk	5 Maple Waffles Fruit 1% White Milk	6 Cinnamon Chex Fruit 1% White Milk
9 No School	10 Yogurt & Graham Crackers Fruit 1% White Milk	11 Apple Cinnamon Cheerios Fruit 1% White Milk	12 Maple Waffles Fruit 1% White Milk	13 Cinnamon Chex Fruit 1% White Milk
16 No School	17 Yogurt & Graham Crackers Fruit 1% White Milk	18 Apple Cinnamon Cheerios Fruit 1% White Milk	19 Maple Waffles Fruit 1% White Milk	20 Cinnamon Chex Fruit 1% White Milk
23 Cinnamon Toast Crunch Fruit 1% White Milk	24 Yogurt & Graham Crackers Fruit 1% White Milk	25 Apple Cinnamon Cheerios Fruit 1% White Milk	26 Maple Waffles Fruit 1% White Milk	27 Cinnamon Chex Fruit 1% White Milk

What is a Meal?
Pre-K students are served the three following components for school breakfast.

- Whole Grain
- Fresh Fruit or Cupped
- 1% White Milk

Rachel Adams, Food Service Director
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Meal Prices
Student Breakfast \$1.75
Reduced Breakfast \$0.00
Faculty Breakfast \$2.25

