

# 2025-2026 Kerrville ISD

## Comprehensive School Counseling Program (CSCP)

### Mission Statement

The Kerrville ISD Counseling Team collaborates with all stakeholders to provide a caring and supportive environment that honors community values. The Counseling Team fosters the academic success and personal development of students by advocating for and empowering each of them to design a future filled with purpose and dignity.

### Program Definition

**Delivery:** School counselors deliver the CSCP with support from administration, classroom teachers, PE coaches, nurses, the social worker, and the career and college advisor. Parents, college staff, and other community members also support their efforts.

**Competencies:** Students will demonstrate strategies to enhance self-awareness, decision making skills, conflict resolution, and anxiety reduction. Students will increase their intrapersonal and interpersonal effectiveness, expand their postsecondary planning and career readiness, and enhance their personal health and safety knowledge as a result of the CSCP.

**Clients:** Students and staff will be served by the CSCP.

**Organizational Elements:** Features that organize and inform the CSCP include:

- [The Texas Model for Comprehensive School Counseling Programs, 5th Edition](#)
- The district calendar and campus calendars
- [The counseling Year-at-a-Glance](#)
- The counseling time tracker
- Regular counseling PLCs
- Twice-yearly needs assessments given to all stakeholders
- [Capturing Kid's Hearts](#) (K-12)
- [Conscience Discipline](#) (ECC)
- [Character Counts!](#) (K-12)
- [Overcoming Obstacles](#) (K-12)
- [KidsHealth in the Classroom](#) (K-12)
- [TCHATT](#) (K-12)
- [ASCA School Counselor Resource Series](#) (K-12)
- [Project Towards No Drug Abuse \(TND\)](#) (9-12)
- [Therapy Games for Teens: 150 Activities to Improve Self-Esteem, Communication, and Coping Skills](#) (9-12)
- [ApplyTexas](#) (9-12)

- [Naviance](#) (6-12)
- [Texas OnCourse](#) (6-12)
- [My Texas Future](#) (6-12)
- [The Social Success Workbook](#) (6-12)
- [How to Do Restorative Peer Mediation in Your School](#) (6-12)
- [CATCH My Breath](#) (5-12)
- [Start With Hello](#) (6-8)
- [I'm Stronger Today](#) (3-5)
- [Julia Cook Books](#) (K-5)
- [Workforce Solutions-Capital Area](#) (K-5)
- [David's Legacy Foundation](#) (K-5)
- [A Little SPOT Series](#) (K-5)
- [Expressive Arts Interventions for School Counselors](#) (K-12)
- [Get Your Guidance On!](#) (K-12)
- [Give 'Em Five](#) (6-12)
- [Settle Conflicts Right Now!](#) (K-5)
- [Safety First](#) (6-12)
- [Operation Prevention](#) (6-12)
- [Natural High](#) (6-12)
- [Mind Matters](#) (6-12)
- [Everfi Truth](#) (6-12)

## Program Rationale

1. The CSCP is an equal partner in the educational process because it supports the holistic growth of students.
2. Students need to acquire competencies in intrapersonal effectiveness, interpersonal effectiveness, postsecondary planning and career readiness, and personal health and safety so they can create futures filled with purpose and dignity.
3. Students will gain tools through guidance curriculum, individual planning, and responsive services.
4. The CSCP was designed to address four specific areas based upon needs assessments: self-awareness, decision making skills, conflict resolution strategies, and anxiety reduction.

## Program Assumptions

The Comprehensive School Counseling Program (CSCP) is grounded in the core assumptions outlined on page 56 of the *Texas Model for Comprehensive School Counseling Programs, 5<sup>th</sup> Edition*. These assumptions reflect a shared belief that all students are capable of learning and achieving success when provided with appropriate support. Every student should have equitable access to a comprehensive counseling program that supports academic, career, and social-emotional development.

The KISD school counseling program assumes that students benefit from a developmental approach that is informed by data and responsive to their evolving needs. It also recognizes the importance of collaboration among school counselors, educators, families, and community members in supporting student growth. Students require both proactive and responsive services that promote wellness, resilience, and personal development.

Certified school counselors are essential to delivering these services effectively. They are professionally trained to implement programs that follow ethical standards and best practices. These foundational beliefs guide every phase of the counseling program, ensuring that services are inclusive, student-centered, and aligned with the mission of the Texas Model to promote lifelong success for all learners.

## Program Goals

By May 2026:

- Elementary will reduce the incidence of bullying and cyberbullying by 15% through the implementation of the CSCP, focused guidance lessons, intentional small group and individual counseling sessions, and open communication between school and home to foster a safe and respectful school environment as measured by student self-referrals and teacher and parent referrals.
- Elementary will decrease the self-reported anxiety and stress levels among elementary students by 15% through implementing a CSCP that provides regular mindfulness and stress management guidance lessons, individual counseling as needed, and collaboration with teachers to integrate relaxation techniques into the curriculum to improve students' overall well-being.
- Middle school will increase the responses to "I feel that I belong at my school" from 79% to 85% (Strongly agree/Agree) we will work to identify students who may not feel included and is not in a small group counseling activity, or are included in a club or activity and to ensure each student is recognized for his/her strengths.
- Middle school will reduce the responses to "Overall, I believe there is a problem with bullying at my school" from 55% to 45% (Strongly agree/Agree) we will include more information for students about what defines bullying through a guidance lesson, class assembly, morning messages, and notes on the lunch display. This also may decrease the response of 'Yes' to the statement "In this school year, have you experienced bullying behavior at school?"
- Middle school will reduce the responses to "Students at my school say mean things about teachers to make the teachers feel bad." 49% to 35% (Strongly agree/Agree) we will include empathy, self-awareness, perspective as well as kindness in our guidance lessons to the degree it is developmentally appropriate.
- High school will have 100% of students on track to graduate and meet CCMR requirements by the end of 2024-2025. (Aligned with campus goal 3.)
- High School will ensure that school counselors are highly visible and available to meet with students in students' least restrictive environments (i.e. halls, offices will maintain open doors) 60% - 70% of the time for Responsive Services and Individual Planning to support students' academic focus. (Aligned with campus goal 1.)

## Program Design Priorities

The CSCP will meet the identified needs of the students by emphasizing school counselor competencies and spending as close to the recommended time as possible in the four program components.

<b>Service Delivery Components</b>	<b>Elementary</b>	<b>Middle School</b>	<b>High School</b>
<b>Guidance Curriculum</b>	35%-45%	35%-40%	15%-25%
<b>Individual Planning</b>	5%-10%	15%-25%	25%-35%
<b>Responsive Services</b>	30%-40%	30%-40%	25%-35%
<b>System Support</b>	10%-15%	10%-15%	15%-20%
<b>Non-Counseling Duties</b>	0%	0%	0%

## Program Evaluation

The school counselors will review all elements of the CSCP and all data collected to evaluate the program at the end of the 2024-2025 school year.

[Year at a Glance 2025-2026 for KISD.xlsx](#)