



**RSHS POST HIGH SCHOOL
PLANNING OFFICE**

THE COLLEGE ADMISSION

rsummit.rsdmo.org/learn/post-high-school-planning





RSHS POST HIGH SCHOOL PLANNING OFFICE

WE CAN HELP

- Meet with students and families (seniors only in the fall, juniors starting in January)
- Assist with college essays
- College application and transcripts
- Self-discovery (careers, majors)
- NCAA and NAIA transcripts/advice
- College planning events

Post-High School Planning

Welcome to the Post High School Planning Office! We are located inside the Counseling Office, room 270A. The Post High School Counselor is devoted to assisting students in making a successful transition to their life after high school. If you are considering a 2-year or 4-year college or university, a technical institution, or maybe directly entering into a career field or the military, we are here to help you.

[2024-25 RSHS SCHOOL PROFILE](#)

[POST HIGH SCHOOL CALENDAR](#)

Mission Statement

All students will be valued and provided results-based instruction in the areas of Career, Academic, and Personal Social Development, through a comprehensive guidance program, as they acquire skills, abilities and attitudes that empower them to be lifelong contributors.

Your Post-High School Planning Staff



Ivy Hartman
College Career Counselor
[Email](#)
[636-891-6838](tel:636-891-6838)

Katie Veliz
Administrative Asst 3
[Email](#)
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ACT and SAT Exams	+
Applying to College	+
Calendar	
Earn College Credit During High School	
Financial Aid	+
Getting Started	+
Letters of Recommendation	
Planning College Visits	
Scholarships	+
SchoolLinks and The College Search	+

X: @RSHSCollege

(636) 891-6838

bit.ly/PostHSappointment

CHOOSING

THE RIGHT COLLEGE

CONSIDER YOUR INTERESTS

Reflect on your academic passions, career goals, and extracurricular preferences to find colleges with programs and environments that align with your unique interests and aspirations.

EVALUATE CAMPUS CULTURE

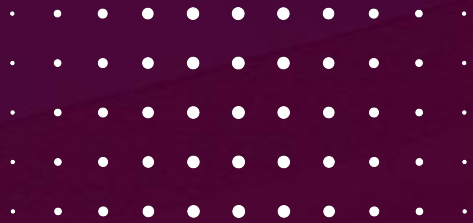
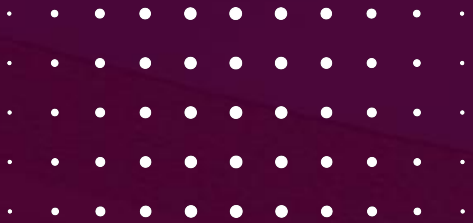
Visit college campuses to get a feel for the community, social scene, and overall vibe. Ensure the institution's size, location, and resources complement your learning style and lifestyle needs.

ASSESS ADMISSION CRITERIA

Research each college's admission requirements, including GPA, test scores, essays, and recommendations. Understand the competitiveness of the application process to maximize your chances of acceptance.

PRIORITIZE FIT AND VALUE

Balance your academic and personal priorities with the college's cost and financial aid offerings. Determine which institution provides the best overall value and investment in your future.



ADMISSION REQUIREMENTS

ACADEMIC PERFORMANCE

Colleges look for strong grades, challenging course schedules, and a demonstrated academic record that shows a student's ability to excel in a rigorous college environment.

STANDARDIZED TEST SCORES

Most colleges require applicants to submit SAT or ACT test scores to measure academic aptitude and college readiness.

EXTRACURRICULAR ACTIVITIES

Colleges value well-rounded students who have pursued meaningful extracurricular activities that showcase their talents, leadership, and contributions to their communities.

LETTERS OF RECOMMENDATION

these are NOT REQUIRED. Only request a letter if it is required for a highly selective institution or needed for an alternative admission program.

APPLICATION

PROCESS

RESEARCH AND APPLY

Start by researching colleges that align with your academic and personal interests. Decide what application method (or methods) make sense. COLLEGES DO NOT CARE WHAT APP YOU USE. ONLY APPLY ONE TIME.

KEEP TRACK OF DEADLINES AND REQUIREMENTS

Plan at least two weeks in advance of deadlines. *Our office is closed during Thanksgiving break and Winter break. Also, on 10/31/2025.*

REQUEST TRANSCRIPTS THROUGH SCHOOLINKS

You can see when transcripts have been submitted and viewed by the college. This is also where you will request Letters of Rec.

SEND ACT OR SAT SCORES

Visit: [ACT.org](https://act.org) or [CollegeBoard.org](https://collegeboard.org) and send the official scores directly to the college/university.





FERPA

ON COLLEGE APPS

Students will complete this on The Common App and on SchoolLinks.

1. They are giving RSHS permission to send transcripts and supporting documents.
2. Waiving their right-
 - a. Students should waive their right. It indicates trust in their recommenders.
 - b. If a student does not waive their right, they can only access the letters after they have been admitted to the college/university, and they can ask to see their file if the college/university keeps the documents.



STANDARDIZED TESTS

SAT/ACT

College will accept either of these.

- self-reported
- official score reports

CollegeBoard.org and ACT.org

AP EXAMS

Self-report these on the college application. Official score reports are only sent in the spring of senior year to the college they KNOW they are attending.

TEST PREPARATION

- ACT.org
- Khan Academy (online PSAT/SAT)
- Private tutors
- ZAPS Saturday Class 9/27

■ doorwaytocollege.com

ACT CHANGES

Math, English & Reading
Science and Writing are optional
Superscores will only include Math, English, Reading

*Fee waivers are available in
the Counseling Office.*



ACT & SAT PREP

FREE

ACT.ORG

Free overview
Free full length practice test

SAT (PSAT) & AP

[CollegeBoard.org](https://collegeboard.org)
Khan Academy

Learning Express Library

- LOTS of test prep
- Sign in from RSD wifi the first time
- [Learningexpresshub.com](https://learningexpresshub.com)

ACT fee waiver

Free 12 months of ACT Prep through Kaplan

*Fee waivers are available in
the Counseling Office.*



ACT & SAT PREP

PAID

BOOKS

TUTORS

A list of tutors can be found on the rsdmo.org/rsummit Post HS Planning website

CLASS

- ZAPS Saturday Class 9/27
 - doorwaytocollege.com
 - save \$ and sign up by 9/17

ACT CHANGES

UPCOMING TEST DATES

ACT

Register at www.actstudent.org

<u>UPCOMING TEST DATES</u>	<u>REGISTRATION DEADLINE</u>
Sept 06, 2025	Aug 19, 2025
Oct 18, 2025*	Sept 30, 2025
Dec 13, 2025	Nov 24, 2025
Feb 14, 2026*	Jan 23, 2026
Apr 11, 2026*	Mar 24, 2026
June 13, 2026*	May 29, 2026
July 11, 2026*	June 24, 2026

*RSHS will NOT host the ACT on these dates
School Code - 263197
Test Center Code - will depend on location

SAT

Register at www.collegeboard.org

<u>UPCOMING TEST DATES</u>	<u>REGISTRATION DEADLINE</u>
Sept 13, 2025*	Aug 29, 2025
Oct 04, 2025*	Sept 19, 2025
Nov 08, 2025*	Oct 24, 2025
Dec 06, 2025*	Nov 21, 2025
Mar 14, 2026*	Feb 27, 2026
May 02, 2026**	Apr 17, 2026
Jun 06, 2026**	May 22, 2026

RSHS is NOT a testing center for the SAT
School Code - 263197
Test Center Code - will depend on location

COLLEGES DO NOT CARE WHICH TEST YOU TAKE

TEST OPTIONAL, TEST FLEXIBLE, SUPERSCORING

WHAT DOES IT MEAN?

SUPERSCORE

Best subscores from
Math, English,
Reading

TEST OPTIONAL

You can choose to apply with a
test score or without. If you have
strong grades and are not a good
test taker this is a great option!

TEST FLEXIBLE / TEST BLIND

Test scores are not required.
Some schools may ask for some
sort of test to confirm
placement.

REMEMBER! If you fall into the college's mid 50% range for acceptance with your test score then
you should use it.

COMMUNITY COLLEGE

Enroll in the A+ Program

What is the A+ Program?

- Students who enroll in A+ and meet all requirements at graduation are eligible for **free tuition** for 2 years at MO public community colleges and technical schools
- Requirements for GPA, attendance, citizenship, math proficiency
- Students complete 50 hours of unpaid tutoring within Rockwood

How do I enroll in A+ and learn more?

- Visit rsummit.rsdmo.org
 - Learn
 - A+ & Testing

Seniors must enroll by January 31st

(Grades 9-11 may enroll anytime during the school year)

TRANSFERRING

24-30 college credit hours after you graduate

- No longer need a test score
- Use ONLY your college GPA for admission and \$cholarships

LETTERS OF RECOMMENDATION



HOW TO ASK

- ask in person
- follow up with an email
- provide a deadline
- Ask at least 2 weeks in advance



WHO SHOULD WRITE

An academic teacher who knows you well. Preferably a teacher that you have had in 11th or 12th grade. Counselor letters are usually written by Mrs. Hartman



SUBMITTED & TRACKED IN SCHOOLINKS

Add your recommendation requests in Schoolinks under College- College Applications.

FINANCIAL AID AND SCHOLARSHIPS

The largest amount comes directly from the colleges.

Private scholarship sites:

- MyScholarshipCentral.org (RSHS Scholarships and more!)
- Niche
- Fastweb

10/16

**COLLEGE INFO
NIGHT 6:45-9PM**

Financial Aid basics and also in-depth look at paying for college.

10/19

**FAFSA
COMPLETION 2-4PM**

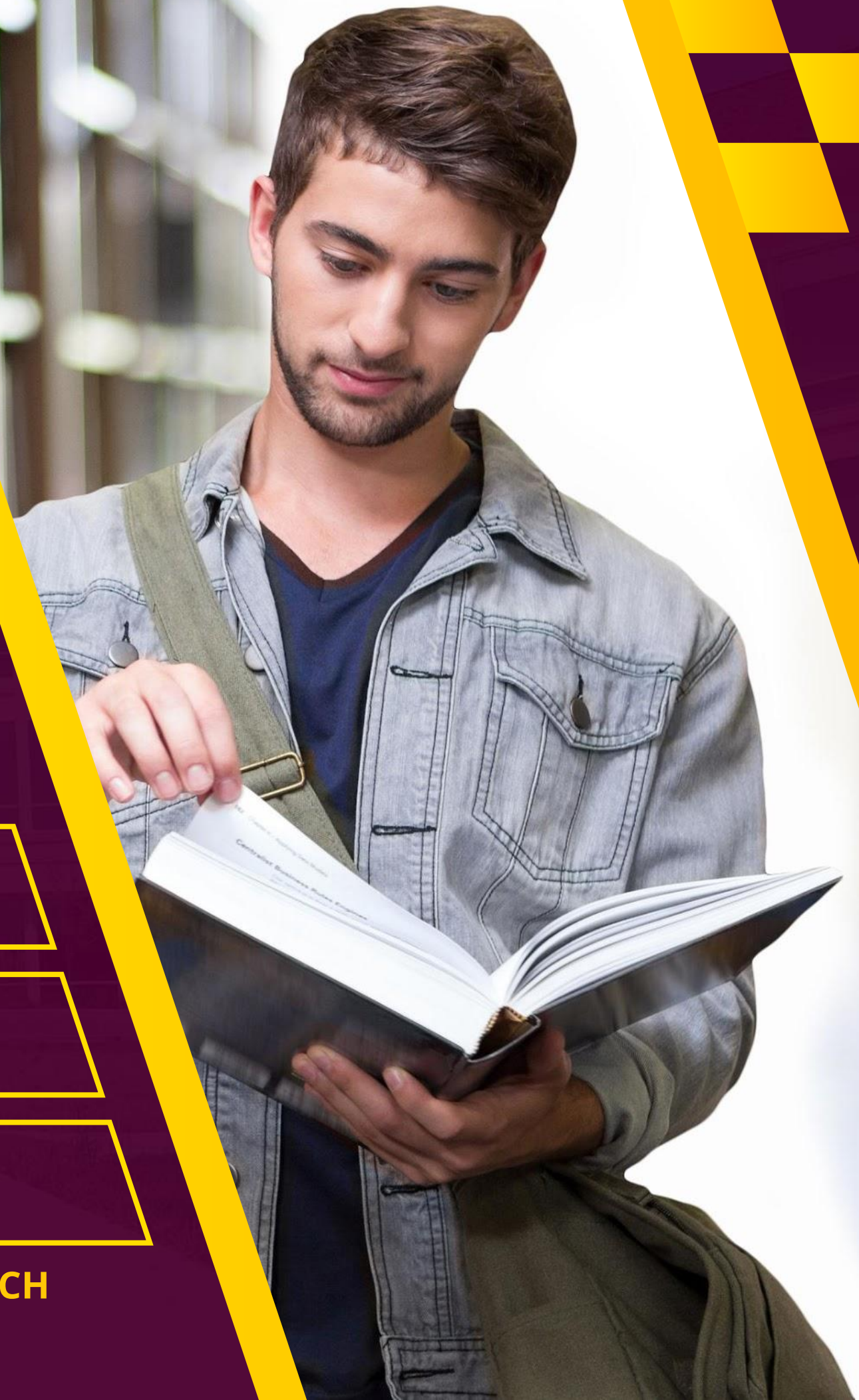
BYOD, 2024 Tax info and your student. We will help you complete the FAFSA.

FREE \$

GRANTS & SCHOLARSHIPS

Grants- need based
Scholarships- merit based

RSHS SPECIFIC SCHOLARSHIPS WILL BE AVAILABLE IN JANUARY AND DUE IN MARCH
MYSCHOLARSHIPCENTRAL.ORG





ACCEPTANCE

AND ENROLLMENT

After the application process, the moment of truth arrives - college acceptance letters. Carefully review all offers and select the institution that best fits your academic and personal goals. Once you've made your decision, complete the enrollment process and prepare for the exciting journey ahead, including campus orientation to get acquainted with your new community.

ACCEPTANCE

Receive college
admission offers

FINANCIAL AID OFFERS

Arrive in March.
Review and start
making a final
decision

ENROLLMENT

Pay deposit to
ONE university.
Schedule
orientation.

EXPLORING COLLEGE MAJORS AND CAREER

Schoolinks has interest assessments students can complete. It also has a career searching tool.

O*net

Missouri Connections

Big Future (on [CollegeBoard.org](https://collegeboard.org))

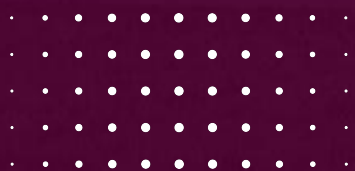


CAREER SHADOWING OPPORTUNITIES

Apply online rsdmo.org/pie

Fall deadline to apply is Sept. 12th

Spring deadline is in January.



CAREER SHADOWING OPPORTUNITIES

EXPLORING PROGRAMS IN STL

<https://stlbsa.org/exploring/>

**AIR
PRODUCTS**



**Membrane
Solutions**

EXPLORING™
DISCOVER YOUR FUTURE

Explorer's Post with Air Products!

Register by September 12th by emailing
Air Products Corporate Relations
corpela@airproducts.com



2025-2026 Meetings (5:30pm-8:00pm)

Sep 17th Oct 15th Nov 19th Dec 17th
Feb 18th Mar 18th Apr 15th

- Engineering explorers is an afterschool program for 9th – 12th grade students who are interested in careers in STEM. There will be hands on experiences facilitated by engineering leaders within your community

- Get involved in multiple fields of STEM (Chemical, Electrical, Mechanical, Industrial, Chemistry, and more)

- Sit in on engineering presentations, tackle engineering challenges, tour our manufacturing site, and listen in on career panels

- Gain experience from current Air Products engineers

- Learn life and career skills applicable to a successful career in STEM (leadership, communications, and teamwork)

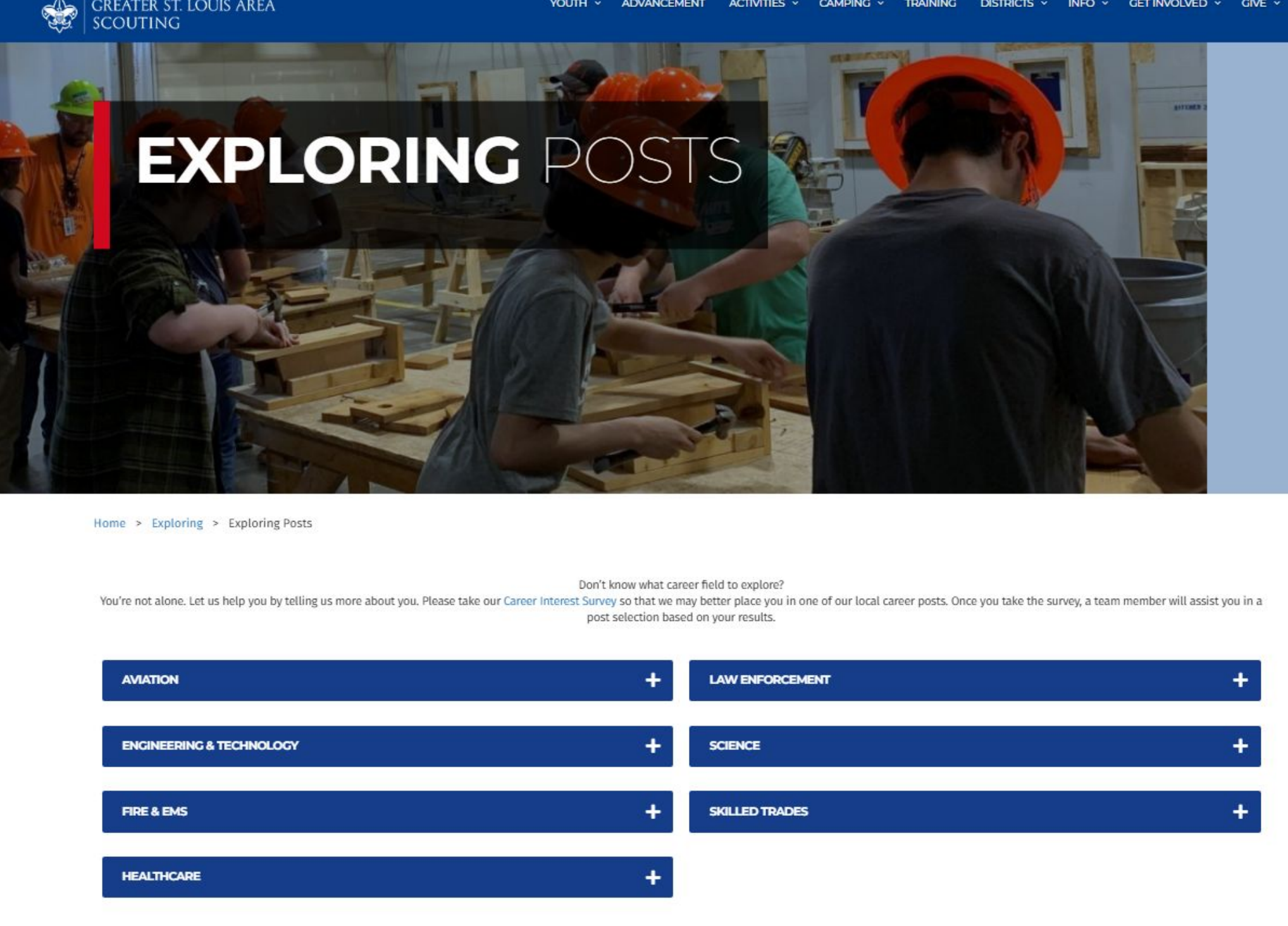


[MembraneSolutions.com](https://www.membranesolutions.com)

CAREER SHADOWING OPPORTUNITIES

EXPLORING PROGRAMS IN STL

<https://stlbsa.org/exploring/>



GREATER ST. LOUIS AREA SCOUTING

YOUTH ▾ ADVANCEMENT ▾ ACTIVITIES ▾ CAMPING ▾ TRAINING ▾ DISTRICTS ▾ INFO ▾ GET INVOLVED ▾ GIVE ▾

EXPLORING POSTS

Home > Exploring > Exploring Posts

Don't know what career field to explore?
You're not alone. Let us help you by telling us more about you. Please take our [Career Interest Survey](#) so that we may better place you in one of our local career posts. Once you take the survey, a team member will assist you in a post selection based on your results.

AVIATION +	LAW ENFORCEMENT +
ENGINEERING & TECHNOLOGY +	SCIENCE +
FIRE & EMS +	SKILLED TRADES +
HEALTHCARE +	

UPCOMING

COLLEGE EVENTS

COLLEGE INFO NIGHT

- **10/16 6:45-9pm**
- Essays, Financial Aid, Military & College, Health careers, Finding Scholarships, Test Prep, Playing sports in College, Highly Selective Admissions

FAFSA COMPLETION

- 10/19 2-4pm**
- Financial Aid experts will be here to assist in completing the FAFSA.

AC LAB WORKSHOPS

- 9/17- College Essay Workshop
- 9/24- Financial Aid and Scholarships
- 10/7 College App Help
- 10/15 Mini-College Fair

COLLEGE FAIRS

- 9/24/05 2-5pm Infinite Scholars Fair
 - @ SLU- www.infinitescholar.org
- 10/26 1-3pm National College Fair @ SLU- nacacattend.org/fairs

CONTACT US

Have questions or need more information?

Feel free to reach out!

<https://bit.ly/PostHSappointment>



636-891-6834



<https://rsummit.rsdmo.org/learn/post-high-school-planning>



hartmanivy@rsdmo.org X- @RSHSCollege



LET'S CREATE YOUR FUTURE

SEARCH FOR COLLEGES

[Schoolink.com](https://www.schoolink.com)

[Niche.com](https://www.niche.com)

OR

[Bigfuture.CollegeBoard.org](https://bigfuture.collegeboard.org)

SIGN UP FOR A COLLEGE VISIT

[Schoolinks.com](https://www.schoolinks.com) > Events on the dashboard > search for a college and click "New Event"
a paper pass will be sent to you the day of the visit

SIGN UP FOR THE A+ PROGRAM

Visit [RSDMO.org/rsummit](https://rsdmo.org/rsummit) > Learn> A+ and Testing > Complete Enrollment Form by Jan 31.

REQUEST A TRANSCRIPT

[Schoolinks.com](https://www.schoolinks.com) > College > College Applications

If it is your first time: use your email address that you used on your applications.

SIGN UP TO CAREER SHADOW

RSD- www.rsdmo.org/pie

SCOUTING- [WWW.STLBSA.ORG/EXPLORING](https://www.stlbsa.org/exploring)