

TPRS "Monthly Minute" Odessa High School

February 2026



Important Dates To Remember>

February 2nd - Groundhog Day!

February 4th FAFSA Night at OHS library

February 13th - Valentine's Day Project deadline

February 14th - Valentine's Day!

February 13th - Progress Reports

February 16th - President's Day; Makeup bad weather day

February 18th-20th-TELPASS TESTING

February 23-February 27th- TELPASS Makeups

February 26th, Parent Meeting at Odessa College, 5:15-6:30 PM, Relationships: the Good , The Bad and Sometimes Ugly!

EMBRACE DATES: 2/3, 2/10, 2/17, 2/24



Valentine's Day Facts

Valentine's Day is named after Saint Valentinus, a priest who lived during ancient Roman times. According to legend, he secretly performed weddings for soldiers who were not allowed to marry. Because of this, he was arrested and later executed. Before his death on February 14, he is believed to have written a letter to the jailer's daughter, signing it "From your Valentine." He was buried on that date, which later became associated with the holiday.

Originally, Valentine's Day was not linked to romantic love. That connection began during the Middle Ages, and by the 1700s in England, people started celebrating by exchanging cards, flowers, and candy, which became known as "valentines." Over time, the holiday grew into the celebration of love and friendship we recognize today.

Fun Valentine's Day Facts:

- At least 36 million heart-shaped boxes of chocolates are sold each year.
- Around 8 billion candy hearts are made annually — enough to stretch from Valentine, Arizona, to Rome, Italy, and back.
- Approximately 50 million roses are given worldwide on Valentine's Day.
- About 1 billion Valentine's Day cards are exchanged each year in the United States alone.
- The city of Verona, Italy, receives around 1,000 letters to Juliet every Valentine's Day.
- At least 9 million people buy Valentine's Day gifts for their pets.
- An almond tree with pink blossoms, planted near Saint Valentine's grave, became a symbol of lasting love and friendship.



Dating and Relationships can be challenging at any age. Learning how to build and maintain healthy relationships is a skill that develops over time as we grow and better understand ourselves and others. For teenagers, this can be especially difficult due to added pressures such as changing hormones, peer influence, and major life transitions. While many things can feel overwhelming during the teen years, a relationship should feel safe, respectful, and supportive—not scary or stressful.

Red Flags in Teen Relationships

Some unhealthy behaviors can be hard to recognize, especially at first. Common red flags include:

- **Extreme jealousy or possessiveness**
- **Controlling social media or setting rules about what a partner can post**
- **Pressuring or forcing a partner into sexual activity**
- **Physical violence of any kind**
- **Threatening to expose or embarrass an LGBTQ+ partner**
- **Isolating a partner from friends or family**
- **Controlling how a partner dresses or acts**
- **Constantly blaming, insulting, or manipulating a partner (also known as gaslighting)**

It is not always easy to realize a relationship is unhealthy while you are in it. Checking in with yourself can help you stay aware and safe.

Ask yourself about your special person:

- **Do I feel safe and respected?**
- **Do I feel supported?**
- **Can I be myself?**
- **Am I treated as an equal?**

Healthy relationships should feel safe, supportive, and respectful.

Please, join our parent meeting this February 27th at Odessa College where we will speak about relationships and communication. See enclosed flyer for more information.

TPRS Students Are Connected...



childcare, work-study, and case management. Last year, All 53 Senior were Wrangler Promise pledged, with 38 TPRS Seniors who enrolled and attended Odessa College this academic year. This year the partnership aims to support even more students.

On **January 22**, TPRS joined EAA to celebrate Seniors who have completed coursework and are on track to graduate in May. They were honored with a catered meal and awards ceremony. Congratulations to EAA OHS TPRS Seniors **Angelyc Bosch, Hailee Rios, and Natalie Vega** in completing course requirements!



On **January 28**, OHS Seniors participated in a “Senior Camp,” to complete graduation requirements to include CPR, FAFSA, and Apply Texas applications and pledge to OC Wrangler Promise. Thank you to BAM Electric and MASA Bakery who provided meals and door prizes for



participants. On January 29th, the month ended with our **monthly TPRS FAMILY meeting at Odessa College**, hosted by Odessa College and MCH Family Outreach, giving students and parents a chance to learn about college resources and discuss important topics.



TPRS proudly celebrates **90% of students staying in school**, with an **84% attendance rate** and **99% of Seniors on track to graduate**.



SENIOR SECTION!!!

ACCESSLife is the application designed with ECISD students in mind. Students can learn about college and career from regional career experts. They have access to hundreds of videos and information to help students make decisions about their careers. This application was made possible with the collaboration of our community partners ACCESS4Success, CTE and AVID. You can download the

ACCESSLife App from the Google Play Store or the Apple Store.



SENIORS NEED TO FILL OUT FAFSA/TASFA FOR GRADUATION. CONTACT YOUR COUNSELOR, MS. DANGERFIELD, TO SET UP AN APPOINTMENT AND GET THAT DONE! 432-456-5851.

2026–27 FAFSA® Form Now Available!

Use the *Free Application for Federal Student Aid* (FAFSA®) form to apply for financial aid for college, career school, or graduate school.

Start a 2026–27 FAFSA® Form

Start New Form

Edit a 2026–27 FAFSA® Form

Edit Existing Forms

Accept an Invitation for a 2026–27 FAFSA® Form

Accept an Invitation

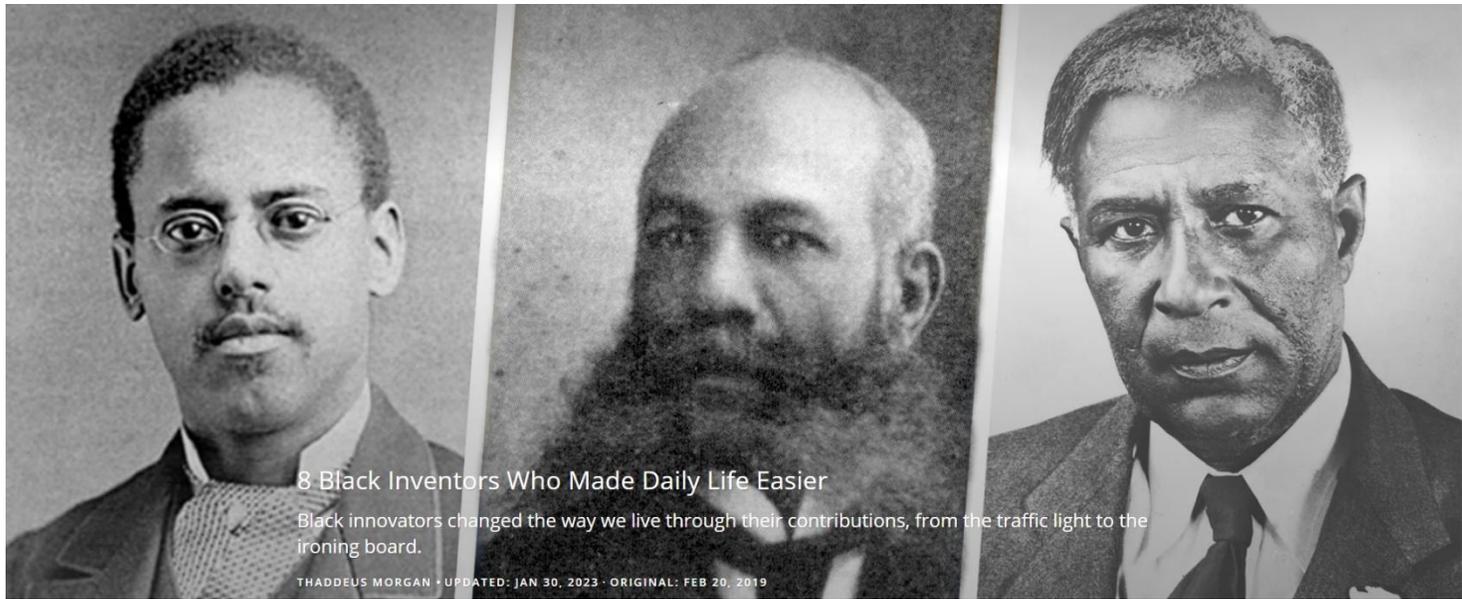
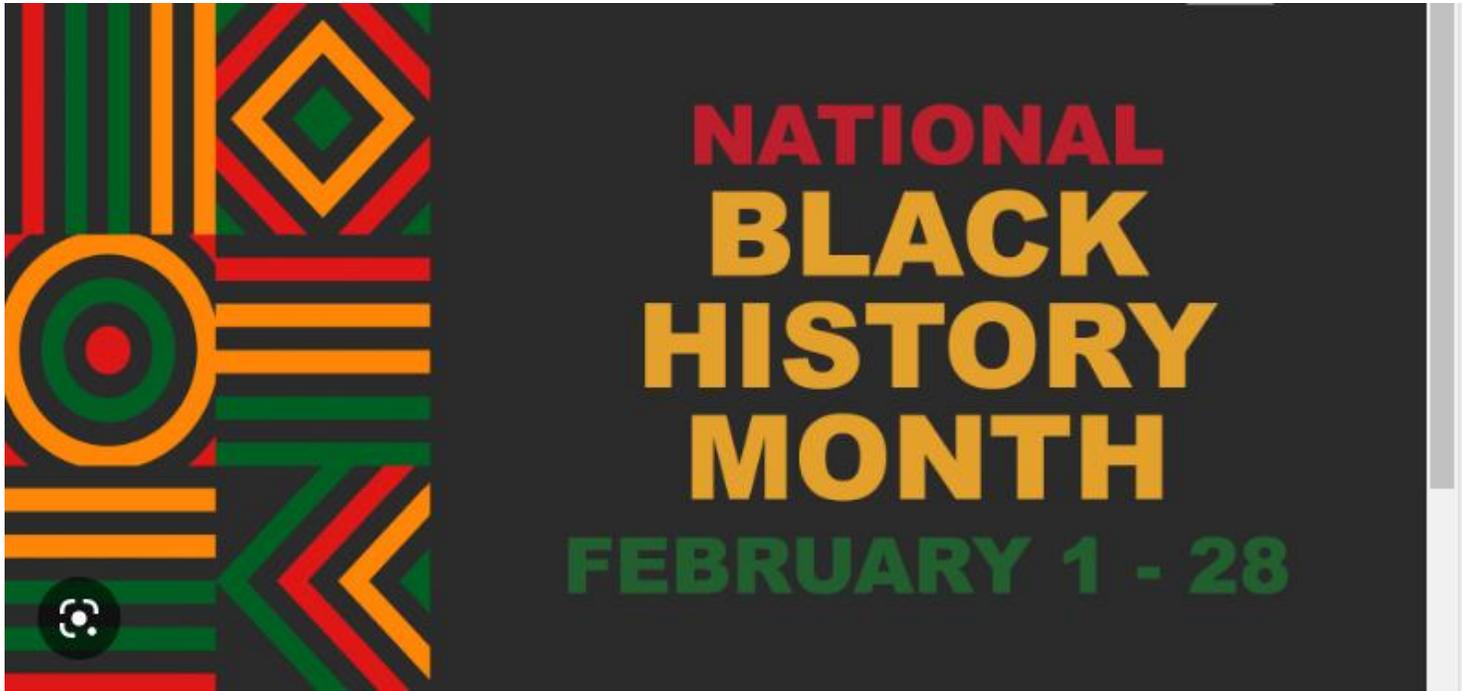


Need the 2025–26 FAFSA® Form?

If you feel that you are needing some help in your classes, we have tutoring resources for you.

- **Odessa College Tutoring**- Available Sunday through Monday and evening hours
- **AVID tutoring** – by appointment.
- **AIR Tutors**- online tutoring by appointment

There is NO REASON FOR YOU YOU TO FAIL YOUR CLASSES. Call our office to discuss. Do not wait until you are failing! Act Now!



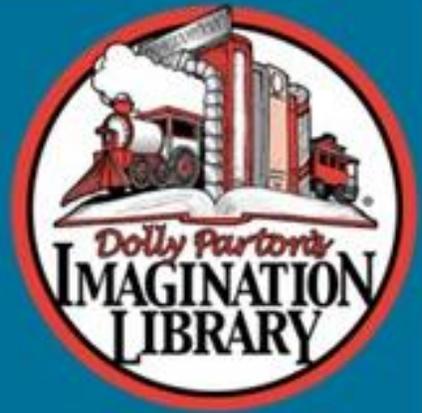
8 Black Inventors Who Made Daily Life Easier

Black innovators changed the way we live through their contributions, from the traffic light to the ironing board.

THADDEUS MORGAN • UPDATED: JAN 30, 2023 • ORIGINAL: FEB 20, 2019

8 Black Inventors Who Made Daily Life Easier”, Read More [Here.](#)

Enroll your child for free monthly books!



Inspire your child's love of reading with Dolly Parton's Imagination Library



FREE BOOKS FOR KIDS!

If you have a child from 0-5 years old, register them today for free monthly books.

How It Works:

- Enroll your child online at [\(imaginationlibrary.com/usa/affiliate/TXECTOR/\)](http://imaginationlibrary.com/usa/affiliate/TXECTOR/)
- In 6-8 weeks, your child will receive their first book in the mail, 'The Little Engine That Could'.
- Books arrive in the mail monthly until your child's 5th birthday.

Easy to Enroll!



Scan this code to enroll your child in Dolly Parton's Imagination Library. It's easy!



Ector County ISD Education Foundation

PO Box 951
Odessa, Texas 79760
Phone: 432-210-6395



Meeting Time SJS - 6:30 pm
Odessa College, Wood Math and Science Building
Room 119

Join ECISD TPRS and MCH Family Outreach for life lessons
and a fun activity for everyone to enjoy.

September 25

Help! I'm Stressed!

Understanding and handling the stress when life gets tough



October 23

Making Sense of What You're Feeling

Recognizing and understanding your feelings and emotions

January 29

Reflections: Who are You?

Discovering the influences on your self-image, both positively
and negatively



February 26

**Relationships: The Good, The Bad and Sometimes
the Ugly!**

Making good decisions for great relationships



March 26

Making Sense of Anger

Understanding what makes you angry and expressing it in a healthy
way



 **ODESSA COLLEGE**

LOVE from Me to You

Share a special moment with your child as you read *Love from Me to You*. This sweet story is perfect for little ones with detailed die-cuts and layered pages. Children will love turning and exploring the pages as you read them the heart-warming story.

Children will love the parent-child themed characters of animals. Point these out to teach the names: butterfly, ladybug, elephant, mouse, bee, bird, rabbit, cat, and bear, pointing out Mom, Dad and baby.

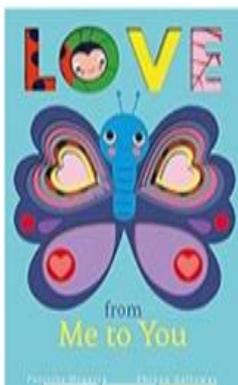
Finally, when your child is ready for rhyme, pick out similar sounding syllables such as “do” and “you”, “out” and “about”, “worthwhile” and “smile”, “kind” and “find”, and more.

Benefits of SEL, social emotional books:

Helps regulate emotions and stress

Promotes resilience

Improves mental health



Valentine Book and Project: Deadline February 13th

Valentine Project

Create a personal valentine's for your baby. Use the colored and white paper heart cut-outs provided.

Be **CREATIVE** in writing using rhyme as well as the design of the valentine heart.

Prizes will be awarded and the student with the most creative valentine will receive a VISA gift card.

Example Project



Remember, children learn best when parents are in on the fun!

Helping Students Achieve Excellence Together.



LRC HOURS



SUNDAY: 6:00PM - 12:00AM
 MONDAY: 8:00AM - 11:00PM
 TUESDAY: 8:00AM - 11:00 PM
 WEDNESDAY: 8:00AM - 10:00PM
 THURSDAY: 8:00AM - 10:00PM
 FRIDAY: 8:00AM - 5:30PM
 SATURDAY: 10:00AM - 1:00PM

Virtual Library Center: <https://bit.ly/3ya5k0y>
 *VIRTUAL HOURS REFLECT LRC HOURS



Schedule FREE
Tutoring Appointment

CONTACT US

LRC@odessa.edu

www.odessa.edu/lrc

Murray H. Fly
201 W. University
Odessa, Texas 79763

KEITH CAREER & TRANSFER CENTER

Resume	Career Assessment
Cover Letter	Career Exploration
Mock Interviews	Transfer Requirements
Job Search	University Exploration
Job Placement	



LIBRARY SERVICES

Super Search
 Young Adult Collection/
 Laptop/Hotspot Check-Out
 Lib Guides
 Interlibrary Loans



ACADEMIC WORKSHOPS

Odessa College Information
 Academic Skills
 Career & Transfer



TUTORING CENTERS

STEM Center: Wood Building RM 201
 Writing Center: Wilkerson Hall RM 106
 HOURS: MONDAY - THURSDAY 9:00AM - 4:00PM
 PECOS ExL Center: 5:00PM - 9:00PM



Get in **FREE** with your **ECISD** ID!

ECISD students, faculty and staff
can get into all **Odessa College**
Athletic events free!



Embrace Grace

SCHEDULE:

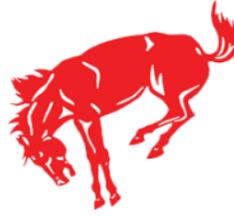
6:30pm Crossroads Student Building

- Tuesday, January 28 | Introduction
- Tuesday, February 4 | Expect
- Tuesday, February 11 | Realize
- Tuesday, February 16 | Perceive
- Tuesday, February 23 | Testimony Night
- Tuesday, March 4 | Trust
- Tuesday, March 11 | Spring Break (no meeting)
- Tuesday, March 18 | Awake
- Tuesday, March 25 | Defend
- Tuesday, April 1 | Free
- Tuesday, April 2 | Transform
- Tuesday, April 9 | Grace
- April 15 | Easter Week (no meeting)
- April 22 | Conclusion

SPECIAL EVENTS | SHOWERS

- Saturday, April 5—Princess Day
10:00am | Crossroads Student Building
- Sunday, April 15—Embrace Grace
Baby Shower | 4:00pm | Crossroads Chapel

Teen Parent Related Services Include:



Odessa High School
Home of the Bronchos

- * **Counseling Services**
- ***Tutoring, Academic/Attendance Review**
- ***Health Services**
- * **Truancy Intervention**
- * **Free Child Care Services and Bussing to/from school**
- ***Homebound Education and Services**
- ***Dropout Recovery**
- ***Credit Recovery/Acceleration through online education**

TEEN PARENT RELATED SERVICES (TPRS) STAFF:

Odessa High School : 456-0029

Connie Flores, Case Worker: 456-5271

Marisela Gonzalez, Specialist: 456-5854

Erica Dangerfield, TPRS Counselor: 456-5851

Marisa Molina, OHS Nurse, 456-5253

Rose Valderaz, Coordinator: 456-8552

Kimberly Bryer, TPRS Homebound Teacher: 456-1006

Hortencia Del Bosque, TPRS Homebound Teacher: 456-8524