

AIHS Weekly Announcements

JANUARY 19, 2026

WELCOME TO THE 13th NEWSLETTER

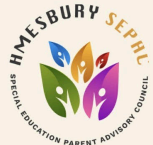
This is something that you might find informative. They are a great group of people who bring interesting topics for parents each month.

SEPAC General Meeting

Please join us for our SEPAC General Meeting! SEPAC meetings are open to all caregivers whether your child has an IEP, a 504 plan, a disability, or if you're a community member interested in supporting special education. We'd love to welcome you and hope you can join us!

Light refreshments will be served. Bring a friend for a chance to win a gift card to a local business!

amesburysepac@gmail.com



January 21, 2026
6:30 PM-8:00 at the Costello Center

Click the link below or scan the QR code to join virtually.

Or join via ZOOM
<https://us06web.zoom.us/j/81149877282>



Topics to Discuss

- Planning the Workshop hosted by NESCA
- Updates from Administration
- DocuHub
- Timeout room updates
- Community Engagement & Concerns
- Discussion around the achievement gap for students with disabilities
- Opportunities for parent involvement and volunteering
- Space for caregivers to raise questions and concerns

School Week 21

WEEK AT-A-GLANCE

- **Monday, January 19, 2026
- Tuesday, January 20, 2026
- Wednesday, January 21, 2026
- Thursday, January 22, 2026
- Friday, January 23, 2026

Upcoming Events

- **January 19th -Martin Luther King Day No School
- **February 6th PRT Day - Early Release
- March 10th - Prof. Devel. Day No School
- **March 20th - PRT Day
- May 1st - AEFI Hall of Honor
- May 8th - Junior Prom
- May 15th - Sweetheart Dance
- May 29th - AIHS Graduation
- **Early Release is 11:30

January Luncheon Menu

JANUARY 2026 Amesbury High School				
Monday	Tuesday	Wednesday	Thursday	Friday
Buffalo Chicken Sandwich Spiral Fries	Taco Tuesday Walking Tacos Sour Cream, Salsa, lettuce, tomato, onion, Cheese	Mozzari & Cheese Buffalo Chicken Seasoned Nuggies	Chicken Pot Pie with Biscuit Brown Rice	Mozzarella Filled Bruschetta Marinara Sauce Side Salad
Buffalo Chicken Dip Scoop	Taco Tuesday Chicken or Cheese Quesadillas Rice & Beans	Early Release Sausage Egg Cheese on an English Muffin Cinnamon Crisps	Early Release Gravif Fried Cheese stick Cinnamon Biscuit	French Toast Stick Sausage Patty Hash Brown Cinnamon Applesauce
No School Martin Luther King Day	Taco Tuesday Nachos With all The Fixins!	Pizza Pasta Bites Garlic Breadstick Seasoned Green Beans	Senior Exams Grab 'n Go Ham & Cheese Apple Chips	Senior Exams Grab 'n Go Turkey & Cheese Fruit Chips
Poppcorn Chicken Bowl Mashed Potatoes Corn, Gravy, Cheese Cinnamon Breadstick	Taco Tuesday Soft Turkey Tacos Mexican Rice Sour Cream, Salsa	Spaghetti Meat Sauce Seasoned Green Beans	Grilled Cheese And Tomato Tomato Soup	Buttermilk Pancakes Sausage Links Apple Chip

Now that we are at our old building, I thought it would be interesting to ask everyone how it feels to be back at Friend Street.



"It is a million times better, It feels like we are home." Katherine Pena



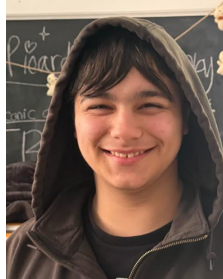
"It's amazing what a comfortable environment can do for productivity." Dan Swansen

MORE EXCITING NEWS - Another student has received an acceptance to a school of higher learning after graduation! Adrianna Aylward is going to attend Catherine Hinds in Woburn to be an aesthetician! This is her passion and she will be wonderful.





"So happy to be back. I feel so much more productive here--everyone does." Vinny Ortiz



"It feels like home. At Middle School, it felt like we weren't in our own body. Plus we are closer to Vermettes' and Pizza Factory!" Jax MacDonald



"I like it better. It is closer to my house when I have to walk home." Z. Drew



**"I like it because it is warmer, and it has a smaller office and we don't have to walk around as much."
Jayden Locke**

Finally, how does our Principal feel about being back?



"Like everyone, it feels like home. The kids feel safe here and that lets them be who they really are." Evan Melanson



Gayle Greenbaum

Ms. Greenbaum was left out of the group shot last week but she is never "out of the picture" for our school. Gayle is a "go to" for so many of our students who just like to go her room and "hang with Gayle,"

Her role is a special education teacher who provides academic and social emotional support. She has been in Amesbury for 22 Years, primarily at AMS (but she has been a teacher for 29 years) and really likes being at AIHS because it feels like a family here!

Gayle grew up in Swampscott and graduated from Salem State College and Cambridge College with a CAGS from Salem State University.

When she is not in school, she is outside with her puppy, Louise, and her sister, her niece and her nephew. These are the people (and puppy) who bring her joy in her life---family and good pizza!!!

We are so happy to have her on board!!!