

Testimonials

"From a principal's perspective, I witnessed a substantive change in our athletic programs when Coach Hemberger developed the Sports Leadership curriculum. Team leaders from all sports were challenged to put team over self."

TAM LARNERD - RETIRED HIGH SCHOOL PRINCIPAL



"His lessons helped me better understand my relationship with my sport and how I carry myself on and off the field."

CHAYANNE GORDON - CLASS OF 2025

STATE CHAMPION: SHOT PUT & DISCUS

"He helped me deal with pressure by having me write down everything that I felt was weighing me down, something he called "baggage."

COLE NEILSON - CLASS OF 2025

CSN BASEBALL COMMIT



"He mentally and emotionally showed me how to face tough situations that I had no idea how to go about without his guidance."

DAISHA PEAVY - CLASS OF 2024

COLLEGE BASKETBALL PLAYER

"I was completely checked out of my sport on the verge of quitting right before entering the playoffs. This man who I didn't even know at the time provided me the voice and the help that I needed in my lowest point to help me fall back in love with my sport."

RAYEN GARRETT - CLASS OF 2025, CSN SOCCER COMMIT



"At 29-years old, I've faced many high stress situations. I've been known to handle things poised, collected and calm. I often think back to Coach H's words and they motivate me to keep it together."

STEPHANIE GIL - CLASS OF 2014

GIRLS BASKETBALL