

MVHS

Class of 2030



INCOMING FRESHMAN NIGHT

<https://mvhs.usd232.org/>



Brent Bechard

LAST NAMES A-E



Deb Jaeger

LAST NAMES F-K



Erin Kessler

LAST NAMES L-R



Gail Holder

LAST NAMES S-Z & 504



Trish Chandler



Erin Hayes



Megan Mixon



Chris Wallace

Honors/AP Courses

Mill Valley High School





Courses Offered

English

Honors English 9

Math

Honors Integrated Math 1

Honors Integrated Math 2

Biology

Honors Biology

Social Studies

AP Human Geography



• Characteristics of Honors/AP Students

Honors classes are an option, not a requirement. Students and families can choose the best fit for their individual strengths and goals.

• Things to consider when deciding if honors classes are the right fit for your student:

- Subjects: What are you interested in? What subjects do you want a deeper understanding and are willing to take initiative and time outside of class to explore.
- Involvement: How much time do I have outside of school? *sports, activities, job, family.*

Strong attendance in class is important.

- Grades: What are my current grades? *work ethic, assignment completion*

- Typical Honors/AP students have:

- Strong time management skills in and out of class

- Good attention to detail

- Strong reading comprehension and application

- Effective note-takers

- Ask for help when needed

- Be willing to struggle, ask questions and work through difficult material





Honors English

with Mrs. Madeline Byrd-Wright/Sara Sedgwick

Reading

- Almost all reading is done outside of class, and you may be required to read up to 35 pages between block classes.
- You will be quizzed over plot and comprehension.
- Summer Reading Assignment

Grammar/Vocabulary

- Daily vocabulary/grammar
- Regular vocabulary and grammar quizzes
- Cumulative grammar and vocabulary finals

Writing

- You will write often, and a lot!
- Writing consists of both short and extended writing assignments
- In-depth feedback and revision process.

Grading

- Grading: Partially weighted standard credit plus 0.5
- Prepares you for Honors English 10 and College Level courses beyond that.

Honors Biology

with Ms. Caroline Conley

Grading: Partially weighted standard credit plus 0.5

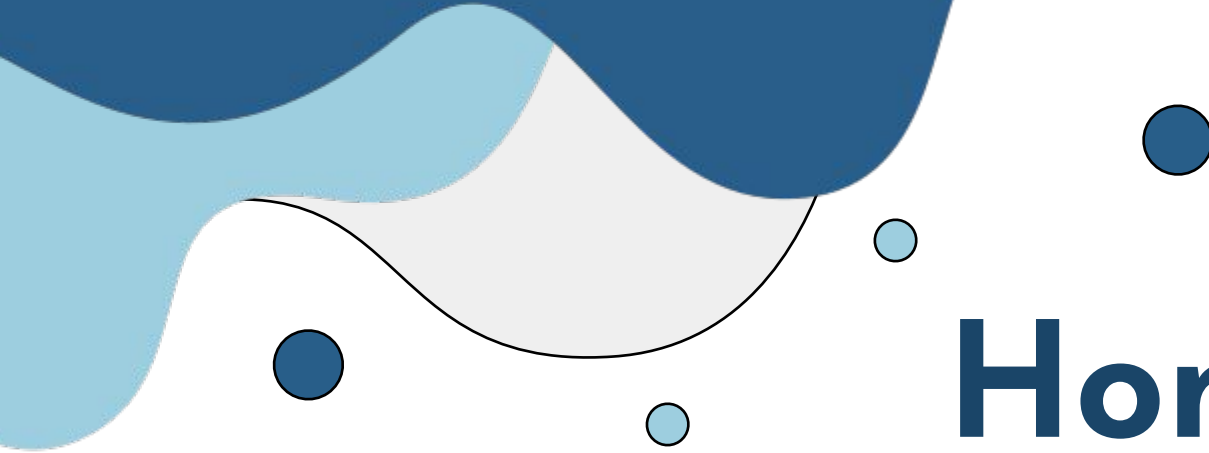
Students can expect:

- More student-led activities
- More labs/hands-on learning
- Expected to complete work and study outside of class
- Faster-paced units
- Summer Assignment: covering the scientific method, experimental design, and an introduction to biology. Students will be assessed over the the first week of classes.
- **Goal:** in-depth knowledge & application of biology
- **Preparation for advanced science courses**
 - Honors Chemistry, AP Chemistry, AP Biology, Anatomy & Physiology

Honors Math

with Mrs. Sarah-Margaret Heffernon-Francis & Mrs. Sarah Sides

- Grading: Partially weighted standard credit plus 0.5
- Advanced students should be prepared to move at a quicker pace and dive deeper into topics as compared to their grade-level peers, with fewer options for retakes and redos.
 - About 1 extra unit per semester
 - Acute attention to mathematical detail in preparation for higher-level courses
- Summer Assignment: includes 100+ pre-algebra and algebra 1 problems (to be completed ***without a calculator***), followed by a quiz on the second day of school



Honors Integrated Math 1

with Mrs. Sarah-Margaret Heffernon-Francis

- Students coming from both Math 8 and Compact Math 8
- Grading:
 - Standards Based Tests: 80%
 - Quizzes: 10%, Homework 10% no retakes on quizzes
- Students wanting the opportunity to to advance to AP
Pre-Calculus and AP Calculus 1

Honors Integrated Math 2

with Mrs. Sarah Sides

- Students must have taken Compact Math 8 and achieved an A for each quarter
- Grading:
 - Tests: 70%, no retakes
 - Daily Quizzes: 20%, no retakes
- Students wanting the opportunity to advance to AP Calculus 1 and 2

AP Human Geography

with Mr. Carter Sebasto

- Grading: Weighted Credit standard credit plus 1.0
 - 50% Exams, 30% Assignments and Homework, & 20% Class participation
- Students can expect to analyze the patterns and processes of many different topics, including culture, economics, population dynamics, government, and urban and rural lifestyles, from the global to local level.
- Advanced pace and breadth of the content versus grade level course.
 - 7 units to cover over the course of the school year, and as a result,
 - Fast Pace—at the most, covering 2-3 subunits per class period.
 - Due to the breadth of content to be covered, there are around 20-30 vocab terms to learn for every unit and there is homework for every class period—including video lectures and reading from textbook.
 - Assessments are timed
 - Writing expectations are higher and more frequent in the AP environment.

Day in the life of a Jaguar



VIDEO

Freshman 101:

Cell Phone Usage Policy

MacBooks

Attendance

Driving/Parking

Drop-off & Pick-up

Course Changes

**When to contact our Student
Services: Counselors, Nurse
& Social Workers**

Block Schedule/Late Start

**Lockers: are optional at Mill
Valley. If your student would
like one they are available.**

**School Physicals, Sports,
ADP & Eligibility**



What is a PSA?

Post Secondary Asset

A post-secondary asset is “beyond a diploma” recognition/certification of completion. PSAs are new to our USD 232 graduation requirements and are required that students earn 2 PSAs to graduate.

Examples of PSAs include:

- Participating in sports/activities during HS
- College credit hours
- Certifications through our CTE courses
- Certain levels of scores on the ACT/Kansas State Assessment
- Eagle Scout certification
- 20+ hours of community service
- And many more!



USD 232 Graduation Requirements

All students must earn 25 credits in the following areas:

1 credit=Full Year .5 credit=Semester



Communication

English: 4 credits

Communications: .5 credit

STEM

Math: 4 credits

Science: 3 credits

STEM Elective: 1 credit

***2 Post Secondary Assets (PSA)**



Society & Humanities:

Social Studies: 3.5 credits

Fine Arts: 1.0 credit



Employability and Life Skills:

Physical Education: 1 credit (9th)

Health: .5 credit (10th)

Financial Literacy: .5 credit (12th)

Electives: 6.0 credits



How many classes will students be taking?

All MVHS students take a total of 8 classes

- Block scheduling--Blue/Silver Days
- Four classes each day
- Freshmen are required to take the following 5:
 - Math
 - Current math teachers will recommend these
 - English
 - Biology
 - World Geography/Civics
 - Physical Education
- That leaves 3 blocks to fill with student choices



FRESHMAN COURSE REQUEST WORKSHEET

Use this form as a template to outline your courses for next year. All students must enroll in a full 8-block schedule. Once you have outlined your classes, use this sheet to complete the Google Form and submit it to request your classes.

Each line represents a full block or two semester classes.

1. Math	
2. English 9 or Honors English 9	
3. World Geography/Civics or AP Human Geography	
4. Biology or Honors Biology	
5. Physical Education	
6.	
7.	
8.	

Alternates:

1.	1.
2.	2.
3.	3.

Submitting Course Requests

Complete the Google Form:

Freshman Course Selection Form

****Students must be signed into their USD 232 account to complete***

Due by February 18, 2026



2026-27 Freshman Year Course Selection Form

CHOOSE WISELY & WITH INTENTION!

Students will be expected to complete the courses they are choosing including alternates.

Student's math teacher will recommend placement for next math course. Math recommendations will be available in student Skyward by 2/19/26.

* Indicates required question

Email *

☐ Record mmixon@usd232.org as the email to be included with my response

Student First Name *

Your answer

Student Last Name *

Your answer

Current middle school *

Choose

English (required) *

Choose

Biology (required) *

Choose

Physical Education (required) *

Choose

List First Choice Elective Courses (list 6 courses combination of semester and year-long) *

Your answer

List Alternate Courses (list 6 courses combination of semester & year-long) *

Your answer

Debate and Forensics are elective courses that require an outside of class commitment. *

☐ I understand if I am choosing these electives that there is an outside of class commitment

If choosing a World Language (Elective Credit) course, please select all that apply. *

☐ Spanish 1

☐ Spanish 2

☐ French 1

☐ If student speaks fluently in both English and Spanish, please check this box. Student will be placed in the appropriate level class.

<https://mvhs.usd232.org/counseling-services/student-services/courses-selection-information>

Welcome to Mill Valley!

We're so excited for you to join our family!

What's Next?

- New to District-See Counselors in atrium
 - Reach out May 1st to Amy Maskil
amaskil@usd232.org.

Next fall...Jag Jumpstart Early August!

- Event for students and families
- Tours and schedules
- Clubs, Activities, & Sports

Where can I find information
after tonight?

Counseling Website:

Class of 2030 Course Selection



Mill Valley High School

About MVHS Academics Activities Athletics **Counseling & Services** Parents & Students Calendar

Student Services Health Services School Resource Officer

HOME > COUNSELING & SERVICES > STUDENT SERVICES > COURSE SELECTION INFORMATION

Course Selection Information

[Course Selection Information](#)

Academic

College / Career

Personal / Social

Summer Assignments

ACADEMICS OVERVIEW

CAREER PATHWAYS & PLANS OF STUDY

INTERACTIVE COURSE GUIDE

Check out this video for updates regarding course selection for the 2026-27 school year, including new classes and our updated course catalog and pathways.

Course Information

Course Information Off-Campus Programs **Class of 2030 (Incoming Freshmen)**

STEM Electives