

SSVMS Summer Program 2026

Sierra Sacramento Valley Medical Society

APPLICATION for In Person

APPLICATION for Online

There are two different opportunities for summer internships

- a) June 8 - June 26th *** this one is run through the CTESPP program ***
- b) July 6th - July 24th *** this one is run outside of FCUSD***

Key Facts:

- 1) Only 10 FCUSD CTE students are accepted each summer
- 2) Applications are due **March 1st**
- 3) The 56-hour in-person summer program lets students learn about different healthcare career paths while shadowing real medical professionals. Students in the in-person summer program will also obtain their two-year CPR certification, visit the Vitalant Blood Labs and Museum of Medical History, and participate in various hands-on labs.
- 4) Students taking the 16-hour **virtual only program** will hear presentations directly from those in the field. Learn about becoming a doctor, nurse, dentist, medical assistant, mental health professional, pharmacist, and more. These two-hour Zoom meetings (10am-12pm) help students decide if medicine is for them.

Application Requirements:

- Be an enrolled student in the Sacramento region.
- Have a cumulative GPA of 2.5 or higher.
- Provide a high school or college transcript.
- Provide one letter of recommendation from a teacher.
- Write a brief, 400-500 word essay, OR submit a 1-minute video describing how this program will help you pursue your career goals.
- Guiding prompts for your essay or video:
 - What life experiences have led you to consider a career in medicine?
 - Who were your role models? How have they influenced your goals and aspirations?
 - Are there particular areas of medicine or specialties that interest you?
 - What qualities do you think make a good healthcare provider? How would you offer the best care to your patients?

- Give an example of a time when you had to think outside the box to solve a problem.
- How have you effectively worked with a team to achieve an objective?
- What are your goals for the next five years? If you think medicine is your path, how do you plan to achieve it?

**A panel of physicians will review applications and make recommendations for admittance.*

If accepted, students are required to have medical clearance to enter hospitals and clinics, including up to date vaccinations

- If accepted to the program, provide immunization records that include current COVID-19 vaccination. **No exemptions are allowed.**
- If accepted to the program, submit to a TB screening test (may require more than one test).
- Students will be asked to contact their doctor immediately to obtain required tests and records. Students missing certain vaccines will be required to get them prior to starting the program. Requirements subject to change per hospital and health system policies.
- Students over 18 will require a background check.