

Fresh Eats

CAFETERIA

Director of Food & Nutrition

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Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Chicken Nuggets Alternate Choice: Hamburger Potato Wedges/Fries Oranges Choice of Milk</p>	<p>3</p> <p>Hot Ham and Cheese Ciabatta Alternate Choice: Breaded Chicken Leg Broccoli Pineapples Choice of Milk</p>	<p>4</p> <p>Korean Meatball Bowl Alternate Choice: Breaded Mozzarella w/Sauce Corn Bananas Choice of Milk</p>	<p>5</p> <p>Chicken Quesadilla Alternate Choice: Pierogies Mixed Vegetables Mandarin Oranges Choice of Milk</p>	<p>6</p> <p>SUPER BOWL PARTY</p> <p>Boneless Wings Alternate Choice: Beef and Cheese Nachos Carrots Grapes Choice of Milk</p>
<p>9</p> <p>Hot Pretzel w/Cheese Alternate Choice: Breaded Porkchop Mixed Vegetables Applesauce Choice of Milk</p>	<p>10</p> <p>Corn Dog Nuggets Alternate Choice: Sausage, Egg and Cheese Biscuit French Fries Fruit Juice Choice of Milk</p>	<p>11</p> <p>Tour of Japan Ramen Bowl w/Dumplings Alternate Choice: Chicken Sandwich Corn Blueberries Choice of Milk Pickled Cucumbers/Carrots</p>	<p>12</p> <p>Papa John's Pizza Alternate Choice: Hot Dog Green Beans Strawberries Choice of Milk</p>	<p>13</p> <p>CLOSED</p>
<p>16</p> <p>PRESIDENTS DAY</p> <p>NO SCHOOL</p>	<p>17</p> <p>Corn Dog on a Stick Alternate Choice: Chicken Nuggets Oven Roasted Bell Peppers Peaches Choice of Milk</p>	<p>18</p> <p>Haluski Alternate Choice: Fish Sticks Fries Orange Choice of Milk</p>	<p>19</p> <p>Popcorn Chicken Bowl Alternate Choice: Salisbury Steak w/gravy Mixed Vegetables Mixed Fruit Choice of Milk</p>	<p>20</p> <p>Cheese Pizza Alternate Choice: Korean BBQ Dumplings Potato Wedges Cantaloupe Choice of Milk</p>
<p>23</p> <p>Bosco Sticks w/Marianara Alternate Choice: Sausage Gravy/Biscuit Roasted Potatoes Apple Choice of Milk</p>	<p>24</p> <p>Buffalo Chicken Dip Alternate Choice: Grilled Chicken Sandwich Corn Banana Choice of Milk</p>	<p>25</p> <p>Chicken Taco Alternate Choice: Fish Sandwich Broccoli Pineapples Choice of Milk</p>	<p>26</p> <p>Spaghetti and Meatballs Alternate Choice: Orange Chicken/Rice Mixed Vegetables Mandarin Oranges Choice of Milk</p>	<p>27</p> <p>2026 POKEMON DAY</p> <p>Papa John's Pizza Alternate Choice: Chicken Sandwich Green Beans Strawberries Choice of Milk</p>

Enjoy a sweet treat
at lunchtime.

WHAT MAKES A MEAL?

You must choose at least 3 of 5 components available for the school lunch price.
Choice of Meat or Meat Alternate
Choice of Vegetable, Choice of Fruit*
Choice of Grain/Bread, and Choice of Milk
*Students must choose at least one fruit or vegetable

MILK OPTIONS

Fat Free White, 1% White, Fat Free Chocolate,
Fat Free Strawberry

FRUIT & VEGGIE OPTIONS

Broccoli Florets | Baby Carrots
Dark Leafy Greens | Legume Salads
Celery & Cucumber
*May choose two 1/2 cup servings
Crisp Apple | Sliced Peaches | Mixed Fruit
Fresh Orange | Banana | Pineapple Tidbits
Diced Pears | Applesauce

*K-8 may choose up to 1/2 cup serving.
9th-12th may choose two 1/2 cup servings

ALTERNATE MENU OPTIONS

Cold Entree Options
Salad with Tuna and Grilled Chicken Ranch Wrap
Breaded Chicken Salad and Turkey & Cheese Sandwich

Cold Entree Options
Salad with Tuna and Grilled Chicken Ranch Wrap
Breaded Chicken Salad and Turkey & Cheese Sandwich

Cold Entree Options
Salad with Tuna and Grilled Chicken Ranch Wrap
Breaded Chicken Salad and Turkey & Cheese Sandwich