

HIGHLANDS MIDDLE SCHOOL STUDENT BULLETIN

Tuesday, February 3rd, 2026

“S” Day



FREE BREAKFAST AND LUNCH FOR ALL STUDENTS K-12

First Meal is Free, Second Meal or Second Entrée \$3.25

<p>Monday, February 2nd M/A Pizza Boli Calzone Style Pizza Pocket w/ Marinara Sauce, Crispy Tater Tots, Apple & Dried Fruit Medley 100% Fruit Juice</p>	<p>Tuesday, February 3rd S/B Burger Bar Beef or Veggie Burger, WG Bun w/ or w/out Cheese Choice of Lettuce & Tomato Toppings, Baked Beans, Fresh Melon 100% Fruit Juice</p>	<p>Wednesday, February 4th M/C Brunch 4 Lunch Pancakes w/ Syrup Turkey or Meat-free Sausage Hash Brown Rounds Fresh Clementine Applesauce Milk Choice</p>	<p>Thursday, February 5th S/D Mac & Cheese WG Sfoglini Pasta Shells in Cheddar Cheese Sauce, WG Soft Pretzel Sticks & Roasted Garlic Green Beans & Apple Slices & Diced Peaches Milk Choice</p>	<p>Friday, February 6th M/E Popcorn Chicken Or Meat Free Tenders w/ WG Dinner Roll, Crispy Kale Chips & Fresh Orange Smiles 100% Fruit Juice</p>
---	--	---	---	--

Available Daily:

Cooked or Raw Vegetables, Fresh or Cupped Fruit with Every Meal
Choice of 1% White Milk, FF Chocolate Milk, Lactose Offered on Monday & Friday 100% Fruit Juice.
Romaine Lettuce Salad, Cucumbers, Tomatoes Croutons & Chicken,
Turkey, Ham, American Cheese on WG Rolls or Sunbutter & Jelly. Yogurt Parfait w/ Granola.
Pepperoni & Cheese Pizza Friday's Special Buffalo Chicken Pizza.



Today!

$$x = \frac{-b \pm \sqrt{b^2 - 4ac}}{2a}$$

HOMework CENTER

MONDAY, TUESDAY, &
THURSDAY

FROM 2:30PM TO 4:15PM
IN THE MEDIA CENTER

● ELA / CRITICAL LITERACY

● INTERMEDIATE EARTH SCIENCE

● MATHEMATICS

● SOCIAL STUDIES

● WORLD LANGUAGES



$$V = \frac{4}{3} \pi r^3$$

NYSSMA CLUB

Who:

Band, Orchestra, Chorus musicians
Piano, guitar players

Where & When:

Tuesdays, 2:45-4:15
Auditorium

What:

Practice music
Get coaching
Prepare for the NYSSMA
Festival
Play music with friends



Join Schoology Group:

QM3Q-79Z8-3SV8V