

# CULINARY ARTS I

## WHAT IS THIS CLASS?

Discover the essentials of cooking through hands-on practice, teamwork, and real kitchen skills. You'll learn how to stay safe in the kitchen, use tools with confidence, and prepare a variety of foods while building strong communication and time-management habits. And the best part....You get to eat what you make in the kitchen!

## WHO SHOULD TAKE THIS CLASS?

Anyone can take this class - no prior cooking skills necessary!

## WHAT DO I NEED TO DO IF I WANT TO BE SUCCESSFUL IN THIS CLASS?

Success in this class comes from staying organized, following kitchen safety rules, and participating fully in hands-on cooking activities. Students who communicate well with teammates, stay open to feedback, and bring a positive, willing-to-learn attitude usually grow their skills quickly and feel confident in the kitchen and **HAVING FUN!**

Instructor: Ms. Given [SarahGiven@burbankusd.org](mailto:SarahGiven@burbankusd.org)

