



Mansfield ISD School Health Advisory Council Minutes (SHAC)

1110 W. Debbie Lane; Mansfield, TX 76063, Thursday, January 15, 2026

12:00PM – 1:00PM

Introductions:

- Meeting begins- called to order at 12:04pm

SHAC Business:

- Overview of SHAC
 - Housekeeping Rules
 - What is required
 - Discussed future meetings on February 12, 2026; April 16, 2026
 - Reviewed SHAC's Mission for the district
 - What SHAC provides for the district
 - Introductions of missing members from previous meeting- George Fassett
 - Introduced speakers for today's session
- Approve minutes from December 2026
 - Motion to approve by Jennifer Patterson, and Krystle Garrett- Green seconded the motion to approve
 - Passed by 100%

Discussion Topics:

- **Tips & Strategies for Dinner Nights Reimagined**
 - Hosted by Jennifer Parham, Director of Student Nutrition & Natalie Deaton, MS, RDN & Culinary Trainer
 - Nutritional & Physical Benefits which foster a healthy relationship with family & food, models healthy habits for the home
 - Mental & Emotional Wellbeing which is an opportunity for connection
 - Behavioral & Academic Benefits
 - Encouraged Parents to let kids help with gets them life ready while building healthy connections and responsibility
 - Mealtime Environment allows you to refocus & reconnect, it can be unique to your family & the goal is to have intentional quality time
 - Plan Ahead & Cook Efficiently
 - Gave a Pressure Cooker example and shared the easy recipe and use case.

- Offered to open up to PTAs and any other staff development days, etc that they could be helpful to join.
- Jennifer Patterson asked if we could utilize Natalie's expertise for a conference, video, etc within the district to raise awareness.

○ **Smart Badge / RFID**

- Met with the Transportation team within MISD to better understand Process, Procedures & more about School Badges for safe riding on buses
- Pictures appear for all ages when someone scans, but confirmed that visible pictures on the badges are only for Middle & High School kids
- If someone doesn't have a badge, they can get on the bus for safety reasons, but they are flagged and parents are notified.
- Parents/ Guardians are able to add different addresses for accessibility and can edit at anytime through Asst. Principle approval.
- Notification prompts to parents within 15 minutes of an emergency

○ **Human Sexuality Video for 4th grade Girls- discussion**

- Concerns around if this was an appropriate video as some parents thought it was too mature & sexualizing for this age group.
- Concerns around the verbiage around if one should notify their dad, and it seemed to some that this was not encouraged and focus was on othersafe family or friends
- Discussed that this is an "opt in" video and not an "opt out" at the beginning of the school year in school communications sent to the families.
- Discussion was still ongoing when we needed to end the meeting and we stated there would be more to come next session.

Closing:

- Motion to End Meeting: Krystle Garrett- Green motioned to adjourn the meeting , seconded by Jennifer Patterson
- Meeting was adjourned at 1:15
- Motion passed at 100%