



# Take Flight at Meadowlark Ridge

## A Note from the Principal

Dear Families,

I hope this newsletter finds you well and warm during this chilly winter season! As we move further into winter, we kindly ask families to ensure that students arrive at school ready for the chilly weather. Please ensure your child is adequately dressed with hats, gloves and suitable outerwear. Please be advised that there is no supervision available before 8:00 a.m, and students will not be permitted to enter the building until that time.

- Heather Galvan, Principal

## What's Happening at MLR?



## Kindergarten Information

Children who will be five years of age on or before August 31, 2026 are eligible to attend Kindergarten for the 2026-2027 school year.

More information regarding kindergarten registration, including registration instructions and information regarding kindergarten roundup will be sent out soon.

If you know someone who will be eligible please share this information with their parent/guardian.

## **Spring Picture Reminder:**

Mark your calendars! Spring pictures will take place on February 12. Order Forms will be sent home.

### **Parent Teacher Conferences**

Meadowlark Ridge Elementary Parent Teacher Conferences will be held February 4 and 5. Parents can sign up starting January 22 through [www.myconferencetime.com/mlr](http://www.myconferencetime.com/mlr).

Directions for signing up for conferences were sent out to parents/guardians. We strive for a 100% turnout!

For children who reside in two different households, we hold one conference. Please communicate to determine an agreed upon conference time.

If you need to change your conference date, please call the MLR office at 785-309-4300.

### **Attendance Reminder**

Students are marked as late (tardy) if they arrive after 8:25 a.m. Ensuring that your child arrives on time and attends school for the entire day is crucial for their educational success.

Thank you for your attention to this important matter regarding student attendance.

### **Valentine's Day Classroom Parties**

Valentines Day will be celebrated in the classroom on Friday, February 13. For younger children, it may be easier to leave the cards blank and just write their name on it (others will know who the card is from). Your classroom teacher or room parent will notify you regarding the time allotted for celebrations.

Please remember that USD 305 does not allow outside deliveries on Valentine's Day.

If you need assistance getting Valentine cards for your child(ren), please call the office and we can help!

The background features a light pink color with several hearts of various sizes and shades (red, pink, light pink) hanging from the top by thin vertical lines. The hearts are scattered across the upper half of the page.

## ***Valentine Post Office***

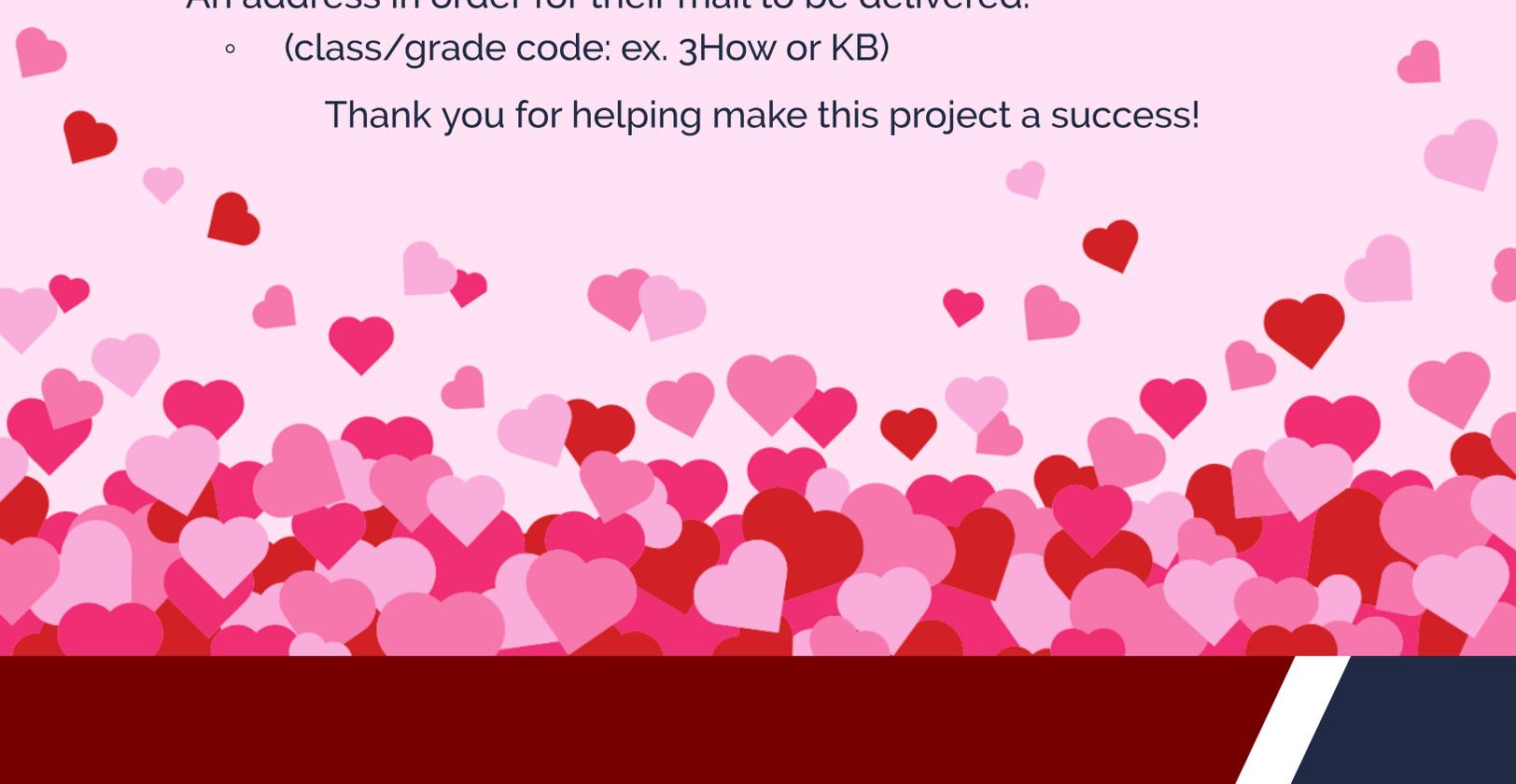
Our Meadowlark Ridge School Post Office will **open on Tuesday, February 10 and close on Thursday, February 13.** The mailbox will be in the hallway just inside the front doors.

Students can mail Valentine letters to classmates, friends, classroom buddies, siblings, teachers and staff. The mail will be sorted by our “postal workers” and delivered to the classrooms before the Valentine’s Party.

### **Valentine letters must include:**

- The first & last name to whom it is to be delivered to.
- An address in order for their mail to be delivered.
  - (class/grade code: ex. 3How or KB)

Thank you for helping make this project a success!

The bottom half of the page is filled with a dense, overlapping pattern of hearts in various shades of pink and red, creating a festive and romantic atmosphere.

## Learning Disposition of the Month

*In February, our classes will be exploring the important characteristics of being **curious**.*

*Students will practice the skill of being curious by participating in classroom activities and discussions. They will use thoughtful question and explore new ideas by using phrases like "I wonder..." and "I want to know..."*

*Being curious helps students dig deeper into topics, share their thinking, and learn from one another. Encourage your student to be curious at home by exploring and being creative!*

## The D.N.A. Process for Empathy

### **Describe:**

"Your arm is going like this (demonstrate).

Your face is going like this (demonstrate).

### **Name:**

You seem (sad, scared, angry, etc.).

### **Acknowledge:**

You wanted\_\_\_\_\_.

You were hoping\_\_\_\_\_."

### **Conscious Discipline**

## Skill of the Month

### **Empathy:**

*True empathy demands we listen to thoughts and feelings without the need to change them.*



# February Calendar

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

Feb 4 - Parent/Teacher Conferences in the Evening

Feb 5-6 - No School Parent/Teacher Conferences



Feb 9 - No School

Feb 13 - Valentine's Day School Party

## Contact Us

Heather Galvan - Principal

DeCelia Brungardt - Assistant Principal

Buffy True - Secretary

Main Office Phone Number: 785-309-4300

**#MLRProud**  
**#305GrowsGreatness**

 [MLR Facebook](#)

 [School Website](#)

 [District Website](#)