



Local Wellness Policy Triennial Assessment

Sponsors participating in the National School Lunch Program and/or School Breakfast Program are required to have a local wellness policy for all participating sites under its jurisdiction. At a minimum, the local wellness policy must be assessed once every three years; this is referred to as the triennial assessment. Triennial assessments must determine, for each participating site under its jurisdiction, 1) compliance with the wellness policy, 2) progress made in attaining the goals of the wellness policy, and 3) how the wellness policy compares to model wellness policies.

Sponsor Name: Argo Community High School District 217

Date Completed: January 2026

Completed by: School Business Office

Part I: Content Checklist

Below is a list of items that must be addressed in Local Wellness Policies, based on U.S. Department of Agriculture (USDA) and state guidance. Check the box for each item included in your Local Wellness Policy. For any box that is not checked, consider taking steps to add the item(s) to the policy in the future.

- | | | |
|---|---|---|
| <input checked="" type="checkbox"/> Goals for Nutrition Education | <input checked="" type="checkbox"/> Nutrition Standards for School Meals | <input checked="" type="checkbox"/> Wellness Leadership |
| <input checked="" type="checkbox"/> Goals for Nutrition Promotion | <input checked="" type="checkbox"/> Nutrition Standards for Competitive Foods | <input checked="" type="checkbox"/> Public Involvement |
| <input checked="" type="checkbox"/> Goals for Physical Activity | <input checked="" type="checkbox"/> Standards for All Foods/Beverages
Provided, but Not Sold | <input checked="" type="checkbox"/> Triennial Assessments |
| <input checked="" type="checkbox"/> Goals for Other School-Based
Wellness Activities | <input checked="" type="checkbox"/> Food & Beverage Marketing | <input checked="" type="checkbox"/> Reporting |
| <input checked="" type="checkbox"/> Unused Food Sharing Plan | | |

Part II: Goal Assessment

Per USDA regulations, the triennial assessment must determine compliance with and progress made in attaining the goals of the wellness policy. Input the goals of your local wellness policy into the table below for the corresponding areas: Nutrition Education, Nutrition Promotion, Physical Activity, and Other School-Based Wellness Activities. Indicate if the site is meeting, partially meeting, or not meeting each goal listed. Include any next steps in attaining the goal(s), if applicable. Table rows may be added for additional goals.

Goals	Meeting	Partially Meeting	Not Meeting	Next Steps (If Applicable)
Nutrition Education				
Students receive nutrition education through health education, physical education, and science coursework. Instruction aligns with Illinois Learning Standards and incorporates evidence-based resources.	X			
Nutrition Promotion				
Nutrition promotion occurs through cafeteria menus, nutrition information, and district communication platforms.	X			
Physical Activity				
The District provides physical education aligned with Illinois Learning Standards and promotes inclusive physical activity opportunities.	X			
Other School-Based Wellness Activities				
The District supports school-based wellness initiatives that promote a healthy school environment for students and staff.	X			

Part III: Model Policy Comparison

As part of the triennial assessment, USDA requires sponsors to assess how their wellness policy compares to model wellness policies. Choose **one** of the model wellness policies below to compare against your local wellness policy. Indicate which model policy was chosen and provide a narrative for each prompt below based on the findings.

- [Alliance for a Healthier Generation's Model Wellness Policy](#) – Local wellness policy created in collaboration with USDA, which exceeds minimum requirements
- [Rudd Center's WellSAT 3.0](#) – Wellness assessment tool that asks a series of questions about your local wellness policy and generates a personalized scorecard based on the results. Users will need to create an account to access this tool.

1. What strengths does your current local wellness policy possess?

The District's Local Wellness Policy fully meets all federal requirements under the USDA Final Rule. The policy clearly identifies wellness leadership and stakeholder involvement, establishes nutrition standards for school meals and competitive foods, outlines triennial assessment requirements, and ensures transparency through public reporting.

2. What improvements could be made to your local wellness policy?

Opportunities for improvement include adding more nutrition promotion, more formal idea contribution from members of the wellness policy committee, physical activity and other school-based wellness activities, including staff wellness and whole-child initiatives. Recently, the HR department introduced Life Hive to hold accountability to staff health. The District would like to get more public involvement other than simple social media releases. Such enhancements could include parents who are not employees of the District to participate in meetings.

3. List any next steps that can be taken to make the changes discussed above.

Argo 217 may consider updating the policy during the next review cycle to incorporate measurable goals and best-practice language aligned with model wellness policies while maintaining flexibility appropriate for our campus.