

Life-Threatening Food Allergies: Information for Families



At Darien Public Schools, the health and safety of our students is our highest priority. We are committed to the prevention and careful management of life-threatening food allergies. Below, please find all the information you might need to help us in supporting your child.

My Child Has a Life-Threatening Food Allergy. What Do I Need to Do?

✓ Notify the School Nurse

Please inform the school nurse at your child's school of your child's food allergy. For returning students, notification is only required if there has been a change in allergy status.

✓ Submit Required Forms and Medications

At the start of each school year families must submit "Emergency Care Plan for Food Allergy" & "Medication Authorization Form(s)" as well as all rescue medications as indicated on the emergency care plan.

✓ Review and Sign your child's Individualized Health Care Plan (IHCP)

At the time the documentation and medications are received, the school nurse will provide parent(s) with an IHCP for review and signature. The IHCP outlines the steps taken at school to manage your child's allergy and support a safe learning environment.

✓ Attend or Opt out of your child's annual Section 504 Meeting

Families receive written notice each school year regarding the annual review. Parents/guardians are invited to participate in the meeting; attendance is encouraged but not required. Following the annual review, the updated 504 along with the IHCP is uploaded to CT-SEDS for family review.



Additional Information available on the Darien Public School Website
www.darienps.org/district-information/departments/health-services