
IDENTIFY CONCERNS



Our concern is that technology in schools is creating many problems, including distractions, easier access to cheating, and health concerns that create negative effects on both students and teachers.

SET A GOAL



Specific- Our goal is to create a digital story about technology and human connection: finding a balance in the digital world.

Measurable- We will track how many views this video gets on our school district webpage.

Attainable- Using research on our topic we created a digital video to share knowledge and recommendations for a more balanced experience for students in the classroom.

Realistic- This topic is important for teachers and students to help ensure effective learning strategies that allow students to reach their full potential.

Timely- We researched our topic December 2025. We recorded, edited, and uploaded our digital story for change during January 2026.

FORM A PLAN (WHO, WHAT, WHEN, WHERE, HOW, COST, RESOURCES, AND EVALUATION)



Who: Our group for this project consisted of Brezlyn Buchert and Taya Christensen

What: We created a digital story for change to encourage less technology use in school to promote a more positive learning experience for students.

When: This project took place in the winter of 2026.

Where: We completed all requirements for this project in Southwest Minnesota.

How: We used our research and technology skills to create a digital story shared on our FCCLA webpage on our school district website.

Cost: The cost was free.

Resources: We used a computer to create all needed documents, library database to research, classroom as a location for our video, the Internet, a phone as the recording equipment, and an editing program.

Evaluation: We will evaluate this project through the number of views of the digital video posted on the RTR FCCLA website.

ACT



First, we brainstormed our concerns. We decided to create a digital story for change on the topic of the negative effects of technology in school and switching back to pencil and paper. Next, we researched articles on the effects of technology particularly using a computer all day in the classroom. We also researched using paper and pencil in the classroom. Then, we created our script. Next, we brainstormed what our video would look like so that it is engaging and gets our message across effectively. Finally, we patented our video and put it on our RTR FCCLA website.

FOLLOW UP



We created a PSA which plays on a local radio station to drive viewers to our digital story on our school district website. We wrote thank you notes to all of our participants in our video.