



Meet Your Nutritious Friend:
Cheerleading Cherries

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Popcorn Chicken Bowl w/ Mashed Potatoes & Corn</p> <p>Turkey & Cheese</p> <p>FEATURED VEGGIES Mashed Potatoes</p>	<p>3</p> <p>Beef & Cheese Quesadilla</p> <p>Fiesta Taco Salad</p> <p>FEATURED VEGGIES Refried Beans</p>	<p>4</p> <p>Egg & Cheese Waffle Sandwich</p> <p>Ham & Cheese</p> <p>FEATURED VEGGIES Hash Brown Potato</p>	<p>5</p> <p>Cheese Pizza</p> <p>Bagel Meal</p> <p>FEATURED VEGGIES Romaine Salad</p>	<p>6</p> <p>Rotini Pasta w/ Meat Sauce</p> <p>Chicken Caesar Wrap</p> <p>FEATURED VEGGIES Mixed Veggies</p>
<p>9</p> <p>SCHOOL CLOSED</p>	<p>10</p> <p>All Beef Hot Dog w/ Bacon & Cheese</p> <p>Fiesta Taco Salad</p> <p>FEATURED VEGGIES Baked Beans</p>	<p>11</p> <p>Tater Tot Bowl Cheese & Meat</p> <p>Ham & Cheese</p> <p>FEATURED VEGGIES Carrots</p>	<p>12</p> <p>Cheese Pizza</p> <p>Bagel Meal</p> <p>FEATURED VEGGIES Side Garden Salad</p>	<p>13</p> <p>Asian Sesame Chicken over Rice</p> <p>Chicken Caesar Wrap</p> <p>FEATURED VEGGIES Broccoli</p>
<p>16</p> <p>SCHOOL CLOSED</p>	<p>17</p> <p>Chicken & Cheese Quesadilla</p> <p>Fiesta Taco Salad</p> <p>FEATURED VEGGIES Corn Salsa</p>	<p>18</p> <p>Sausage, Egg, & Cheese on a Bagel</p> <p>FEATURED VEGGIES French Fries</p>	<p>19</p> <p>Cheese Pizza</p> <p>Bagel Meal</p> <p>FEATURED VEGGIES Caesar Side Salad</p>	<p>20</p> <p>All Beef Cheese Burger</p> <p>Chicken Caesar Wrap</p> <p>FEATURED VEGGIES Carrot & Celery Sticks</p>
<p>23</p> <p>Chicken Parmigiana w/ Buttered Noodles</p> <p>Turkey & Cheese</p> <p>FEATURED VEGGIES Green Beans</p>	<p>24</p> <p>Walking all Beef Tacos</p> <p>Fiesta Taco Salad</p> <p>FEATURED VEGGIES Refried Beans Lettuce & Tomato</p>	<p>25</p> <p>Grilled Ham & Cheese</p> <p>FEATURED VEGGIES Baked Potato Wedges</p>	<p>26</p> <p>Cheese Pizza</p> <p>Bagel Meal</p> <p>FEATURED VEGGIES Mixed Veggie Patch</p>	<p>27</p> <p>Crispy Chicken Sandwich</p> <p>Chicken Caesar Wrap</p> <p>FEATURED VEGGIES Glazed Carrots</p>

What is a Meal?

Students must choose at least 3 of the 5 components available for the school lunch price.

- Choice of Whole Grain
- Choice of Protein
- Choice of Vegetable
- Choice of Fruit
- Choice of Milk

A minimum 1/2 cup serving of fruit or vegetable must accompany a reimbursable lunch.

Choice of Vegetable

Hot vegetable, leafy salad, seasonal fresh vegetables

Choice of Fruit

Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice

Choice of Milk

1% white, fat-free chocolate, fat-free strawberry

Daily Alternates

All Beef Hot Dog Uncrustable Meal

Your Team

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Meal Prices

Student Lunch \$3.30
Reduced Lunch \$0.00

