



MINUTE

A MINUTE TO SEE WHAT'S HAPPENING @ NMS

"Unity is strength... when there is teamwork and collaboration, wonderful things can be achieved."

VOLUME: 4/ ISSUE: 23

DATE: 1-30-26

HEADLINES

WEEK AT A GLANCE

CELTICS PLAYBOOK

UPDATES

KINDNESS CORNER

ANNOUNCEMENTS

PTO the next PTO meeting is Friday, February 6th @ 9:15 am in the cafe and on Zoom.

Late buses and Late nights are Tuesday, Wednesday and Thursday. For more information about late buses see our [website](#)

TOGETHER WE MAKE A DIFFERENCE

Week at a Glance

Southeast Regional MathCounts competition (2/2) -- On Tuesday, February 2nd, our students will proudly represent Norwell Middle School at the Southeast Regional MathCounts competition. Competing in the 8th grade are Kellen Blair, AnnaBell Burns, Elena Charron, Daniel Lee, Matthew Maturo, Caden Rodriguez, Chase Wolbach, and Joey Yazbeck. Representing the 7th grade are Mia AbouRjeily, Noah Lendler, Elyse Thornton, and Cole Wolbach—we wish them the best of luck!

Virtual author visit (2/3) -- On February 3rd, our 6th grade will be spending time with author Kwame Alexander, Andrew Pinkney and Karyn Parsons (Hilary Banks from Fresh Prince of Bel-Air). Research shows that interaction with authors boosts students' motivation to read and write on their own. Which leads to higher literacy achievement across subject areas, not to mention increased empathy, sense of belonging, and improved critical thinking and reasoning skills.

SEMSBA (2/7& 2/8) -- The 7th and 8th Grade Band and Chorus students will be meeting at Abington High School to audition for SEMSBA Honor Ensembles on February 7th and 8th. Good luck to all involved!

Geography Bee (2/13) -- The NMS Geography Bee is on Friday, February 13th. If you are interested in participating or would like more information, please see Mrs. Gavin in room 212. Student participants from 6th, 7th and 8th grade will compete to be crowned the NMS Geo Bee champion. Also, students wishing to compete in the national Geography and/or History Bee will take a qualifying online test in March (TBD) @ 2pm in the world language lab. Any student interested in competing nationally, please see Mrs. Gavin.



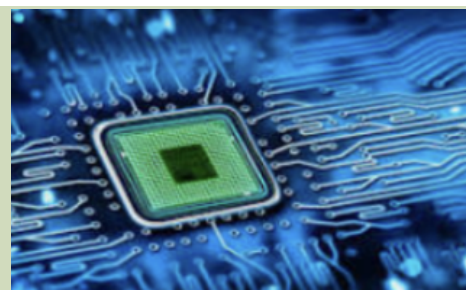
Investment Club Winner!

Week of 1/22

Drew Rebeiro

Stock AMD (Advanced Micro Devices)

11.6% Gain in 1 week!



TOGETHER WE MAKE A DIFFERENCE

Celtics Playbook Initiative

The Boston Celtics have invited Norwell Middle School and the Academy of the Pacific Rim Charter Public School to participate in a Playbook Initiative workshop at the Celtics' Auerbach Training Center in Boston, MA on Monday, February 9th. This invitation is an honor, as only two schools from Massachusetts are chosen each Playbook season. NMS hosted the first Playbook Initiative workshop with the Academy of the Pacific Rim Charter Public School on Friday (1/30). During the workshop, students shared their experiences and insights. It was a great event!

Best Buddies (Movie Night)

Oh what a night! They came, they laughed and they smiled. We even had former Best Buddies return to join in the fun. Thank you to Jenn Schad, Cheryl Tobin and Ronnie Ricciarelli for providing this experience for our students.



CALENDAR

January

February

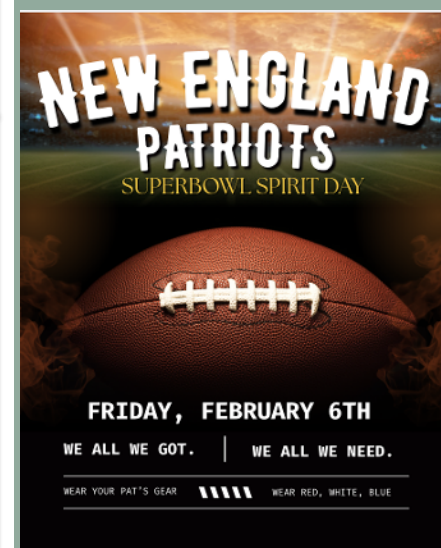
2 Math Team Competition

6 PTO Mtg @ 9:15AM

7 SEMSBA Auditions

13 Geography Bee

16-20 / February Break



Updates

Before and After School Activities - Began the week of January 12, 2026.

PTO -- The next PTO meeting is on Friday, February 6th in the NMS cafeteria.

Substitutes -- We are always looking for substitutes for teachers, aides, and nurses. Substituting offers flexible scheduling, allowing one to work on available days and at selected levels or schools. We even have half day spots to fill! If you or someone you know is interested, please apply at the Norwell Schools [NSD website](#)

"It takes courage to be kind." - Maya Angelou

KINDNESS CORNER We have a slew of students to recognize this week!

Emily Brown for always being kind; Khloe Simpson for complimenting her friends and classmates;; Sophia Waters for being supportive and a good friend when people need it ; Hudson Frenette for setting a good example when one was needed; Landon Arora for being kind to a friend who needed help; Eli Tuitt-McKitrick for leading by example; Emily Adams for being nice to everyone; MiaAbou Rjeily for inviting friends to be included in the Respect, Equity and Inclusion committee; Ava Chappell for cheering people up and being a great friend; Owen Douglas helped a friend through hard times; Layla Murray was very kind and supportive to a friend in need; Stella Rosellini helped a friend with homework & is a good listener. **CLICK ON THE LINK BELOW TO FILL OUT THE NMS ACTS OF KINDNESS FORM:**
[NMS ACTS OF KINDNESS](#)

NEW ENGLAND PATRIOTS

SUPERBOWL SPIRIT DAY



FRIDAY, FEBRUARY 6TH

WE ALL WE GOT.

WE ALL WE NEED.

WEAR YOUR PAT'S GEAR



WEAR RED, WHITE, BLUE

Best Buddies Movie Night!





Save the Date

Norwell Middle School

8th grade
semi-formal

June 12, 2026

More details to follow



Norovirus is on the Rise

Norovirus (often called “**Noro**”) is **extremely contagious**. To help prevent the spread, please keep your child home if they are experiencing any of the following symptoms:



Nausea or vomiting



Diarrhea



Stomach cramps



Fever or body aches



Symptoms typically last longer than 24 hours and may continue for up to 3 days or more, especially if dehydration occurs.

Prevention:



Wash hands frequently with **soap and water for at least 20 seconds**



Don't rush handwashing—shortcuts allow the virus to spread



Wash hands **before eating** and  **after using the bathroom**

✗ Hand sanitizer is not effective against norovirus.

Isolation:



Students and staff should remain home for **at least 24 hours after symptoms have completely stopped**.



For extra caution, **48 hours is recommended**.



Thank you for helping keep our community healthy!

2026

Norwell
Where history lives.

A YEAR OF CELEBRATION



Honoring the battles of King Philip's War after 350 years

1676

Celebrating 300 years of the Jacobs Farmhouse

1726

Saluting 250 years of America

1776



*Join us for our
2026 kick-off event*

2026:

A CELEBRATORY YEAR IN 10 OBJECTS

Wednesday, February 11th
6:00–7:30 pm

Norwell Public Library
64 South Street | Norwell

Historian Stephen O'Neill will showcase 10 items that speak to this historic year.

Stories about the Revolutionary War, the Jacobs Farmhouse, and King Philip's War will be told through artifacts in the Society's collection.

Sign up to attend on the NPL website using the QR code at left.

This event is free, but attendance is limited.



RESPECT EQUITY AND INCLUSION & UNIVERSAL DESIGN FOR LEARNING

The District is providing Professional Development on the Universal Design for Learning (UDL). The emphasis is on teaching all students and there are three main pathways to enhance student success. Those pathways are:

1. **Multiple Means of Engagement**
2. **Multiple Means of Representation**
3. **Multiple Means of Action and Expression**

UDL mirrors much of what teachers are already doing in the classroom and we see great things happening every day. UDL also ties directly into the five main characteristics of REI here at NMS that were identified by our working group over the summer. Please click on the link below to view the UDL - REI crosswalk document that was created by our Paraprofessionals to help align what we're doing in classrooms.

[UDL - REI CROSSWALK @ NMS](#)

[Next Meeting for REI Committee: March 12, 2026](#)

Norwell Girls Youth Lacrosse

It's not too late to sign up for spring lacrosse. Registration for the 2026 season is still open! See details below:

Registration link-[Registration for the 2026 NorwellLacrosseseason](#)

The registration fee for players in grades 5th—8th is \$350, and for players in grades 1st—4th, it is \$260. Please register soon to avoid any late penalties. Given league restrictions, we maintain a no-refunds policy.

"Roses as Red, Violets are Blue, How Sweet it is to be Taught by You!"

Let's fill our teacher's vases this Valentine's Day! For only \$5 you can purchase a beautiful rose (or roses!) for a teacher or staff member of your choosing. NEF will hand deliver the flowers to the lucky recipient Valentine's Day week.

With the purchase of one or more flowers you are not only showing your favorite Norwell educator how much they are appreciated, but you are also supporting the NEF, which provides funding for innovative educational programs, activities and materials for all Norwell Public Schools.

This is also a great opportunity to not only celebrate our deserving classroomteachers, but to recognize the unsung heroes of our elementary schools - nurses, technology teachers, aides, administrators, office staff, special education teachers, etc.

So let's fill our teacher's vases this Valentine's Day!

Click [here](#) to get started

Hey Parents!!!

Flex Friday

Reading Initiative

Every
Friday

Remind your student to pack a book for Flex Friday. During Flex Block, kids read a book they enjoy.

How else can I help?

1. Bring your student to the local library or go online to help them download high interest books and audiobooks.
2. Keep it going at home. Encourage reading as a daily habit.



IN PARTNERSHIP WITH THE
COLE AND VINAL SCHOOL PTOS

INVITE YOU TO THE

SWEETHEART DANCE

MUSIC . DANCE. GAMES.
SKIPPER KISSING BOOTH
PIZZA AND SNACKS FOR PURCHASE

7TH FEBRUARY

5-7 PM

NORWELL MIDDLE SCHOOL CAFETERIA

FREE FAMILY EVENT

A message from the Norwell Sustainability & Recycling Committee

We A reminder about the program:
have a box to donate writing used writing utensils at
NMS.

Here is the update of what has been collected to date
(district wide):

WRITING TOOLS

6.2 lbs for recycling

1.6 lbs for re-use

CRAYONS

13 lbs for recycling

8.2 lbs for re-use

That is another 29 pounds kept out of landfills. Let's
keep up the good work.