

MIDDLE SCHOOL BREAKFAST

FEBRUARY

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Sandwich w/ Egg or Sausage	Whole Wheat Waffle w/ Strawberry Sauce	Breakfast Burrito	Yogurt Parfait w/ Whole Grain Muffin	French Toast Casserole

Selection of whole grain cereal, fruit smoothies, fresh fruit, and milk offered daily.

School meals are free for all students!

Second Breakfast \$3.50 Second Entree \$2.00 Milk \$0.50



You can now view
online menus with
ingredients and nutrition
information here!



Our menu is subject to change. Keep this in mind when reviewing our printed and online menus.
This institution is an equal opportunity provider.

MIDDLE SCHOOL LUNCH

FEBRUARY

Monday	Tuesday	Wednesday	Thursday	Friday
2 Chicken Hot Dog & Tater Tots	3 Nachos & Black Beans	4 Cheese, Pepperoni, or Hawaiian Pizza	5 Brunch Lunch Waffles w/ Sausage & Hash Brown	6 Chicken Burger & Roasted Broccoli
9 Chicken Caesar Salad w/ Whole Wheat Roll	10 Chicken Enchilada & Refried Beans	11 Cheese, Pepperoni, or Hawaiian Pizza	12 Chicken Hot Dog & Tater Tots	13 Baked Rotini Pasta & Garbanzo Bean Salad
16 NO SCHOOL	17 Chicken or Cheese Tamales Rice & Beans	18 Cheese, Pepperoni, or Hawaiian Pizza	19 BBQ Pork Sandwich	20 Chicken Strips w/ Whole Wheat Dinner Roll & Corn
23 Chicken Sandwich & Sweet Potato Waffle Fries	24 Bean & Cheese Pupusa w/ Curtido Slaw	25 Cheese, Pepperoni, or Hawaiian Pizza	26 Mozzarella Sticks w/ Marinara	27 Chicken Alfredo Pasta w/ Whole Wheat Breadstick

Mondays - Bean & Cheese Burrito | Tuesdays - Mandarin Orange Chicken Rice Bowl | Thursdays - Teriyaki Chicken w/ Umi Organics Yakisoba | Fridays - Cheese Quesadilla

Daily offerings: fresh fruit, salad bar, deli sandwiches, peanut butter & Oregon Growers jam sandwiches, and milk

School meals are now free for all students!

Second Lunch \$5.00

Second Entree \$3.50

Milk \$0.50



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