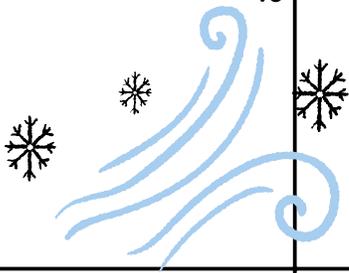
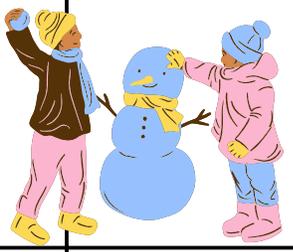


February 2026

Medford Public Schools 9-12 Lunch Menu

Please note that while the first meal is free, second meals, single milks, and single fruits or vegetables are **not free**.

Add student account funds at family.schoolcafe.com

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>Pizza Crunchers* Steamed Broccoli Mixed Fruit</p> <p></p>	<p>3</p> <p>Beef & Cheese Nachos* Seasoned Black Beans Sour Cream Salsa Guacamole Peach Cup</p>	<p>Early Release! 4</p> <p>Super Snack Bag Crackers* Beef Jerky Sunflower Seeds Crunchy Chickpeas Apple juice</p>	<p>5</p> <p>Halal Hot Dog* French Fries Orange Wedges</p>	<p>NEW 6</p> <p>Brazilian Cheese Bread Beans & Rice Marinara Sauce Rainbow chip cookie* Fruit Selection</p> <p></p>
<p>9</p> <p>Waffle Sticks* w/ real Maple syrup Turkey Sausage Tater Tots Diced Pears</p>	<p>10</p> <p>Beef Pot Roast Dinner Roll* Mashed Potatoes Local Roasted Butternut Squash Local Apple</p>	<p>11</p> <p>Chicken Broccoli Ziti* Steamed Carrots Garlic bread Local Apple</p>	<p>12</p> <p>Beef & Bean Chili Fritos* Cornbread* Shredded Cheddar Sour Cream Mixed Berry Cup</p>	<p>13</p> <p>Heart Shaped Chicken Nuggets* Dutch Waffle* Cucumber Rounds Strawberry Cup</p> <p></p>
<p>16</p> <p></p> <p>17</p> <p>Winter Break!</p> <p>18</p> <p>19</p> <p></p> <p>20</p>				
<p>23</p> <p>Chicken Tenders* Dippin' Sauce Brown Sugar Maple Baked Beans Sliced Peaches</p>	<p>24</p> <p>French Toast Sticks* w/Real Maple Syrup Tater Tots Strawberry Cup</p> <p></p>	<p>25</p> <p>General Tso's Chicken* Seasoned Brown Rice Fortune Cookie Steamed Broccoli Orange Wedges</p> <p></p>	<p>26</p> <p>Hamburger* or Veggie Burger* w/ Tomato & Local Lettuce & Pickles Corn Fruit Selection</p> <p></p>	<p>27</p> <p>Pepperoni or Buffalo Chicken Pizza* Local Garden Salad Fruit Selection</p>

All meals include choice of milk, daily vegetable, baby carrots, and fruit selection.



Ovo-lacto vegetarian option

*Whole-grain rich item

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