



Notice is hereby given that a Regular Meeting of the Crosby Independent School District School Health Advisory Council (SHAC) will be held on Monday, October 6, 2025, beginning at 1:00 PM in the Administration Building of Crosby Independent School District, 14670 FM 2100, Crosby, TX 77532. Items will not necessarily be dealt with in the order that they are shown.

### **I. Welcome and Introductions**

- Greetings from Mrs. Vallot
- Brief round of introductions (please state your: name, role, interest in SHAC)

### **II. Purpose and Role of SHAC**

- Overview of SHAC's role in advising on health curriculum, wellness, and student well-being
- Legal requirements and responsibilities under state law
- Connection to district goals

### **III. District Health & Wellness Overview**

- Current wellness policy highlights
- Health programs and services available in the district
  - Youth Equipped to Succeed (YES)
  - TCHAT
  - Heart screenings/AED

### **V. Goal Setting for the Year**

- Identify priority topics (e.g., nutrition, physical activity, mental health, substance prevention, family engagement)
- Brainstorm potential projects or initiatives

### **VI. 2025-2026 Meeting Dates**

- Monday      October 6, 2025      1:00 PM
- Monday      December 8, 2025      4:30 PM
- Monday      February 2, 2026      1:00 PM
- Monday      April 13, 2026      4:30 PM

### **VII. Open Forum**

### **VIII. Closing**