

## **School Health Advisory Council (SHAC) Meeting**

### **Agenda: Dating Violence Prevention & Healthy Relationships**

#### **Purpose:**

To review and discuss age-prevention, prevention-focused strategies related to dating violence, healthy relationships, student wellness, and school safety in alignment with SHAC responsibilities.

#### **I. Welcome & Call to Order**

- Review of SHAC purpose and meeting objectives
- Overview of dating violence as a student wellness and safety issue

#### **II. Overview of Dating Violence (Sergeant Jimmy L. Evans, Harris County Pct. 3)**

- Definition of dating violence (emotional, psychological, digital, physical)
- Focus on awareness, prevention, and early intervention
- Emphasis on age-appropriate instruction
- Digital Dating Violence & Online Safety
- Bystander Awareness & Peer Support
- Recognizing warning signs in peers
- Safe reporting and help-seeking behaviors
- Promoting a supportive school climate

#### **V. Healthy vs. Unhealthy Relationships (Counselors)**

- Characteristics of healthy relationships (respect, boundaries, communication)
- Common warning signs of unhealthy or abusive behaviors
- Reinforcement of student safety and self-advocacy

#### **VI. School & Community Resources (Counselors)**

- Campus-based support (counseling, administration)

### **VIII. Age-Appropriate Instruction Across Grade Levels (Richard)**

- Elementary: friendships, emotions, personal boundaries
- Middle School: respect, peer pressure, early dating behaviors
- High School: consent, dating violence awareness, digital safety

### **IX. SHAC Discussion & Recommendations**

- Member feedback and input
- Health and Wellness Document Update

### **X. Adjournment**

- Summary of key discussion points
- Follow-up items and future agenda considerations