

Middle School Lunch Menu

Norwell Middle School

Monday

Feb 2

General Tso's Chicken
UnCrustable PBJ wg
Teriyaki Chicken
Caesar Salad
Fresh Broccoli
Steamed Rice
Pinapple Tidbits
WG Dinner Roll
MILK,Skim
Fresh Fruit

Tuesday

Feb 3

Taco Bar
Teriyaki Chicken
Caesar Salad
UnCrustable PBJ wg
Black Bean & Corn Salad
MILK,Skim
Yogurt Parfait
Fresh Fruit

Wednesday

Feb 4

Homemade Pizza
B.Greek Chicken Salad
w/Feta Cheese
UnCrustable PBJ wg
Caesar Salad
MILK,Skim
Fresh Fruit
Offered Daily
Applesauce
FRUIT JUICE,ASSORTED
Orange Smiles
Baby Carrots 2.6 oz Bag

Thursday

Feb 5

Holiday Chicken Nuggets
Teriyaki Chicken
Caesar Salad
UnCrustable PBJ wg
Potato Puffs
Savory Green Beans
WG Dinner Roll
Pears
MILK,Skim
Baby Carrots 2.6 oz Bag
Fresh Fruit

Friday

Feb 6

Big Daddys Pizza
Teriyaki Chicken
Caesar Salad
UnCrustable PBJ wg
Caesar Salad
MILK,Skim
Fresh Fruit
Offered Daily
Orange Smiles
Baby Carrots 2.6 oz Bag
FRUIT JUICE,ASSORTED
A. Pizza Sticks
Homemade Pizza

Feb 9

B.Baconburger w/lett&tom
UnCrustable PBJ wg
Teriyaki Chicken
Caesar Salad
Onion Rings
Mixed Vegetables
Peaches
MILK,Skim
Fresh Fruit
Offered Daily
Yogurt Parfait

Feb 10

Toasted CheeseSandwich
B.Greek Chicken Salad
w/Feta Cheese
UnCrustable PBJ wg
Lemon DillChickpea Salad
Fresh Fruit
Offered Daily
MILK,Skim
Goldfish Crackers
Pears
Yogurt Parfait
Baby Carrots 2.6 oz Bag

Feb 11

Homemade Pizza
B.Greek Chicken Salad
w/Feta Cheese
UnCrustable PBJ wg
Caesar Salad
MILK,Skim
Fresh Fruit
Offered Daily
Applesauce
FRUIT JUICE,ASSORTED
Fresh Grapes

Feb 12

A.Chicken&BroccoliAlfredo
over Pasta
UnCrustable PBJ wg
Teriyaki Chicken
Caesar Salad
Fresh Fruit
MILK,Skim
Fresh Cantaloupe
Fresh Grapes
Garlic Knot WG
Apple Sliced 2oz bag
Fresh Strawberries

Feb 13

Holiday Chicken Nuggets
Teriyaki Chicken
Caesar Salad
UnCrustable PBJ wg
Potato Puffs
Savory Green Beans
WG Dinner Roll
Pears
MILK,Skim
Baby Carrots 2.6 oz Bag
Fresh Fruit

Feb 16

HOLIDAY

Feb 17

VACATION

Feb 18

VACATION

Feb 19

VACATION

Feb 20

VACATION

Feb 23

A. Mozzarella Sticks
UnCrustable PBJ wg
Teriyaki Chicken
Caesar Salad
Buttered Egg Noodles
Steamed Broccoli
Apple
MILK,Skim
Fresh Strawberries

Feb 24

Orange Chicken
UnCrustable PBJ wg
Teriyaki Chicken
Caesar Salad
Fresh Broccoli
Steamed Rice
Pinapple Tidbits
WG Dinner Roll
MILK,Skim
Fresh Fruit

Feb 25

Homemade Pizza
B.Greek Chicken Salad
w/Feta Cheese
UnCrustable PBJ wg
Caesar Salad
MILK,Skim
Fresh Fruit
Offered Daily
Applesauce
FRUIT JUICE,ASSORTED
Fresh Grapes

Feb 26

A. Chicken Bowl
Warm Biscuit
Teriyaki Chicken
Caesar Salad
UnCrustable PBJ wg
Fresh Fruit
Offered Daily
Apple
MILK,Skim

Feb 27

French Toast Sticks
UnCrustable PBJ
B.Greek Chicken Salad
w/Feta Cheese
Potato Puffs
Sausage
Orange Juice
Strawberry Cups
Cinnamon Spiced Apples
C.SausageEgg&CheeseBagel

Assorted Milk Offered Daily, 1% Milk, Skim Milk and FF Chocolate Milk

Jan 30, 2026