

# FREEMAN ELEMENTARY SCHOOL

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# SCOTTIE SCOOP

JANUARY  
30, 2026

## UPCOMING DATES

- FEB 2 2:45-4:15pm = FES/FMS Musical Rehear. (K8 MPR)
- FEB 3 2:45-4:00pm = 4<sup>th</sup> Math is Cool (Comm. Clsm.)
- FEB 4 10:15am = Late Start  
2:45-4:15pm = Girl Scouts (Comm. Clsm.)  
2:45-4:15pm = FES/FMS Musical Rehear. (K8 MPR)
- FEB 5 2:45-4:00pm = Chess Club (Comm. Clsm.)
- FEB 9 2:45-4:15pm = FES/FMS Musical Rehear. (K8 MPR)
- FEB 10 2:45-4:00pm = 4<sup>th</sup> Math is Cool (Comm. Clsm.)
- FEB 11 2:45-4:15pm = 5th Math is Cool (FES Lrg. Conf.)  
2:45-4:15pm = Girl Scouts (Comm. Clsm.)  
2:45-4:15pm = FES/FMS Musical Rehear. (K8 MPR)  
5:30-6:30pm = PTSG Meeting (Comm. Clsm.)
- FEB 12 2:45-4:00pm = Chess Club (Comm. Clsm.)
- Feb 13 2<sup>nd</sup> Grade President's Wax Museum (FES Gym)

## 2026-2027 NEW ENROLLMENT

Enrollment for the 2026-2027 school year will open for Transition to Kindergarten (TTK), Kindergarten and New Students on March 1st. Please note, Transition to Kindergarten students must be 4 on August 31, 2026 or earlier and Kindergarten students must be 5 on August 31, 2026 or earlier. Please see flyer below for TTK and Kindergarten Roundup details.

**FREEMAN SCHOOL DISTRICT**

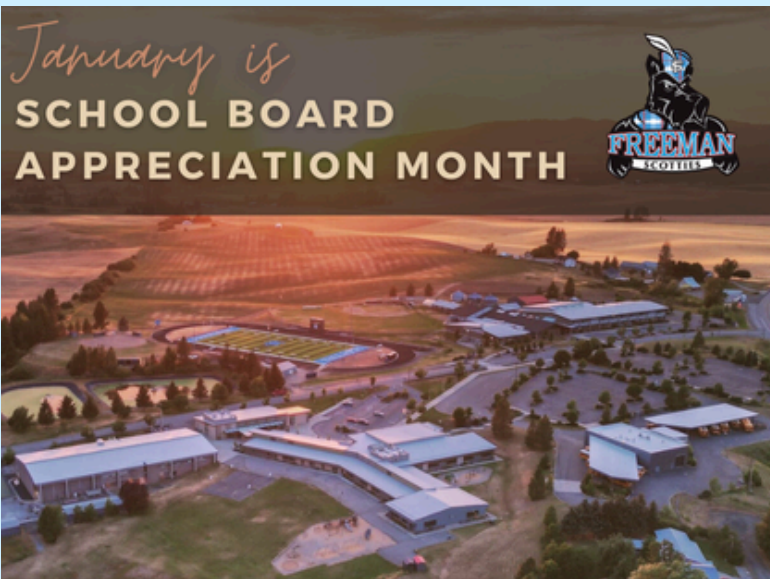
**TTK & KINDERGARTEN ROUNDUP!**

**APRIL 23**

**1:00 - 6:00PM**

*Call to Schedule Your Appointment!*

**509-291-4791**



Dave Teague Danielle Santman Bill Morphy Annie Keebler Nate Talbott

*Thank you for your dedication and service to our students, schools and community!*

## CONGRATULATIONS MRS. PHELAN



A big CONGRATULATIONS are in order for Lisa Phelan who has just been selected to replace Randy Russell as our new FSD Superintendent. We are so excited for this new adventure for her. We will miss her greatly in the Elementary school, but are happy she is not going far from us. We know she will have a significant impact on our district!

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# National School Counseling **WEEK**

**FEBRUARY 02 - 06**

*Kayleen Archibald*



K-8 Counselor

*Heidi Youseph*



HS CTE Counselor

*Kaela Holm*



HS Counselor



National School Counseling Week is dedicated to recognizing the significant contributions of school counselors in the U.S. education system and their impact on students' academic and personal development. Thank you to all of our amazing counselors including our 2 interns Anna Waddell and Bethany Bowden.

## 2<sup>ND</sup> GRADE PRESIDENT'S WAX MUSEUM!

Please join us for this fun annual event!  
Friday, February 13<sup>th</sup> in the FES Gym

**9:00-9:20am = Mrs. Cochrane's class**  
**9:30-9:50am = Ms. Nelson's Class**  
**10:00-10:20am = Mr. Reed's class**

- Allow time before your student's class presentation to get checked in with your Driver's License.
- At the end of each classes' presentation (whether you are staying for the next class or not) please exit the gym.
- We ask that parents are only in the gym during the above listed times, otherwise, please wait in the foyer outside the gym. This allows space for the classes to transition in and out.
- Please refer to the letter from your 2<sup>nd</sup> grade teacher for more information.

## SCOTTIE GEAR YEAR AROUND

The PTSG has opened an online store where you can purchase Freeman Gear all year long. The company is called BCI Creative. Check it out! The link is below and a flyer is attached!

[PTSG Online Store](#)

## MAT DAWGS REGISTRATION

Thank you to all of the parents who came to the Mat Dawgs interest meeting this week. If you missed the meeting...it is not too late. See the attached registration form and sign up!

**Questions? Please contact Coach Crow or Coach Kegley at [freemanmatdawgs@gmail.com](mailto:freemanmatdawgs@gmail.com).**

## EXTRA ACTIVITIES AND OPPORTUNITIES!

See attached flyers for more information!

- \*Mat Dawgs Registration
- \*Spokane Chiefs School Night
- \*FHS Athletic Auction



See More Options online / HOW TO ORDER  
go to: [www.bccreative.com/Freeman](http://www.bccreative.com/Freeman)

ORDERS ARE PROCESSED MONTHLY THE 1ST AND 15TH OF EACH MONTH. If the 1st or 15th falls on a weekend, orders will be processed the following Monday. Orders will be decorated, packaged and ship between the 20th and 30th of each month depending on your order date. USPS postage fees apply to all shipments. A portion of each sale benefits Freeman PTSG.

Credit Card payment will appear on your statement from BCI Creative Questions?? Please email: [kim@bccreative.com](mailto:kim@bccreative.com) or call 465-9775

In order to ensure speed of delivery and avoid delays, BCI Creative reserves the right to substitute equivalent product in the event of supplier shortages. Please see fulfillment details in the Welcome info on the site.

**ELEMENTARY  
BREAKFAST: \$2.20  
ADULTS: \$3.20**

2 Breakfast Cookie ----- Cereal & Goldfish ----- Juice Variety Chocolate Milk White Milk	3 Chocolate Chip Scone ----- Cereal & Goldfish ----- Juice Variety Chocolate Milk White Milk	4 <b>LATE START</b> <b>Have a Healthy Breakfast at Home</b>	5 Banana Bread ----- Cereal & Goldfish ----- Juice Variety Chocolate Milk White Milk	6 Cinnamon Roll w/Icing ----- Cereal & Goldfish ----- Juice Variety Chocolate Milk White Milk
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**ELEMENTARY  
LUNCH: \$3.60  
ADULTS: \$5.00**

2 Assorted Pizza ----- Alternate Lunch ----- Chocolate Milk White Milk	3 French Toast Sticks Sausage Patty Pancake Syrup ----- Alternate Lunch ----- Chocolate Milk White Milk	4 Corn Dog Tater Tots ----- Alternate Lunch ----- Chocolate Milk White Milk	5 Popcorn Chicken Bowl Dinner Roll WG ----- Alternate Lunch ----- Chocolate Milk White Milk	6 Hamburger ----- Alternate Lunch ----- Chocolate Milk White Milk
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Please click on this [MENU LINK](#) if you would like to see full menus from our website.



**Just a reminder: Please do not pack any caffeinated or energy drinks in your students' lunch.**

## FHS ATHLETIC AUCTION

### 4th Annual Freeman Athletics Auction and Dinner Fundraiser

We invite you to join us for a fun community evening raising funds to support student athletics at Freeman High School. The benefits of school athletics are profound and we are proud to provide high quality and equitable athletic experiences for over 275 student athletes on over 40 teams in the Freeman School District. In addition to the obvious physical benefits athletics provide, we feel strongly that being a student athlete helps to build and improve lifelong skills such as perseverance, patience, dedication, leadership, teamwork, time management, accountability and responsibility.

Click [HERE](#) for more information.

## JANUARY-WORLD CULTURES

While January doesn't have a specific "heritage" month to celebrate, many cities and schools celebrate different world cultures!

Some Fun World Culture Facts:

\*Many cultures celebrate the New Year in winter.

\*Kindness is valued in every culture.

## COUNSELING CORNER



with School Counselor  
**Kayleen Archibald**  
karchibald@freemansd.org

### The Power of Self-Talk

The things we say to ourselves—our self-talk—matter! Teach your child to use positive self-talk, like "I can do this" or "It's okay to be nervous." This helps them feel more confident and less worried.

**Try This: Help your child develop a positive phrase they can say to themselves when they feel nervous, like before a test or a big game.**

## SPOKANE CHIEFS TICKETS

Click on the link below to purchase tickets for the upcoming Spokane Chiefs School Night Hockey Game on Friday, February 20th! First 2000 kids (12 and under) get a free Zipper Pull! A portion of the Freeman ticket sales comes back to the school!

[Spokane Chiefs Tickets LINK](#)

FRIDAY, FEBRUARY 20 | 7:05 PM PUCK DROP

SPOKANE CHIEFS x VANCOUVER GIANTS

ZIPPER PULL GIVEAWAY  
FIRST 2,000 KIDS 12 & UNDER

Children's Spokane

**SPOKANE CHIEFS SCHOOL NIGHTS**



## FSD TECHNOLOGY NEWS

October, 2024

Dear Parent / Guardian,

As part of our commitment to your child's online safety, we want to let you know about an important update. Freeman School District has partnered with Qustodio, the world's leading provider of online safety solutions.

As devices play an increasing role in children's education it is crucial that we put safeguards in place. Your child already benefits from internet filtering technology which blocks inappropriate web content on their school-owned Chromebook. This is also mandated by US legislation.

Freeman School District is going one step further. We are granting every parent a free Qustodio Parental App account. Qustodio will give you important insights into your child's online activity on their school Chromebook. You can use it to review and manage activities on other devices in your home too.

**With Qustodio, you'll be able to:**

- Manage your child's screen time
- Supervise your child's online activity
- Access expert advice via [Freeman School Districts Online Safety Hub](#)

Qustodio is a valuable partner that prioritizes privacy, safety and rights of students and parents worldwide.

**Activate Your Free Account**

On the following page, you will find simple instructions to register your account. Please be sure to use the same email address we have on file for you when registering to connect to your child's device.

We are excited to work with you and Qustodio to help our students develop healthy and safe online habits. Please visit [Freeman School District's Online Safety Hub](#) for more information about Qustodio, access to expert advice and additional resources.

**Freeman does not provide support for Qustodio; instead, Qustodio offers support for their own product. Please email inquiries to: [myschool@qustodio.com](mailto:myschool@qustodio.com)**

Freeman School District  
Information Technology

[myschool@qustodio.com](mailto:myschool@qustodio.com)

<https://freemansd.onlinesafetyhub.io>

PRIDE | COMMITMENT | CARING

Opt-In from your mobile now!



Just send "Y" or "Yes" to 67587.

**Information on SMS text messaging and Short Codes:** SMS stands for Short Message Service and is commonly referred to as a "text message". Most cell phones support this type of text messaging. Our notification provider, SchoolMessenger, uses a true SMS protocol developed by the telecommunications industry specifically for mass text messaging, referred to as "short code" texting. This method is fast, secure and highly reliable because it is strictly regulated by the wireless carriers and only allows access to approved providers.

If you've ever sent a text vote for a TV show to a number like 46999, you have used short code texting.

\*Terms and Conditions: Message frequency varies. Standard message and data rates may apply. Reply HELP for help. Text STOP to cancel. Mobile carriers are not liable for delayed or undelivered messages. See

## FMS AND FHS NEWSLETTERS

Want to find out what's going on in the Middle School and/or High school? Check out their weekly newsletters as well!

[Freeman Middle Scoop](#)  
[FHS Friday Flyer](#)



**FREEMAN SCHOOL DISTRICT**  
PRIDE | COMMITMENT | CARING

WE ARE LAUNCHING DISTRICT-WIDE SURVEYS  
IN PARTNERSHIP WITH THE  
CENTER FOR EDUCATIONAL EFFECTIVENESS (CEE).

**Who is participating, and when?**

- Staff, October 17-29, 2025
- Students, October 20-29, 2025
- Families, Winter-2026

**Why are we doing this?**

Your feedback helps us:

- Strengthen our Strategic Plan
- Guide Professional Development for educators
- Shape the supports and resources we provide across the district

**How does it work?**

Surveys are confidential and take just a few minutes.

Family links will be shared by email and available on the district website.



The Center for Educational Effectiveness

SUCCESS WITHOUT FEEDBACK IS AN ACCIDENT.

**Linewize | Qustodio**

TEAMWORK MADE EASY

### App for Parents & Families

Technology makes a direct impact on children, their families, and their learning environment. For children to learn and grow as digital citizens in our increasingly connected world, we must first lay out the foundations of online safety, digital literacy, and wellbeing.

Through our school district's partnership with Linewize, our online safety and wellbeing provider, we are able to extend visibility and safeguarding controls on to parents and guardians.

**Visibility on student activity and device insights**

**Security coverage for in and out-of-school hours**

**Expert advice and guidance on digital threats and trends**

**Pause button to regulate digital activity**

Parents and guardians can also extend protection to personal devices with family-focused digital wellbeing features that adapt to different needs as their child grows:

- Filter and block feature for content and apps**
- Location tracking and panic button feature**
- Visibility on browsing history, social media, and screen time**
- Calls & messages tracking to monitor suspicious activity**
- Time limits and screen-free schedules**
- Tailored reports and alerts for inappropriate content**

Works on the following devices:

Multi-parent access and management available

Qustodio is COPPA compliant and does not share personal data with third parties.



**How to get started**

1. Scan the QR code or visit [qustodio.com/my-school](https://qustodio.com/my-school)
2. Create your account using the email address your school has on file
3. Get real-time visibility

For any queries, contact us at [myschool@qustodio.com](mailto:myschool@qustodio.com)

## Freeman Mat Dawgs Wrestling Sign Up (Ages 5-14)

**Wrestler Name** (First & Last): \_\_\_\_\_

**Age** (by 1/1/26): \_\_\_\_\_

**Date of Birth:**(month, day, year) \_\_\_\_\_

**Parent/Guardian:** \_\_\_\_\_

**Phone Number:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Emergency Contact (Name & Number):** \_\_\_\_\_

**Any Allergies/ Medical Conditions:**

\_\_\_\_\_

\_\_\_\_\_

**Parent/Guardian Signature:** \_\_\_\_\_

**T-Shirt Size: Please circle one**

Youth small

Youth medium

Youth large

Youth X-large

Adult small

**Bring \$50 Cash or Check payable to Freeman Mat Dawgs on 01/27/26 at 6:30 in K8 MPR  
\$20 USA Wrestling card also required**

**Donation for scholarships and/or singlets: \$\_\_\_\_\_**

**Questions? Contact Coach Crow or Coach Kegley at [freemanmatdawgs@gmail.com](mailto:freemanmatdawgs@gmail.com)**