

Monta Vista High School

Course Selection Night

11th Grade/Rising 12th

Class of 2027

Please Sign In

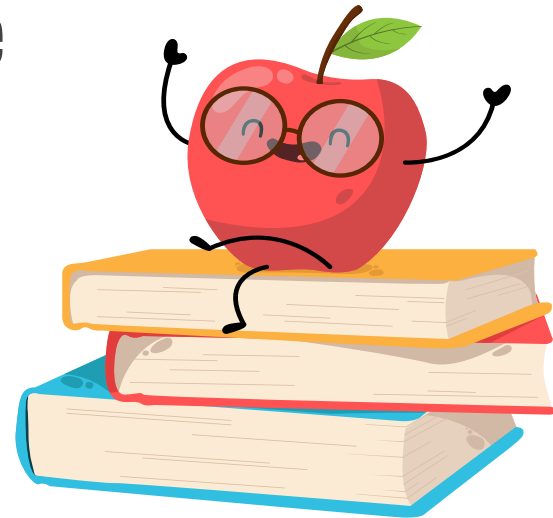


WiFi:

Fuhsd_guest
visitfuhsd2024

Tonight's Agenda

- Introductions
- Graduation and College (a-g) Requirements
- Course Selection Process & Timeline
- Post-High School Options
- Resources & Supports
- Questions & Answers



General Questions?

School Counselor Team	Assistant Principal Team
<u>Last Names A to Ga:</u> Ashley Voight <i>Ashley_Voigt@fuhsd.org - (Out on Leave)</i> (Substitute for Term 2: Maribel Sanchez) <i>Maribel_Sanchez@fuhsd.org</i>	<u>Last Names A to H:</u> Anthony Nguyen <i>Anthony_Nguyen@fuhsd.org</i>
<u>Last Names Gb to Lin:</u> Belinda Olson <i>Belinda_Olson@fuhsd.org</i>	<u>Last Names I to Pe:</u> Brian Dong <i>Brian_Dong@fuhsd.org</i>
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<u>Last Names Lio to Z:</u> Clay Stiver <i>Clay_Stiver@fuhsd.org</i>	<u>Last Names Pf to Z:</u> Mike White <i>Mike_White@fuhsd.org</i>

High School Timeline (Yearly Focus)

Grade 9

Getting to know yourself & MV

- Transitioning into high school
- Identifying your learning style & building study habits
- Developing self-advocacy & independence
- Naviance – interest inventories

Grade 10

Exploration

- Exploring new opportunities
- Discovering new interests
- Adventuring out into areas of curiosity and passion
- Naviance — career & major exploration

Grade 11

Centering your focus

- Centering in on your areas of interest (academic & activities)
- Seek balance – school, activities, life
- Naviance – college exploration and crafting a manageable college list
- Tests – AP, PSAT, SAT/ACT

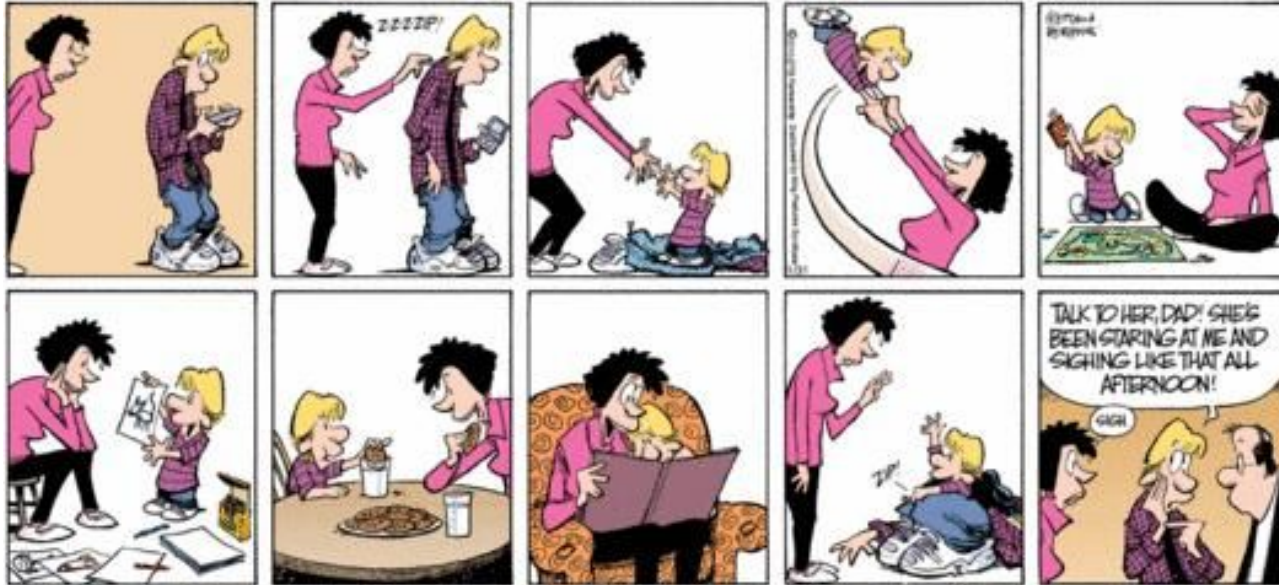
Grade 12

Putting it all together

- Synthesize your experiences and pursue your discovery
- Seek balance – college applications, school, senior activities
- Naviance – fine tune your college list
- Tests — AP, SAT/ACT

Senior Year

The days are long, the years are short...



Graduation & A-G Requirements

UC/CSU: math, science, World Language recommends one additional year

Requirement	Graduation	UC/CSU eligibility (A-G)
Social Science (A)	30 credits	2 years
English (B)	40 credits	4 years
Math (C)	20 credits (through Geometry)	3 years (through Algebra II) **Need 1 full year Geometry course
Science (D)	20 credits	2 years
PE	20 credits	
Electives (G)	70 credits <u>In addition to 2 out of 3:</u> 10 credits Applied Academic 10 credits Fine Art 10 credits World Language	1 year Fine Art (F) 2 years World Language (E) 1 year College Prep Elective
Total Credits	220 total credits required for graduation	* 1 year course = 10 credits * UC min GPA= 3.0 * CSU min GPA= 2.5

FAFSA/CADAA Requirements

- As part of the **graduation requirements**, students are required to complete one of the following:
 - **FAFSA** - November - Senior year (Financial Aid Night)
 - **CADAA**
 - Have parents/guardians complete an “opt-out” form
- Completed during senior year
- Completion of FAFSA/CADAA provides access to various financial aid options towards post-secondary education

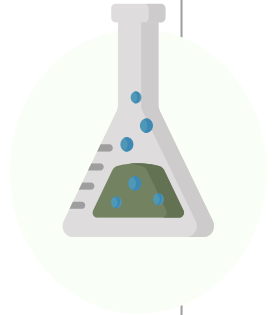
Course Selection Overview

- Senior year provides students with LOTS of choices
- Course selection should fulfill your interests!
- It is best to match rigor with interests!
Pursuing rigorous courses should be accompanied by realistic grade expectations.
- Informed decision making – seek out information from teachers, school counselors, staff, current & former students, parents etc.
- Don't underestimate the impact of college applications during the fall semester.
Consider it an extra class!



12th Grade Core Course Offerings

English	Social Science	Science
Myth & Folklore Contemporary Lit AP English Lit	Economics AP Economics AND US Government AP US Government	AP Biology Chemistry Chemistry H AP Chemistry Physics AP Physics 1 AP Physics C AP Env. Science Science & Society Physiology

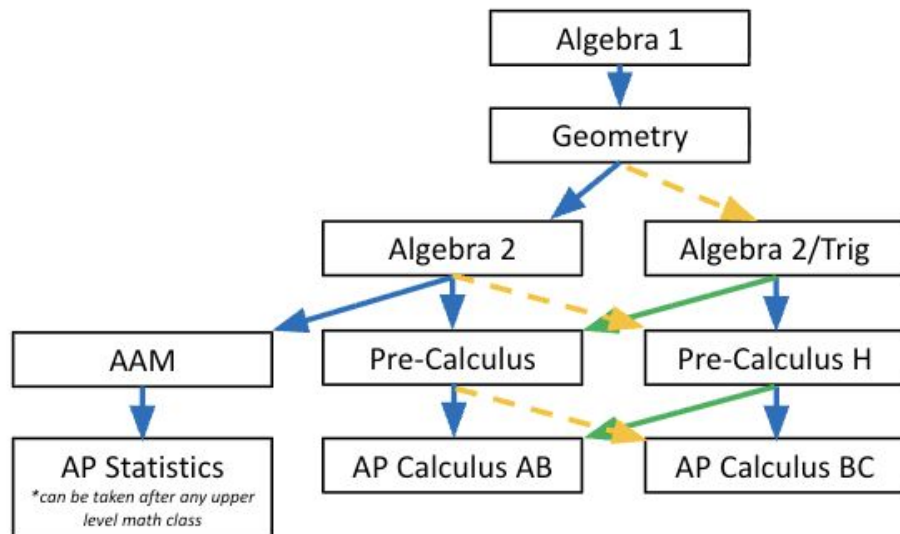


MVHS Mathematics

Graduation Requirement = 20 credits or 2 years in high school (Algebra and Geometry minimum)

College entrance requirement = 3 years or 3 years in high school (Algebra 2 minimum); 4 years recommended;

Note: Geometry course must be completed for UC and CSU eligibility



Skipping levels is NOT recommended and summer study is not considered sufficient preparation for high level math courses

Arrow Key:

Blue = the expected course progression assuming student is doing well academically

Green = students who may have found their previous course too challenging

Orange = alternative paths, not recommended without first consulting with current teacher

Skipping levels is NOT recommended and summer study is not considered sufficient preparation for high level math courses

Grade 12 Elective Courses

- **Fine Arts**

- Art 1-4, 3D Sculpture & Design 1-4, Photo & Design, Film and Animation, Band, Orchestra, Choir, Guitar, Drama

- **Applied Academics**

- Business, Computer Science, Engineering, Journalism, Commercial Art & Design, Studio Art, Stagecraft Tech

- **World Language**

- Chinese, French, Japanese 4+, Spanish

- **General Electives**

- Leadership, Yearbook, AVID, Interdisciplinary Research, Student Clerk, TA, Lab Assistant, Bilingual Tutor, Student Tutor

- **PE**

- Basketball, Racquet Sports, Weight Training, Dance



Monta Vista Athletics

AFTER SCHOOL ATHLETICS

Fall

- Girls Volleyball
- Field Hockey*
- Girls Golf
- Girls Tennis
- Football*
- Water Polo*
- X-Country*
- Girls Flag Football*

Winter

- Basketball
- Boys Soccer
- Girls Soccer*
- Wrestling*

Spring

- Badminton
- Boys Golf
- Track*
- Baseball*
- Softball*
- Swimming*
- Boys Tennis
- Boys Volleyball

*no cuts

Matadorathletics.org

Athletic Director: Nick_Bonacorsi@fuhd.org

Career Technical Education (CTE)

- CTE Courses are hands-on, career-focused learning opportunities
- Offered at all 5 FUHSD sites
- Must see your school counselor for scheduling info
- Examples: Child Development, Auto Tech, Administration of Justice, Culinary, Sports Medicine, etc.



FUHSD/De Anza Middle College Program

Application due:
February 28



**FUHSD -
De Anza
MIDDLE COLLEGE**



Are you looking for a different learning environment—one where you can take both high school and college classes, on a college campus? Are you feeling disconnected from your high school community academically, socially, or emotionally?

If so, Middle College might be the right place for you!

Built on a foundation of community and connection, the Middle College program provides a truly relational approach to high school education that supports the varied needs of each individual student. Here, you can take rigorous coursework in a small, supportive community and earn college credit—*without taking any AP exams!*

Scan the QR code to visit our website where you can watch a video and learn more about the unique benefits of this program.



Non-MV Course Options

Dual Enrollment and Non-MV High School Courses

De Anza's Dual Enrollment website

Dual Enrollment = High School students taking courses at community college

Taking courses outside of Monta Vista:

- Why? How?
- Things to consider

High School Dual Enrollment



Additional Options for FUHSD Students

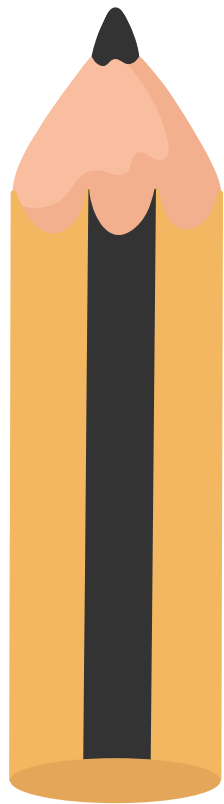
If you're a student in the Fremont Union High School District, we also offer college classes taught by De Anza instructors at local high schools, online or on the De Anza campus. (FUHSD includes **Cupertino High, Fremont High, Homestead High, Lynbrook High, Monta Vista High** and the **Educational Options Center**.)

[Learn more about the CCAP program](#) ▶

Students enrolled in **any California high school** can participate in the **high school dual enrollment program** by completing these steps:

- 1 APPLY FOR ADMISSION ▼
- 2 SET UP YOUR MYPORTAL ACCOUNT ▼
- 3 COMPLETE THE DUAL ENROLLMENT OVERVIEW ▼
- 4 BROWSE THE COURSE SCHEDULE ▼
- 5 MEET PREREQUISITES, IF REQUIRED ▼
- 6 SUBMIT THE HIGH SCHOOL PERMISSION FORM ▼
- 7 REGISTER FOR CLASSES ▼
- 8 ADD OR DROP IN THE FIRST TWO WEEKS ▼
- 9 GET HELP, IF YOU NEED IT ▼

Selecting Courses



- Get information about electives before making your final decision.
Note that some electives will have more homework than others. (Use Time Management Worksheet)
- Keep *overall balance, rigor* and *grade expectations* in mind
- Choose wisely! Your Top Six choices should be the classes you want the most
If you are absolutely in need of an open 1st, 6th, or 7th period, then you should put it in your top six choices.
- You do NOT have to choose a 7th class – placement into a 7th class is based on space availability
- No two classes within the same curricular department

iK12 Course Selection Form

*guarantee 6 classes (not necessarily top 6 requests)

*7th only if there's space

*do our best to give students their top 6 choices

TOP SIX COURSE REQUESTS (this is not the order your classes will be in)

Students are guaranteed 6 classes, but not necessarily the Top 6 requests

T O P S I X	Subject	Student Course Request	
	English	Select... ▼	
	Social Science	Gov: Select... ▼	Econ: Select... ▼
	Math/Elective	Select... ▼	
	Science/Elective	Select... ▼	
	Elective	Select... ▼	
	Elective	Select... ▼	

OPTIONAL: 7th Course Request

- In the Infinite Campus (IC) Portal, 7th Course needs to be selected under the "ALTERNATE" category.
- STUDENT TUTOR:** If you have been recommended to be a Student Tutor, please select it as your 7th choice even if you are not requesting six classes. *(Teacher Assistant's/Lab Assistants/Office Clerks are not included as they are only added during the first two weeks of school.)*

Optional 7th Course	Select... ▼
If an optional 7 th course is selected above, I understand the optional 7th course request is NOT GUARANTEED and only added based on availability and I can live without this course.	

OPTIONAL: Audition/Application Courses

Please select any courses you are applying/auditioning for. Because students are only guaranteed six classes, you must indicate which course from your **above TOP SIX course requests** you will drop if selected into the application/audition course(s).

I am applying for	Select... ▼	If accepted, I will drop from my TOP SIX:	Select... ▼
I am applying for	Select... ▼	If accepted, I will drop from my TOP SIX:	Select... ▼

Information for No Class 1st, 6th OR 7th Request

- Students may **not request more than one unscheduled period.**
- **Academic courses take priority over open period requests.**
- Selecting No Class 1st/6th/7th in the "7th Course Request" location gives the open period request the lowest priority, and **does not guarantee the open period request.**

OPTIONAL: After School Athletics/Activities

Please complete the Google Form if you are planning to participate in after-school athletics/activities next school year: [CLICK HERE](#)

For more information on requirements to play a sport and athletic clearance: [MVHS Athletic Info](#)

If you play a sport and want an open period, please consider the open period based on the following:

9996 No class 6th (JV Football, field hockey*, swimming/diving)

9997 No class 7th (JV soccer, tennis, water polo, badminton, golf, baseball, softball)

If you are a multi-sport athlete that plays on both Tu/Th & Wed/Fri, then choose the open period that will benefit you the most.

Parent/Guardian Approval

It is important that your student carefully considers their academic and extracurricular commitments when selecting courses. Students are encouraged to utilize a variety of resources to plan and select courses such as current academic performance and interests, college and career plans, teacher recommendations, online course selection materials, course selection events and presentations.

Student Initial	Parent/Guardian Initial
--------------------	----------------------------

☐

I understand that **school staffing and scheduling decisions are made based upon my student's course requests above.**

☐

I have thoughtfully selected courses and am **committed to the courses selected above.** I understand that **course changes may not be possible to due staffing and scheduling restrictions.**

☐

I understand that I am **not guaranteed unscheduled 1st/6th/7th period** unless it is selected as an **ELECTIVE in my top 6 choices.** (This includes MV student athletes.) **Schedules will not be changed to accommodate any extracurricular activities** (lessons, non-MV classes, activities, volunteering, internships, jobs, etc.). I understand to schedule any extracurriculars after the school day (M/Tu/Th after 3:50 pm and W/F after 3:05 pm), unless I requested no class 6th or 7th in my top 6 choices.

Your signature indicates that you've had a conversation between parent/guardian and student, have carefully considered the overall academic load and extracurricular commitments, reviewed the resources provided, and are committing to the above courses for the 2024-25 school year.

Student signature: Date: 1/23/2024

Parent/Guardian signature: _____ Date: _____

Continue

Steps to submit:

Student initiates form/fills it out

(sent to FUHSD student email on 2/12)



Click Continue button at bottom



Student enters parent/guardian email address to send to parent/guardian



Parent/guardian reviews, signs, and submits form to Nicole Hirvonen



**MVHS receives form
(no confirmation email after submitting)**

Course Selection Timeline

- February 11: iK12 Course Request Forms Emailed to Students & Infinite Campus Portal Opens
- February 25: iK12 Course Request Forms Due & Infinite Campus Portal Closes
- Course verification/corrections: Mid-March
Request to change courses - DO IT NOW AS THE SCHOOL SCHEDULE IS BUILT ON THIS INFO
- Tentative student schedules emailed: Early August
Request to add (if available) or drop courses - NO GUARANTEES
- View final schedule in IC first day of school: August 17
Schedule changes are not entertained after the first day of school



Reminders

- Course Videos are available on MVHS Course Selection Website
- Elective Night: Monday, February 2 from 6:00 - 7:40 pm
- Course Selection iK12 forms AND Infinite Campus Portal registration window: February 11 - February 25
 - *Do not submit forms until you are 100% certain of your course selections; not editable after submission*
 - *Be sure to submit your selections on the iK12 form and through the Infinite Campus portal*
 - *There is no reward for turning in your form early.*



Course Selection Resources:

Course Selection Website

<https://mvhs.fuhsd.org/guidance-student-support/high-school-planning/course-selection>

ABOUT US

ACADEMICS

COUNSELING & STUDENT SUPPORT

COURSE SELECTION FOR 2026-27 SCHOOL YEAR

EVENTS AND DATES

For important events and dates for each grade level see the following:

Current 8th/ Incoming
9th Grade

Current 9th-11th/
Incoming 10th-12th

MSSAP TRANSFER PROGRAM

Application

Informational Meeting

COURSE SELECTION RESOURCES

2026-27 FUHSD
Course Selection
Guide

2026-27 MVHS Course
Offerings

Course Videos
For 2026-27

Graduation
Requirements

MVHS Time
Management
Worksheet

COURSE SELECTION FORMS

▶ CURRENT 8TH/RISING 9TH
GRADERS

▶ CURRENT 9TH/RISING 10TH
GRADERS

▶ CURRENT 10TH/RISING 11TH
GRADERS

▶ CURRENT 11TH/RISING 12TH
GRADERS

PRESENTATIONS AND Q&A

▶ MSSAP

▶ CURRENT 8TH/RISING 9TH
GRADERS

▶ CURRENT 9TH/RISING 10TH
GRADERS

Course Selection Resources:

Class of 2027 Schology Page

<https://mvhs.fuhsd.org/guidance-student-support/high-school-planning/course-selection>



▼ Course Options

 **Materials** ▼

Course Objectives

 Updates

 Gradebook

 Grade Setup

 Mastery

 Badges

 Attendance

 Members

 Analytics

 Workload Planning

MVHS_Counseling: Class of 2027

Monta Vista High School



Add Materials ▼

Options ▼



10th Grade Parent Night--Winter 2025 Slides 4 MB



Course Selection

-  10th Grade Course Selection Parent Night slides
-  TASK: Infinite Campus (IC) Course Registration ...
-  Course Selection Events (Winter 2026)
-  MV Course Offerings 2026-27
-  Course Information Videos 2025-26
-  FUHSD Course Selection Guide 2026-27
-  My Four Year Plan Template
-  MVHS Time Management Worksheet
-  Career Technical Education (CTE) Info
 -  TASK: Course Selection Form (General and ELD)
 -  Course Selection Form (IEP/Special Education)



10th Grade Career Unit

Sample 4 Year Plan

Name: _____

MY FOUR YEAR PLAN

INSTRUCTIONS: Complete the grid with your tentative 4 year plan and then submit to Schoology. If you know you will be taking a class in a certain subject area but are not sure of the specific class, just manually enter "Math", "English", etc. For each academic class that will count towards electives, manually type an "(e)" after the class to help keep track. See [list of MV Course Offerings here](#) AND [list of CTE course options here](#)

HONORS and APs: Your schedule will color code itself based on the number of AP and Honors classes you select. Two or fewer reveal a green hue, three of them turn the column yellow, and four or more return a red color. These colors are to help guide your selections and convey the intensity of your proposed course load.

SUBJECT AREA	9th Grade	10th Grade	11th Grade	12th Grade	Total Credits Earned
ENGLISH (40 credits)	Literature/Writing	World Literature	American Literature Honors	AP English Literature	40
SCIENCE (20 credits) 10 credits Life Science + 10 credits Physical Science	Biology (life)	Chemistry (physical)	AP Environmental Science (life or physical)	AP Biology (life)	40
MATH (20 credits) 10 credits "Algebra" + 10 credits "Geometry"	Geometry	Algebra 2	Pre-Calculus	AP Calculus AB	40
HISTORY (30 credits)		World History	AP US History	AP Government/Economics	30
PE (20 credits)					
PE CLASS	PE 9			Dance	20
SPORTS (5 credits per sport) up to 10 PE credits per year	If taking a PE course, sports will count as Elective credits				
Optional: Sport 1	Volleyball	Volleyball	Volleyball	Volleyball	20
Optional: Sport 2					0
Optional: Sport 3					0
SELECTIVE ELECTIVES (20 credits) 10 credits each from 2 of the 3 categories below					
FINE ARTS	Art 1	Art 1	Art 3	Art 4	40
WORLD LANGUAGE	French 1	French 2	French 3		30
APPLIED ACADEMICS					0
ELECTIVES (70 credits)**					0
# of AP and Honors classes	0	0	3	4	
TOTAL CREDITS EARNED (220 credits req. for graduation)	65	130	195	260	260
To be on track for graduation, you should have at least the following total credits after each year. Must earn D or better to receive credits.	55	110	165	220	

Striking Balance



- Consider all opportunities and associated time commitments carefully!
- Engage in a conversation at home about:
 - Daily living demands
Family, friends, social media, unscheduled time
 - Academic workload
Balcony view of your cumulative academic workload
 - Activity expectations
Performing Arts, Sports, Clubs, Job

MVHS Time Management Worksheet

DAILY LIVING ACTIVITIES	AVERAGE HOURS/WEEK
Sleep (7 days x 8 hours)	56
Necessities (eating, showering, chores, etc.)	
Family time	
Free time (friends, TV, phone, internet, video games, etc.)	
Travel time (to/from school, practices, activities, etc.)	
Other Living Activities	
Total Daily Living Hours:	
REQUESTED COURSES 2023-2024	AVERAGE HOURS/WEEK
In school for 5 days x 7.5 hours (including brunch/lunch)	37.5
English Workload	
Social Studies Workload	
Math Workload	
Science Workload	
World Language Workload	
P.E. Workload	
Electives Workload	
Total School Hours:	
EXTRA-CURRICULAR ACTIVITIES	AVERAGE HOURS/WEEK
School Sports	
School Related Activities	
Hobbies/Interests	
Paid Job	
Outside Class/Lessons	
Community/Volunteer Services	
Non School Sports (i.e. club team)	
Other Extra-Curricular Activities	
Total Extra-Curricular Hours:	

Hours Per Week	-	Total Daily Living Hours	-	Total School Hours	-	Total Extra-Curricular Hours	=	Hours Left In Week
168	-	_____	-	_____	-	_____	=	_____



Junior Year of High School Checklist



FALL

☐ Set goals.

What do you hope to accomplish this year? Where do you want your grades to be at the end of the year?

☐ Optimize your class schedule.

Make sure you're taking some AP, honors, or IB classes if you feel comfortable.

☐ Commit to your extracurriculars.

Run for leadership roles, and if you don't get those, figure out a plan for how you can impact the organization as a regular member.

☐ Take the PSAT exam.

The PSAT exam is a low-stakes way to assess your test preparedness and your potential SAT score — plus, it enters you into the running for the National Merit

☐ Create an applying to college checklist.

Make one with your counselor or find one online. There are plenty to choose from — including the one you're reading now!



WINTER

☐ Assess your first semester grades.

Where are you doing well? Where can you improve? If needed, work with a tutor to improve your grades.

☐ Register for a spring SAT or ACT test and start studying

Remember, you want to leave yourself time to re-take the tests to get a better score. So, you should take these exams for the first time as a junior in high school.

☐ Start researching scholarships.

Are there any you need to apply for in the summer? Search for viable options and make a note of their deadlines.

☐ Think about your summer plans.

Research internships, jobs, or programs you want to apply to.



SPRING

☐ Start building your college list

and planning college visits. You don't have to have a finalized college list just yet, but start figuring out what you are looking for in a college and what you would like to study.

☐ Go on college visits:

Spring break is a great time to do some in-person visits. Pick a handful of schools in a similar location and make a trip out of it — or visit them virtually online.

☐ Ask your teachers for letters of recommendation.

If you know who you want to ask, ask them! Your teachers will let you know if they are open to writing recommendations over the summer or if you should connect with them when school starts again in the fall.

☐ Touch base with your counselor.

Try to set up one meeting at the beginning of junior year and another before summer break to discuss your senior schedule and summer tasks.

☐ Reflect on your goals and your applying to college checklist.

How did you do? What have you learned this year? The school year goes by fast, so take the time to reflect on how it was being a junior in high school — and maybe even journal about some of your experiences. Not only is this good for you, but we're also including it in this college checklist because it will help you brainstorm ideas for your essays!



SUMMER

☐ Do a meaningful activity.

Do an internship, get a job, participate in a summer program — find something that helps you develop your skills or gain clarity about your future. Or, if you're motivated to pursue an interest on your own, make a plan to accomplish something and follow it.

☐ Continue researching colleges and scholarships.

If you have any summer deadlines, be sure to submit your scholarship applications!

☐ Start working on your college applications.

Most college applications open August 1st, which means it's time to start working through your applying to college checklist.

General Questions?

School Counselor Team	Assistant Principal Team
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Post High School Options



Spring 2025 MVHS Events for 11th Graders

- March 18-28: 11th Grade Counseling Unit
- April 10: 11th Grade College Night
- May 9: 11th Grade Coffee with Counselors (parents only)
- May 20 & 23: SSR (Secondary Student Report) Info for Juniors (students only)