



# Naugatuck High School

John Harris

PRINCIPAL

Eileen Mezzo  
Associate Principal

James Leary  
Dean of Students

Brian Mariano  
Dean of Students/Athletic Director

*"In Pursuit of Excellence"*

January 2026

Dear Board Members,

For the upcoming 2026-2027 school year, proposed additions to the Naugatuck High School Program of Studies include two new dual enrollment courses. With our efforts to expand dual enrollment offerings in recent years, NHS received the maximum possible points in Indicator 5 of the state accountability report last year, and has made significant growth in Indicator 6. We are also seeking to add an introductory course in Wastewater Treatment, in partnership with Veolia Water Treatment, which can lead to national certification and immediate workforce placement upon graduation.

In addition, we are proposing an adjustment to the existing SAT math preparation course to make it a course which prepares students for both the math and verbal sections of the test, and which is a graduation requirement. Please see the additional memo detailing proposed adjustments to BOE policy #6710.

Course	Action	Details	Associated Costs
Composition and Reading for Speakers of Spanish (UConn ECE Spanish 3177)	Add	Spanish 3177 is a UCONN ECE course for students who have a basic knowledge of Spanish but need to expand and improve their reading, oral communication, and writing strategies by developing a formal and standard register. This course would provide a bridge between our foundational Heritage Spanish course and AP Spanish, and open a dual enrollment pathway for students who come with language assets from their homes/families.  1.0 Credit	Textbooks: \$2903.79  (Nuevos Mundos 4e Student Edition, 15 copies at \$189.95/ea)
Exercise and Wellness for Everyone (UConn ECE KINS 1100)	Add	Kinesiology 1100 provides an overview of the five pillars of health (exercise, nutrition, sleep, stress and relationships), specifically emphasizing the role that exercise plays in health promotion and disease prevention across the lifespan by presenting the impacts of exercise in multiple domains. This course would provide a more rigorous alternative to the existing Health II course, and a dual enrollment option for students with interest in health/wellness career fields.  0.5 credit	Textbooks: \$3047.50  (Health Now, An Integrative Approach to Personal Health, Version 3.2, 50 copies at \$60.95/ea)
Introduction to Wastewater Treatment	Add	Study of the operations of wastewater treatment plants, with preparation for students to earn national certification as wastewater treatment plant operators. Course includes multiple site visits to both the Naugatuck plant and others in Connecticut. Two course participants will have the opportunity to be selected for a paid internship in the spring with Veolia Water Treatment; successful	Transportation for site visits (est. \$1,000)



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		completion of course and internship may culminate in immediate workforce placement with an estimated \$60,000 annual starting salary.  0.5 credit	
SAT Preparation	Add	The SAT Preparation course is a half-year, 0.5-credit elective designed to support students in building the skills and confidence needed for the CT SAT. The course will provide targeted instruction in SAT math and verbal content, aligned to the structure and rigor of the exam. In addition, students will learn test-taking strategies such as time management, question analysis, and stress reduction techniques and strategies for maintaining focus and stamina during extended testing sessions to combat test fatigue. Instruction will emphasize practice with SAT-style questions deliberate vocabulary acquisition through high-utility academic language and data-driven feedback to strengthen performance. This course is intended to promote equitable access to exam preparation and support postsecondary readiness for all students.  0.5 credit	1.0 FTE



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