

SJUSD Secondary Lunch - February 2026

Lunch Entrée	Protein Source	Allergens
Alfredo Pasta (no chicken)	Dairy	Milk
Bean & Cheese Burrito	Beans, Dairy	Wheat, Milk, Soy
Beef Rib B' Que	Beef	Wheat, Milk, Soy
Breaded Chicken Drumstick with Wedges	Chicken	Wheat
Butter Chicken w/ Rice	Chicken	Milk, Wheat
Butter Tofu w/ Rice	Soy	Soy, Wheat
Cheese Burger	Beef	Milk, Wheat
Cheese Pizza	Dairy	Milk, Soy, Wheat
Cheese Quesadilla	Dairy	Milk, Soy, Wheat
Chicken & Cheese Quesadilla	Chicken, Dairy	Milk, Soy, Wheat
Chicken Alfredo Pasta	Chicken, Dairy	Wheat, Milk
Chicken Burger	Chicken	Wheat, Soy
Chicken Caesar Wrap	Chicken, Dairy	Milk, Egg, Fish, Wheat
Chicken Lo Mein	Chicken, Soy	Wheat, Soy
Chicken Popcorn Bowl w/ Mashed Potatoes	Chicken, Dairy	Milk, Wheat
Chicken Pasta Alfredo	Chicken	Wheat, Milk
Chicken Pozole Soup w/ Chips	Chicken	None
Grillers Prime Veggie Burger	Soy, Egg White	Wheat, Milk, Soy, Egg
Hot Dog Beef	Beef	Wheat
Italian Dunkers	Dairy	Wheat, Milk, Soy, Egg
Meatball Sub	Chicken, Dairy	Wheat, Milk, Soy
Nachos - Bean and Cheese	Beans, Dairy	Milk
Nachos-Turkey Taco Meat, Beans and Cheese	Turkey, Beans, Dairy	Milk, Soy, Wheat
Nachos - Beef	Beef, Beans, Dairy	Milk, Soy, Wheat
Orange Chicken with Rice	Chicken, Soy	Soy, Wheat
Orange Veggie Nuggets with Rice	Soy	Soy, Wheat
PB&J Sandwich	Peanut	Nut, Wheat
Spicy Chicken Burger	Chicken	Wheat, Soy
Spicy Chicken Tenders w/ Pretzels	Chicken, Dairy	Milk, Wheat, Soy
Turkey-Ham & Cheddar Sandwich	Turkey, Dairy	Milk, Wheat
Veggie Nugget Mashed Potato Bowl	Soy, Dairy	Milk, Soy, Wheat
Verde Wet Burrito	Soy, Dairy	Milk, Soy, Wheat

Yogurt Parfait	Dairy	Milk, Wheat
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