



# February 2026

## Elementary K-8

All meals include: Fat-free, low-fat or lactose-free milk choices.

Breakfast options: Listed entrée or General Mills Whole Grain Cereal with graham crackers and various fresh fruit options.

Lunch options: Listed entrées include access to unlimited salad bars full of seasonal fruit and vegetable offerings.

Sunbutter Meal offered daily as an alternate choice to listed entrées for lunch.

Monday

Tuesday

Wednesday

Thursday

Friday

2

Pancake Pup

Savory Chicken Pot Pie with Buttermilk Biscuit

Mac & Cheese

3

Chicken Breakfast Slider

Beef Soft Taco

Plant Based Soft Taco

Sides: Tortilla Chips with Fresh-Made Refried Beans and Roasty Toasty Salsa

4

Fresh Baked Pumpkin Loaf

Mandarin Orange Chicken

Plant-Based Sweet & Sour Popcorn Chicken

Side: Brown Rice

5

Scrambled Eggs

Homemade Beef Bolognese

Southwest Tortilla Soup w/ Grilled Cheese Croissant

Side: Garlic Breadstick

6

French Toast w/ Fruit Compote

Pepperoni Pizza

Cheese Pizza

9

HOLIDAY

10

Apple Pear Oatmeal Round

Jennie-O Turkey and Gravy Plant-Based Kickn' Nuggets

Side: Dinner Roll with Mashed Potatoes

11

Country Biscuits and Pork Gravy

Popcorn Chicken Hearty Vegetarian Chili

Side: Cornbread

12

Chicken Crispito

Yellow Chicken Curry Plant-Based Crunchy Popcorn Chicken Bites

Side: Brown Rice

13

Eggoji Waffles

Beef Cowboy Stew Bean & Cheese Pupusa

Side: Mashed Potatoes and Dinner Roll

16

HOLIDAY

17

Chicken Breakfast Slider

Birra & Cheese Pupusa Cheesy Pocket with Marinara

Side: Tortilla Chips and Fresh-Made Refried Beans

18

Fresh Baked Pumpkin Loaf

Mandarin Orange Chicken

Plant-Based Sweet & Sour Popcorn Chicken

Side: Brown Rice

19

Scrambled Eggs

Homemade Beef Bolognese Southwest Tortilla Soup w/ Grilled Cheese Croissant

Side: Garlic Breadstick

20

French Toast w/ Fruit Compote

Pepperoni Pizza

Cheese Pizza



scusdCentralKitchen



@theCentralKitchenSAC

Vegetarian:

Freshly prepared by the Central Kitchen:



Monday

Tuesday

Wednesday

Thursday

Friday

23

Maple Chip Pancakes 🌿

Honey Chipotle Chicken Soft Taco 🌿

Bean and Cheese Burrito 🌿

Side: Tortilla Chips 🌿 and Roasty Toasty Salsa 🌿

24

Apple Pear Oatmeal Round 🌿

Jennie-O Turkey and Gravy

Plant-Based Kickn' Nuggets 🌿

Side: Dinner Roll with Mashed Potatoes 🌿

25

Country Biscuits and Pork Gravy 🌿

Chicken Verde Plate 🌿

Quesadilla with Red Sauce 🌿

Side: Tortilla Chips 🌿 and Brown Rice 🌿

26

Chicken Crispito & Roasty Toasty Salsa 🌿

Yellow Chicken Curry 🌿

Plant-Based Crunchy Popcorn Chicken Bites 🌿

Side: Brown Rice 🌿

27

Eggoji Waffles 🌿

Beef Cowboy Stew 🌿

Bean & Cheese Pupusa 🌿

Side: Mashed Potatoes and Dinner Roll 🌿

### Valentine's Day Healthy Celebration Ideas

This Valentine's Day, celebrations must align with our District Wellness Policy by focusing on healthy options rather than candy and sugary treats. Acceptable celebration ideas include heart-shaped fruit slices, apple slices with yogurt dip, "You're grape" fruit cups, or non-food items: pencils, erasers, Valentine cards, stickers. **Please do not send candy or sugary snacks for classroom celebrations. Candy and other sugary snacks do not comply with the District Wellness Policy.** Support student health and wellness by choosing alternatives that make students feel special without compromising their well-being.



Questions on our District's Wellness policy? Scan the QR code to learn more!

Check out our **RED** salad bar featuring cherry tomatoes, sliced apples, mixed berries and blood oranges on

**Friday, February 13th**

to celebrate

Valentine's Day!



**Featured Breakfast Item:**

### Apple Pear Oatmeal Round

Don't forget to try our brand new housemade Apple Pear Oatmeal Round for breakfast! This sweet breakfast bite is the perfect combination of crunch and chewiness, with delicious apple, pear, and cinnamon flavors. Made fresh in our kitchens, it's a wholesome way to start your day!



Nutrition Services  
916-395-5600  
thecentralkitchen.org

This institution is an equal opportunity provider. Menus subject to change.