COUNTRY VIEW-FEBRUARY EDITION

NEWSLETTER



MESSAGE FROM MRS. BEEM

Greetings Country View Families!

I hope this message finds you well as we move through the winter season! February is an exciting month at Country View Elementary! February may be the shortest month on the calendar, but at our school, it's easily one of the busiest. This month is all about connection, community, and cognitive growth. While we celebrate friendship, our students are also working hard to grow their "brain muscles" through reading, problem-solving, and creative projects. We have finished up our latest round of reading assessments. This data allows teachers to see exactly where each student is on their learning journey. Teachers will be spending time on Feb. 2 to review the data and make instructional plans that target instruction that students need and ensure that all students are being appropriately challenged.

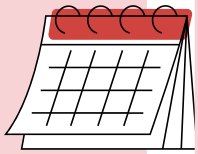
We are looking forward to hosting parent-teacher conferences in March! These conversations are a vital part of our partnership with families. After our fall conferences, we sent you a survey to gather your feedback and insights. Thank you to all families who took the time to respond! Your input helps us understand what's working well and where we can improve. We heard from you that we need to send out the schedule earlier. We will send the conference schedule for you to sign up for on February 18. Our goal is to ensure that you feel informed, heard, and actively involved in your child's educational journey.

In Service~

Ms. Beem

IMPORTANT DATES

- **February 2nd:** Professional Development Day (**NO SCHOOL** for students)
- **February 5th:** 3rd Grade to the Overture Center
- **February 6th:** School Dance 6:00-8:00
- **February 16th:** NO SCHOOL
- **February 20th:** All School Trip to Badger Ridge for Whoopensocker Performance
- **February 23rd-26th:** Book Fair
- **February 26th:** Related Arts Night 5:30-7:00
- **March 3rd:** PTO Meeting- Anxiety Workshop for Caregivers
- **March 12th & 16th:** Parent Teacher Conferences



FOOD SERVICE SURVEY

VASD Food Service is looking for feedback on their breakfast and lunch menus. Please complete the survey linked below if you have feedback

FOOD SERVICE SURVEY!



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UPCOMING HAPPENINGS

BOOK FAIR HOURS

Mon. Feb. 23rd: 2:30-5:30

Tues. Feb. 24th: 2:30-5:30

Wed. Feb 25th: 2:30-5:30

Thurs. Feb 26th: 2:30-7:00 (Open during Related Arts Night!)

SPRING BOOK FAIR

Country View PTO is dedicated to ensuring all students have access to the Book Fair! If you would like financial assistance to purchase a book for your child(ren) please complete **THIS** form. Information collected on this form will be kept confidential by Ms. Lily, school social worker.

Make a donation **HERE** to Share the Fair with all Country View Students!

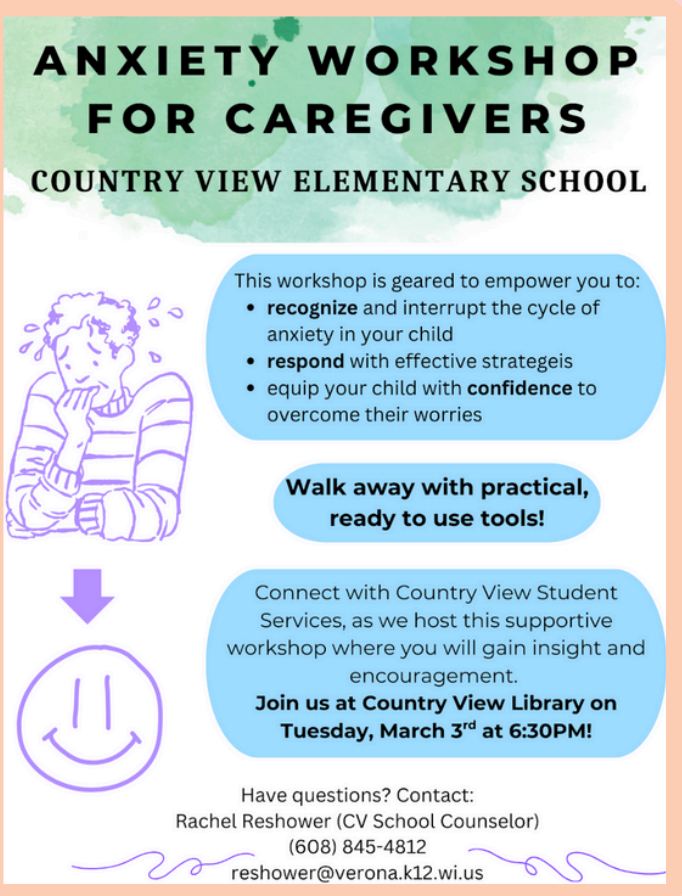
COMMUNITY SERVICE PROJECT!

Hearts of Joy: Spreading Compassion in Our Community

Our 5th grade ambassadors are leading a school-wide project to spread joy across Verona and Fitchburg. Each classroom received paper hearts and a curated list of affirmations and positive messages from our 5th graders. Students will decorate the hearts and write a positive message - then we will deliver them to local spots around our community the week of ***Tuesday, February 17th for National Random Acts of Kindness Day.***

When you are out and about, look for paper hearts from our Country View scholars!

ANXIETY WORKSHOP



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RELATED ARTS

RELATED ARTS NIGHT

Let your student show you what they do in PE, ART, MUSIC, COUNSELOR CONNECTION, and LIBRARY!

Enjoy these activities offered on **Thursday, February 26th from 5:30-7pm:**

- PE games in the Gym
- Art Room Showcase
- Read Aloud in the Library
- Calm Down Tools in Ms. Reshower's room
- Concert Sneak Peeks for 1st-5th graders throughout the evening (schedule below)
- Scavenger Hunt!

If you can attend, you can plan to have your learner there for the Sneak Peak! We are so excited to have you join us for this Country View Event and look forward to seeing you there! The Related Arts Team is excited to announce our 3rd Annual Related Arts Night!!

RELATED ARTS TEAM

Molly Kruger ---- Music
Nick Dunkleberger ---- PE
Brett Dresen ---- PE
Erica Vetrovec ---- Art
Lisa Miller ---- Library
Rachel Reshower ---- School Counselor

CONCERT SNEAK PEEK SCHEDULE

1st Grade 5:45pm
2nd Grade 6:00pm
3rd Grade 6:15pm
4th Grade 6:30pm
5th Grade 6:45pm

NEED A RIDE TO RELATED ARTS NIGHT?

Contact Ms. Lily
CALL: 608-845-4833
TEXT: 608-492-1624
EMAIL: hlavacel@verona.k12.wi.us







SUPPORTING KIDS WITH

NAVIGATING NEWS

SUPPORTIVE COMMUNICATION STRATEGIES



START BY LISTENING

Ask open-ended questions to understand what your child has seen or heard first.



BE HONEST BUT SIMPLE

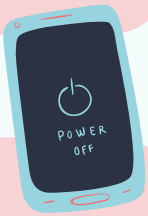
Provide truthful answers without graphic details to avoid overwhelming their emotional capacity.



NORMALIZE THEIR FEELINGS

Reassure children that feeling scared, angry, or confused is a normal response.

PROACTIVE CARE & OBSERVATION



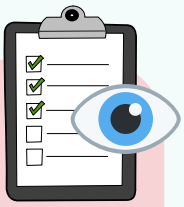
LIMIT MEDIA EXPOSURE

Reduce news and social media consumption to prevent heightened fear and anxiety.



MODEL HEALTHY COPING

Demonstrate stress management, such as deep breathing, reading, or sticking to daily routines.



WATCH FOR BEHAVIORAL RED FLAGS

Monitor for changes in sleep, appetite, or increased irritability and clinginess.

CLICK FOR RESOURCES



- Sesame Street Workshop
- PBS Parents
- HealthyChildren.org (American Academy of Pediatrics)
- NAMI