

WILSON AREA SCHOOL DISTRICT

EMPLOYEE ASSISTANCE PROGRAM SERVICES (EAP)



Speak with a Live Person

24/7/365

visit www.mseap.com, click
"work/life login" user login: CBG
or call 1-800-543-5080

- **100% Confidential**
- **Covers 4 virtual, face-to-face, or telephonic sessions with a counselor per person**
- **All subscribers and their covered dependents are eligible**
- **Monthly Newsletters**
- **Sessions are renewable as long as you have a 2-month break in counseling**
- **Services are accessible 24/7/365**

M&S EAP is here to help you through many difficult situations, including but not limited to:

- **Marital & Family Related Issues**
- **Children & Adolescents**
- **Anger, Stress, & Time Management**
- **Grief & Loss**
- **Alcohol & Substance Abuse**
- **Elder Care Concerns**
- **Domestic Abuse**
- **Addictions**
- **Job-Related Stress**



Counseling

Live Interactive, HIPPA Compliant, Virtual, Face to Face, Telephonic



Work/Life Resources

Child Care, Eldercare, Parenting, Stress Management, Education, Financial/Time Management and Balance, etc.



Renewable Sessions

Receive 4 or more session after there has been a 2-month break since the last session. Up to 12 annually per eligible employee and family members



Elder Care & Financial Telephonic Consulting

Tailored Elder Care Counseling & resources, plus financial wellness counseling provided by experts in their field

MAZZITTI & SULLIVAN
Services At No Additional Cost for Capital Blue Cross Members