



2025/2026 Middle [Lunch]  
Lunch

Richmond City Public Schools

Mon	Tue	Wed	Thu	Fri
2/2/2026	2/3/2026	2/4/2026	2/5/2026	2/6/2026
<b>Main Entree</b> BEEF PHILLY CHEESESTEAK HOAGIE ENTREE YOGURT PARFAIT PROTEIN VARIETY CHEF SALAD HUMMUS & VEGGIE BOX	<b>Main Entree</b> TERIYAKI CHICKEN DUMPLINGS RPS HAMBURGER OR CHEESEBURGER PROTEIN VARIETY CHEF SALAD HUMMUS & VEGGIE BOX ENTREE YOGURT PARFAIT	<b>Main Entree</b> CRISPY CHICKEN TENDERS + DINNER ROLL ENTREE YOGURT PARFAIT PROTEIN VARIETY CHEF SALAD HUMMUS & VEGGIE BOX	<b>Main Entree</b> CHICKEN QUESO BACON BAKED POTATO RPS HAMBURGER OR CHEESEBURGER ENTREE YOGURT PARFAIT ENTREE SALAD HUMMUS & VEGGIE BOX	<b>Main Entree</b> CHEESE OR TURKEY PEPPERONI PIZZA SLICE ENTREE YOGURT PARFAIT PROTEIN VARIETY CHEF SALAD HUMMUS & VEGGIE BOX
<b>Vegetable</b> SEASONED SONOMA VEGETABLES BEANS BAKED VEG CELERY, BELL PEPPER, CARROT CUP	<b>Vegetable</b> VEGETABLE ORIENTAL BLEND SEASONED CARROTS CUCUMBER BELL PEPPER BOAT	<b>Vegetable</b> SEASONED CARROTS LETTUCE, TOMATO, PICKLE BOAT SEASONED TATOR TOTS	<b>Grain</b> GARLIC KNOT	<b>Vegetable</b> CRISP GARDEN SALAD SEASONED CORN CELERY STICK GRAPE TOMATO BOAT
<b>Fruit</b> WINTER FRESH FRUIT VARIETY	<b>Fruit</b> CLASSIC FRESH FRUIT VARIETY FRUIT COCKTAIL	<b>Fruit</b> WINTER FRESH FRUIT VARIETY PINEAPPLE TIDBITS IN JUICE	<b>Vegetable</b> SEASONED SONOMA VEGETABLES CUCUMBER-TOMATO BOAT	<b>Fruit</b> WINTER FRESH FRUIT VARIETY PEACHY KEEN PEACHES
<b>Fruit Juice</b> 100% JUICE BOX VARIETY	<b>Milk</b> MILK, FAT FREE/SKIM, CHOCOLATE MILK, 1% LOW FAT, UNFLAVORED MILK, FAT FREE/SKIM, UNFLAVORED	<b>Milk</b> MILK, FAT FREE/SKIM, CHOCOLATE MILK, 1% LOW FAT, UNFLAVORED MILK, FAT FREE/SKIM, UNFLAVORED	<b>Fruit</b> CLASSIC FRESH FRUIT VARIETY CHILLED PEARS	<b>Fruit Juice</b> 100% JUICE BOX VARIETY
<b>Milk</b> MILK, FAT FREE/SKIM, CHOCOLATE MILK, 1% LOW FAT, UNFLAVORED MILK, FAT FREE/SKIM, UNFLAVORED	<b>Condiment</b> MUSTARD PACKET KETCHUP PACKET MAYONNAISE LIGHT PACKET KRAFT HEINZ	<b>Condiment</b> ORIGINAL BBQ SAUCE CUP HONEY MUSTARD CUPS KETCHUP PACKET	<b>Milk</b> MILK, FAT FREE/SKIM, CHOCOLATE MILK, 1% LOW FAT, UNFLAVORED MILK, FAT FREE/SKIM, UNFLAVORED	<b>Milk</b> MILK, FAT FREE/SKIM, CHOCOLATE MILK, 1% LOW FAT, UNFLAVORED MILK, FAT FREE/SKIM, UNFLAVORED
<b>Condiment</b> MAYONNAISE LIGHT PACKET KRAFT HEINZ			<b>Condiment</b> SOUR CREAM POUCH SMART BALANCE WHIPPEDE SPREAD	



Mon	Tue	Wed	Thu	Fri
2/9/2026	2/10/2026	2/11/2026	2/12/2026	2/13/2026
<b>Main Entree</b> BUFFALO CHICKEN WINGS PIZZABOLI BITES WG ENTREE YOGURT PARFAIT PROTEIN VARIETY CHEF SALAD HUMMUS & VEGGIE BOX <b>Grain</b> BREADSTICKS GARLIC WG <b>Vegetable</b> BAKED POTATO WEDGES CELERY, BELL PEPPER, CARROT CUP MARINARA DUNK CUP <b>Fruit</b> WINTER FRESH FRUIT VARIETY <b>Fruit Juice</b> 100% JUICE BOX VARIETY <b>Milk</b> MILK, FAT FREE/SKIM, CHOCOLATE MILK, 1% LOW FAT, UNFLAVORED MILK, FAT FREE/SKIM, UNFLAVORED	<b>Main Entree</b> SPICY BITES BRD MINI MOZZ WG ENTREE YOGURT PARFAIT PROTEIN VARIETY CHEF SALAD HUMMUS & VEGGIE BOX <b>Vegetable</b> SEASONED CARROTS MARINARA DUNK CUP CUCUMBER BELL PEPPER BOAT <b>Fruit</b> CLASSIC FRESH FRUIT VARIETY FRUIT COCKTAIL <b>Milk</b> MILK, FAT FREE/SKIM, CHOCOLATE MILK, 1% LOW FAT, UNFLAVORED MILK, FAT FREE/SKIM, UNFLAVORED	<b>Main Entree</b> TWIN SOUTHWESTERN CHICKEN EGG ROLLS ENTREE YOGURT PARFAIT PROTEIN VARIETY CHEF SALAD HUMMUS & VEGGIE BOX <b>Vegetable</b> BAKED POTATO WEDGES VEGETARIAN BEANS BROCCOLI-CARROT BOAT <b>Fruit</b> WINTER FRESH FRUIT VARIETY PEACHY KEEN PEACHES <b>Milk</b> MILK, FAT FREE/SKIM, CHOCOLATE MILK, 1% LOW FAT, UNFLAVORED MILK, FAT FREE/SKIM, UNFLAVORED	<b>Main Entree</b> KOREAN CHICKEN SMR 2025 ENTREE YOGURT PARFAIT PROTEIN VARIETY CHEF SALAD HUMMUS & VEGGIE BOX <b>Grain</b> LONG GRAIN RICE CRISPY CHOW MEIN NOODLE <b>Vegetable</b> VEGETABLE ORIENTAL BLEND CUCUMBER-TOMATO BOAT EDAMMAE CORN SALAD <b>Fruit</b> CLASSIC FRESH FRUIT VARIETY ORANGE MANDARIN WHOLE LS <b>Milk</b> MILK, FAT FREE/SKIM, CHOCOLATE MILK, 1% LOW FAT, UNFLAVORED MILK, FAT FREE/SKIM, UNFLAVORED	<b>Main Entree</b> BUFFALO CHICKEN PIZZA OR VEGGIE VIBES PIZZA SLICE ENTREE YOGURT PARFAIT PROTEIN VARIETY CHEF SALAD HUMMUS & VEGGIE BOX <b>Vegetable</b> CRISP GARDEN SALAD SEASONED SWEET PEAS CELERY STICK GRAPE TOMATO BOAT <b>Fruit</b> WINTER FRESH FRUIT VARIETY RAISIN SOUR LEMON AMAZIN <b>Milk</b> MILK, FAT FREE/SKIM, CHOCOLATE MILK, 1% LOW FAT, UNFLAVORED MILK, FAT FREE/SKIM, UNFLAVORED



Mon	Tue	Wed	Thu	Fri
2/16/2026	2/17/2026	2/18/2026	2/19/2026	2/20/2026
		<b>Main Entree</b> BBQ CHICKEN ENTREE YOGURT PARFAIT PROTEIN VARIETY CHEF SALAD HUMMUS & VEGGIE BOX <b>Grain</b> GARLIC KNOT <b>Vegetable</b> SEASONED SONOMA VEGETABLES GLAZED SWEET POTATOES BROCCOLI-CARROT BOAT <b>Fruit</b> RAISIN SOUR LEMON AMAZIN FRUIT COCKTAIL <b>Milk</b> MILK, FAT FREE/SKIM, CHOCOLATE MILK, 1% LOW FAT, UNFLAVORED MILK, FAT FREE/SKIM, UNFLAVORED	<b>Main Entree</b> BLANCO CHEESY CHICKEN DIP + TOSTITOS CRISPY MINI MOZZARELLA BITES ENTREE YOGURT PARFAIT PROTEIN VARIETY CHEF SALAD HUMMUS & VEGGIE BOX <b>Vegetable</b> BEANS RANCHERO CUCUMBER-TOMATO BOAT SALSA DUNK CUP MARINARA DUNK CUP <b>Fruit</b> CRAISINS FLAVORED VARIETY ORANGE MANDARIN WHOLE LS <b>Milk</b> MILK, FAT FREE/SKIM, CHOCOLATE MILK, 1% LOW FAT, UNFLAVORED MILK, FAT FREE/SKIM, UNFLAVORED	<b>Main Entree</b> CHEESE OR TURKEY PEPPERONI PIZZA SLICE ENTREE YOGURT PARFAIT PROTEIN VARIETY CHEF SALAD HUMMUS & VEGGIE BOX <b>Vegetable</b> CHILI LIME CORN SEASONED TATOR TOTS CRISP GARDEN SALAD <b>Fruit</b> ORANGE AMAZIN RAISIN <b>Fruit Juice</b> 100% JUICE BOX VARIETY <b>Milk</b> MILK, FAT FREE/SKIM, CHOCOLATE MILK, 1% LOW FAT, UNFLAVORED MILK, FAT FREE/SKIM, UNFLAVORED



Mon	Tue	Wed	Thu	Fri
2/23/2026	2/24/2026	2/25/2026	2/26/2026	2/27/2026
<p><b>Main Entree</b> TWIN BUFFALO CHICKEN EGG ROLLS ENTREE YOGURT PARFAIT PROTEIN VARIETY CHEF SALAD HUMMUS &amp; VEGGIE BOX</p> <p><b>Vegetable</b> BAKED POTATO WEDGES SEASONED SONOMA VEGETABLES CELERY, BELL PEPPER, CARROT CUP</p> <p><b>Fruit</b> WINTER FRESH FRUIT VARIETY PEACHY KEEN PEACHES</p> <p><b>Fruit Juice</b> 100% JUICE BOX VARIETY</p> <p><b>Milk</b> MILK, FAT FREE/SKIM, CHOCOLATE MILK, 1% LOW FAT, UNFLAVORED MILK, FAT FREE/SKIM, UNFLAVORED</p>	<p><b>Main Entree</b> TERIYAKI CHICKEN DUMPLINGS RPS HAMBURGER OR CHEESEBURGER PROTEIN VARIETY CHEF SALAD HUMMUS &amp; VEGGIE BOX ENTREE YOGURT PARFAIT</p> <p><b>Vegetable</b> VEGETABLE ORIENTAL BLEND SEASONED CARROTS CUCUMBER BELL PEPPER BOAT</p> <p><b>Fruit</b> CLASSIC FRESH FRUIT VARIETY FRUIT COCKTAIL</p> <p><b>Milk</b> MILK, FAT FREE/SKIM, CHOCOLATE MILK, 1% LOW FAT, UNFLAVORED MILK, FAT FREE/SKIM, UNFLAVORED</p> <p><b>Condiment</b> MUSTARD PACKET KETCHUP PACKET MAYONNAISE LIGHT PACKET KRAFT HEINZ</p>	<p><b>Main Entree</b> CRISPY CHICKEN TENDERS + DINNER ROLL ENTREE YOGURT PARFAIT PROTEIN VARIETY CHEF SALAD HUMMUS &amp; VEGGIE BOX</p> <p><b>Vegetable</b> SEASONED CARROTS SEASONED TATOR TOTS BROCCOLI-CARROT BOAT</p> <p><b>Fruit</b> WINTER FRESH FRUIT VARIETY ORANGE MANDARIN WHOLE LS</p> <p><b>Milk</b> MILK, FAT FREE/SKIM, CHOCOLATE MILK, 1% LOW FAT, UNFLAVORED MILK, FAT FREE/SKIM, UNFLAVORED</p> <p><b>Condiment</b> ORIGINAL BBQ SAUCE CUP HONEY MUSTARD CUPS KETCHUP PACKET</p>	<p><b>Main Entree</b> QUESO BLANCO BEEF NACHOS QUESO BLANCO NACHOS MEATLESS RPS HAMBURGER OR CHEESEBURGER ENTREE YOGURT PARFAIT ENTREE SALAD HUMMUS &amp; VEGGIE BOX</p> <p><b>Vegetable</b> BEANS RANCHERO SEASONED CORN CUCUMBER-TOMATO BOAT SALSA DUNK CUP</p> <p><b>Fruit</b> CLASSIC FRESH FRUIT VARIETY CHILLED PEARS</p> <p><b>Milk</b> MILK, FAT FREE/SKIM, CHOCOLATE MILK, 1% LOW FAT, UNFLAVORED MILK, FAT FREE/SKIM, UNFLAVORED</p> <p><b>Condiment</b> SOUR CREAM POUCH</p>	<p><b>Main Entree</b> CHEESE OR TURKEY PEPPERONI PIZZA SLICE ENTREE YOGURT PARFAIT PROTEIN VARIETY CHEF SALAD HUMMUS &amp; VEGGIE BOX</p> <p><b>Vegetable</b> SEASONED BROCCOLI CRISP GARDEN SALAD CELERY STICK GRAPE TOMATO BOAT</p> <p><b>Fruit</b> WINTER FRESH FRUIT VARIETY FRUIT COCKTAIL</p> <p><b>Fruit Juice</b> 100% JUICE BOX VARIETY</p> <p><b>Milk</b> MILK, FAT FREE/SKIM, CHOCOLATE MILK, 1% LOW FAT, UNFLAVORED MILK, FAT FREE/SKIM, UNFLAVORED</p>