

February 2026

Southern Lehigh High School

Monday

Chicken Tenders
Dinner Roll
Steamed Carrots
Assorted Fresh or
Canned Fruit
Choice of Milk

2

Tuesday

French Toast
Sticks
2 Sausage Links
Oven Baked Fries
Assorted Fresh or
Canned Fruit
Choice of Milk

3

Wednesday

Chicken Alfredo
with Pasta
Steamed Broccoli
Garlic Breadstick
Assorted Fresh or
Canned Fruit
Choice of Milk

4

Thursday

Mini Corn Dogs
Vegetarian Baked
Beans
Assorted Fresh or
Canned Fruit
Choice of Milk

5

Friday

Cheese
or Pepperoni
Big Daddy's Pizza
Steamed Green Beans
Assorted Fresh or
Canned Fruit
Choice of Milk

6

Dutch Waffle*
2 Sausage Links
Oven Baked Fries
Assorted Fresh or
Canned Fruit
Choice of Milk
**Similar to a Funnel
Cake*

9

***Taco Tuesday!**
Walking Taco
Seasoned Beans
Spanish Rice
Assorted Fresh or
Canned Fruit
Choice of Milk

10

Patty Melt
Baked Sweet Potato
Fries
Assorted Fresh or
Canned Fruit
Choice of Milk
**Hamburger Patty in a Toasted
Cheese*

11

Cheese
or Pepperoni
French Bread Pizza
Steamed Green Beans
Assorted Fresh or
Canned Fruit
Choice of Milk

12

**NO SCHOOL!
Teacher
In-service Day**

13

NO SCHOOL!

**Presidents'
Day
Holiday!**

16

Popcorn Chicken
Soft Pretzel Stick
Steamed Broccoli
Assorted Fresh or
Canned Fruit
Choice of Milk

17

Cheese Ravioli W/
Marinara
Steamed Peas
Garlic Breadstick
Assorted Fresh or
Canned Fruit
Choice of Milk

18

Bacon, Egg,
& Cheese Bagel
Oven Baked Fries
Assorted Fresh or
Canned Fruit
Choice of Milk

19

Cheese or Pepperoni
Big Daddy's Pizza
Tossed Salad w/
Choice of Dressing
Assorted Fresh or
Canned Fruit
Choice of Milk

20

Mini Pancakes
2 Sausage Links
Oven Baked Fries
Assorted Fresh or
Canned Fruit
Choice of Milk

23

Chicken Nuggets
Dinner Roll
Vegetarian Baked
Beans
Assorted Fresh or
Canned Fruit
Choice of Milk

24

Mac & Cheese
Steamed Broccoli
Garlic Breadstick
Assorted Fresh or
Canned Fruit
Choice of Milk

25

Chicken Turnover
Mashed Potatoes
& Gravy
Steamed Carrots
Dinner Roll
Assorted Fresh or
Canned Fruit
Choice of Milk

26

Cheese or Pepperoni
Personal Pizza
Tossed Salad w/
Choice of Dressing
Assorted Fresh or
Canned Fruit
Choice of Milk

27

Did you know?

February is the only month that gets an extra day (29th) every four years, making it the only month to potentially have a full 4 weeks (28 days).

Alternates

Salad Bar (comes with
dressing and dinner roll)
Hoagie or Wrap
Pizza Slice
PB & J Uncrustable

**Not all items are available
every day**

**All meals come with choice of
fruit, vegetable, & milk*

**** Fresh vegetable sides are
offered daily!! They can be
taken along with the 5 meal
components or in place of
the vegetable of the day
listed on the menu.**

Cafeteria News

Visit www.ezschoollpay.com
to view your child's lunch
account and make payments
online!

* Students MUST take a fruit or
a vegetable to make a
complete meal/qualifying
reimbursable lunch.

**Meal Price \$3.45
Salad Meal Deal \$3.95**

****Menu Subject to Change**

**!!No cost breakfast available
each morning at all schools!!**

**++This institution is an equal
opportunity provider and
employer.**

To fill out a Free & Reduced
Application electronically,
please go to:
www.compass.state.pa.us