

February 2026

Southern Lehigh Gluten Free Menu

Monday

2
Turkey & Cheese Sandwich
Fresh Veggies or Featured Vegetable of the Day
Assorted Fresh or Canned Fruit
Choice of Milk

9
Turkey & Cheese Sandwich
Fresh Veggies or Featured Vegetable of the Day
Assorted Fresh or Canned Fruit
Choice of Milk

16
NO SCHOOL!
Presidents' Day Holiday!

23
Turkey & Cheese Sandwich
Fresh Veggies or Featured Vegetable of the Day
Assorted Fresh or Canned Fruit
Choice of Milk

Tuesday

3
Chicken Tenders
Fresh Veggies or Featured Vegetable of the Day
Assorted Fresh or Canned Fruit
Choice of Milk

10
Chicken Tenders
Fresh Veggies or Featured Vegetable of the Day
Assorted Fresh or Canned Fruit
Choice of Milk

17
Chicken Tenders
Fresh Veggies or Featured Vegetable of the Day
Assorted Fresh or Canned Fruit
Choice of Milk

24
Chicken Tenders
Fresh Veggies or Featured Vegetable of the Day
Assorted Fresh or Canned Fruit
Choice of Milk

Wednesday

4
Hamburger or Cheeseburger
Fresh Veggies or Featured Vegetable of the Day
Assorted Fresh or Canned Fruit
Choice of Milk

11
Hamburger or Cheeseburger
Fresh Veggies or Featured Vegetable of the Day
Assorted Fresh or Canned Fruit
Choice of Milk

18
Hamburger or Cheeseburger
Fresh Veggies or Featured Vegetable of the Day
Assorted Fresh or Canned Fruit
Choice of Milk

25
Hamburger or Cheeseburger
Fresh Veggies or Featured Vegetable of the Day
Assorted Fresh or Canned Fruit
Choice of Milk

Thursday

5
Chicken Tenders
Fresh Veggies or Featured Vegetable of the Day
Assorted Fresh or Canned Fruit
Choice of Milk

12
Chicken Tenders
Fresh Veggies or Featured Vegetable of the Day
Assorted Fresh or Canned Fruit
Choice of Milk

19
Chicken Tenders
Fresh Veggies or Featured Vegetable of the Day
Assorted Fresh or Canned Fruit
Choice of Milk

26
Chicken Tenders
Fresh Veggies or Featured Vegetable of the Day
Assorted Fresh or Canned Fruit
Choice of Milk

Friday

6
Ham & Cheese Sandwich
Fresh Veggies or Featured Vegetable of the Day
Assorted Fresh or Canned Fruit
Choice of Milk

13
NO SCHOOL!
Teacher In-service Day

20
Ham & Cheese Sandwich
Fresh Veggies or Featured Vegetable of the Day
Assorted Fresh or Canned Fruit
Choice of Milk

27
Ham & Cheese Sandwich
Fresh Veggies or Featured Vegetable of the Day
Assorted Fresh or Canned Fruit
Choice of Milk

Meal Information

Meals come with vegetable, milk, and fruit.

Vegetable choices include the fresh vegetable of the day or the featured vegetable of the day. Fresh vegetables are available each day and can also be taken in addition to the featured vegetable of the day (listed on the regular menu).

LUNCH PRICES

Elem & JPLIS \$3.10
HS & MS \$3.45

*Entrée items not purchased as a meal and seconds of gluten free items must be charged at A la Carte pricing as listed on the cafeteria price list found online.

**Please Note - The Gluten Free Menu selection is only available to those students who have turned in the Medical Plan of Care form, listing the need as such, by the student's physician and signed by the physician. **Requests made by parents alone cannot be honored. Thank you for your cooperation and understanding.

Cafeteria News

Visit www.ezschoolpay.com to view your child's lunch account and make payments online!

* Students **MUST** take a fruit or a vegetable to make a complete meal/qualifying reimbursable lunch.

**Menu Subject to Change

!!No cost breakfast available each morning at all schools!!

++This institution is an equal opportunity provider and employer.

To fill out a Free & Reduced Application electronically, please go to:

www.compass.state.pa.us

Did you know?

February is the only month that gets an extra day (29th) every four years, making it the only month to potentially have a full 4 weeks (28 days).