



Employee Benefits Guide

OCTOBER 1, 2025 - SEPTEMBER 30, 2026



WELCOME TO YOUR ORANGE UNIFIED SCHOOL DISTRICT (OUSD) EMPLOYEE BENEFITS!

OUSD takes pride in offering a benefit program that provides flexibility for the diverse and changing needs of our employees. Employees and their family members have a full range of benefits to choose from. You choose the options that best meet your needs.

This brochure provides a summary of your benefit options and is designed to help you make choices and enroll for coverage effective October 1, 2025. For more information about any of the benefits described here, please contact the Risk Management Department at (714) 628-5390.

You will receive an email with instructions on how to schedule an appointment to enroll in health benefits.

CONTENTS

3 | Enrollment Information

- Who May Enroll
- When You Can Enroll
- Paying for Your Coverage
- Changes to Enrollment

5 | Benefit Contributions

- Certificated & Leadership Employees
- Classified Employees

7 | Medical Benefits

- Anthem Blue Cross HMO Plans
- Kaiser Permanente HMO Plan
- Anthem Blue Cross PPO Plans

11 | Mental Wellness Benefits

- Mental Health Benefits Available through the OUSD HMO Plans
- Mental Health Benefits Available through the OUSD PPO Plans
- Lincoln Financial Group Guidance Resources Employee Assistance Plan
- Anthem Employee Assistance Program

14 | Healthy Extras

- All OUSD Medical Plan Members
- All Kaiser Permanente HMO Plan Members
- Anthem Blue Cross HMO & PPO Plan Members
- Anthem Blue Cross PPO Plan Members

20 | Tips on Using Your Medical Benefits

21 | Dental Benefits

- Delta Dental PPO
- Deltacare DHMO

22 | Vision Benefits

- Vision Service Plan (VSP)

23 | Tax Savings Benefits

- Flexible Spending Accounts
- Health Care Spending Account
- Dependent Care Spending Account
- Flexible Spending Account Rules

24 | Financial Protection Benefits

- Lincoln Financial Basic Life and Accident Insurance

25 | Resources and Contacts

26 | How to Find an Anthem Provider

27 | Important Information

- The Affordable Care Act and You
- Annual Notices
- Summary of Benefits and Coverage
- Domestic Partnership: State Taxes vs. Federal Taxes

ENROLLMENT INFORMATION

Who May Enroll

All active employees regularly scheduled to work as follows are eligible for benefits:

- Classified Employees: 6 hours per day
- Certificated/Leadership Employees: 50% or more of a full-time equivalent

Eligible employees may also enroll eligible dependents. Documentation proving eligibility must be provided as follows:

- New Hire/Increase in Hours Enrollment: Documentation must be provided within 31 days of enrolling the dependent.
- Open Enrollment: Documentation must be provided by August 30 if enrolling any dependents during Open Enrollment
- Qualifying Status Change: Documentation must be provided within 31 days of the qualifying life event.

Eligible dependents and the documentation required to enroll them is as follows:

Eligible Dependent	Document Required for Verifying Eligibility
Spouse	• Prior year's Federal Tax Form that shows the couple was married (financial information may be blocked out) • For newly <u>married</u> couples where the prior year tax return is not available, a marriage certificate will be acceptable
Domestic Partner	• Certificate of Registered Domestic Partnership issued by State of California (AB205 Compliant)
Children, Stepchildren, and/or Adopted Children up to age 26	• Certified Birth Certificate or Hospital Birth Certificate for newborns less than 6 months of age (to include full name of child, parent(s) name(s) & child's DOB) • Legal Adoption Documentation
Legal Guardianship up to age 18	• Legal Court Documentation establishing Guardianship
Disabled Dependents <i>Documents must be submitted no later than 30 calendar days prior to the dependent's 26th birthday</i>	Anthem Blue Cross (All items listed below are required) • Certified Birth Certificate or Hospital Birth Certificate (to include full name of child, parent(s) name(s) & child's DOB) • Prior year's Federal Tax Form that shows child is claimed as an IRS dependent (income information may be blocked out) • Proof of 6 months prior creditable coverage • Completed Anthem Disabled Dependent Certification Form Kaiser (All items listed below are required) • Legal Birth Certificate or Hospital Birth Certificate (to include full name of child, parent(s) name(s) & child's DOB) • Prior year's Federal Tax Form that shows child is claimed as an IRS dependent (income information may be blocked out) • Proof of 6 months prior creditable coverage • Completed Disabled Dependent Enrollment Application • Most recent Kaiser Certification notice (if available)

Understand Who Is NOT a Qualified Dependent

Unless recognized as one of the qualified dependents listed above, individuals that are **NOT** eligible for OUSD coverage include:

- Ex-spouse
- Parent
- Grandparent
- Aunt/uncle
- Cousin
- Sister/brother
- Girlfriend/boyfriend
- Grandchild
- Niece/nephew

Employees who resign will receive health benefit coverage through the end of the month in which they are in a paid status. Dependent coverage ends when the employee's coverage ends or the last day of the month in which the dependent is no longer eligible. Information related to the COBRA Continuation Coverage Rights will be mailed to the home address on file with Human Resources.

ENROLLMENT INFORMATION

When You Can Enroll

As an eligible employee, you may enroll in health benefits at the following times:

- Within **31 calendar days** of:
 - Your date of hire, or
 - Your regular work hours increasing to 6 hours or more per day for Classified Employees, or
 - Your full-time equivalent hours increasing to 50% or more for Certificated/Leadership Employees, or
 - A qualified change in family status as defined by the IRS—see “Changes to Enrollment” below for details
- During annual open enrollment.

New hires will receive an email with enrollment information. If you are adding dependents, start gathering the required documents.

Paying for Your Coverage

You and OUSD share in the cost of the Health and Welfare benefits you elect. Your contributions are deducted before taxes are withheld which saves you tax dollars. Paying for benefits before-tax means that your share of the costs is deducted before taxes are determined, resulting in more take-home pay for you. As a result, the IRS requires that your elections remain in effect for the entire year. You cannot drop or change coverage unless you experience a status change.

Changes to Enrollment

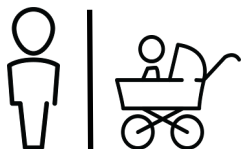
Open Enrollment is held during August of each year. During our annual open enrollment period, you may make new medical, dental, and vision benefit elections for the following October 1 effective date.

Qualifying Event

Once you make your benefit elections, you cannot change them throughout the year unless you experience a qualifying event as defined by the IRS. Examples include, but are not limited to:



Marriage, divorce, legal separation, or annulment



Birth, adoption, or death of a child or spouse



Qualified Medical Child Support Order (QMCSO)



Change in your dependent's eligibility status



Loss of coverage from another health plan



Change in your residence or workplace (if your benefit options change)



Loss of coverage through Medicaid or Children's Health Insurance Program (CHIP)



Eligibility for a federal or state premium assistance program under Medicare, Medicaid, or CHIP

Important!

Coverage for a new dependent is not automatic. If you experience a qualifying event, you have **31 days** to update your coverage. Please contact Risk Management immediately following a qualifying event to complete the appropriate election forms as needed. If you do not update your coverage within 30 days of the qualifying event, you must wait until the next annual open enrollment period to update your coverage.

BENEFIT CONTRIBUTIONS:

CERTIFICATED & LEADERSHIP EMPLOYEES

Certificated & Leadership Employees: Ten Monthly Contributions via Payroll Deduction

HMO Plans: Employee Contributions for Medical, Dental, Vision, and Life Insurance		
Anthem Blue Cross CA Care HMO	Anthem CA Care with Dental HMO	Anthem CA Care with Dental PPO
Single	\$203	\$242
Two-Party	\$387	\$466
Family	\$559	\$677
Anthem Blue Cross Select HMO	Anthem Select with Dental HMO	Anthem Select with Dental PPO
Single	\$134	\$174
Two-Party	\$245	\$325
Family	\$374	\$493
Anthem Blue Cross Vivity HMO	Anthem Vivity with Dental HMO	Anthem Vivity with Dental PPO
Single	\$134	\$174
Two-Party	\$246	\$326
Family	\$374	\$493
Kaiser Permanente HMO	Kaiser with Dental HMO	Kaiser with Dental PPO
Single	\$287	\$326
Two-Party	\$556	\$635
Family	\$766	\$885

PPO Plans: Employee Contributions for Medical, Dental, Vision, and Life Insurance		
Anthem Blue Cross High PPO	Anthem High (90/10) PPO Plan with Dental PPO	Anthem Low (80/20) PPO Plan with Dental PPO
Single	\$487	\$322
Two-Party	\$971	\$629
Family	\$1,339	\$891

BENEFIT CONTRIBUTIONS:

CLASSIFIED EMPLOYEES

Classified Employees: Ten Monthly Contributions via Payroll Deduction

HMO Plans: Employee Contributions for Medical, Dental, Vision, and Life Insurance		
Anthem Blue Cross CA Care HMO	Anthem CA Care with Dental HMO	Anthem CA Care with Dental PPO
Single	\$183	\$222
Two-Party	\$349	\$429
Family	\$516	\$635
Anthem Blue Cross Select HMO	Anthem Select with Dental HMO	Anthem Select with Dental PPO
Single	\$114	\$154
Two-Party	\$208	\$287
Family	\$331	\$450
Anthem Blue Cross Vivity HMO	Anthem Vivity with Dental HMO	Anthem Vivity with Dental PPO
Single	\$114	\$154
Two-Party	\$209	\$288
Family	\$331	\$450
Kaiser Permanente HMO	Kaiser with Dental HMO	Kaiser with Dental PPO
Single	\$267	\$306
Two-Party	\$518	\$598
Family	\$724	\$842

PPO Plans: Employee Contributions for Medical, Dental, Vision, and Life Insurance		
Anthem Blue Cross High PPO	Anthem High (90/10) PPO Plan with Dental HMO	Anthem Low (80/20) PPO Plan with Dental PPO
Single	\$467	\$301
Two-Party	\$934	\$592
Family	\$1,296	\$848

MEDICAL BENEFITS

Medical Plan Options

OUSD offers employees six medical plans to choose from through SISC. There are four HMO plans available through Kaiser Permanente and Anthem Blue Cross. There are also two PPO plans available through Anthem Blue Cross. Medical plan costs are shown on the previous page. Highlights of the medical plans follow. All health plans come with “healthy extras” which are described on pages 17 - 22.

Anthem Blue Cross HMO Plans

With the Anthem Blue Cross Health Maintenance Organization (HMO) plans, you must choose a Primary Care Physician (PCP) or medical group. Each HMO has a different provider network: CA Care (the largest network), Select (the second largest network) and Vivity (a narrow network with well known providers). Go to www.anthem.com/ca/sisc to find out which providers are available for each network.

All of your care must be directed through your PCP or medical group. Any specialty care you need will be coordinated through your PCP and will generally require a referral or authorization. You will receive benefits only if you use the doctors, clinics and hospitals that belong to the medical group in which you are enrolled, except in the case of an emergency.

Highlights of the Anthem Blue Cross HMO plan includes:

- To be eligible for these plans, you must reside in the Anthem Blue Cross of California HMO service area.
- There are no deductibles and no claim forms to file.
- You must select a PCP from the Anthem Blue Cross pre-approved list of healthcare providers.
- If you need specialist care, you'll need a referral from your PCP.
- Each family member may choose his or her own Anthem Blue Cross HMO network PCP.
- Non-network benefits are not covered.
- Prescription drug coverage is provided through Navitus.

[Click here for details on how to find an Anthem Provider](#)

Kaiser Permanente HMO Plan

With the Kaiser Health Maintenance Organization (HMO) plan, services must be obtained at a Kaiser facility. Kaiser integrates all elements of healthcare such as physicians, medical centers, pharmacy and administration in one convenient facility.

Highlights of the Kaiser Permanente HMO Plan include:

- To be eligible for this plan, you must reside in the Kaiser Southern California service area.
- There is no deductible and no claim forms to file.
- Services are only covered when you use Kaiser providers and facilities, except in the case of emergency.
- Kaiser offers the convenience of doctors, pharmacies and labs under one roof.
- Kaiser does not require that you choose a primary care physician until after you enroll in the plan.
- Kaiser offers online tools, so you can email your doctor's office, make appointments, refill prescriptions, and more.

Find an In-Network Kaiser HMO Medical Provider:

- **Kaiser Permanente:** Go to www.kaiserpermanente.org or call (800) 464-4000 to find a Kaiser Permanente provider near you.

MEDICAL BENEFITS

Anthem Blue Cross PPO Plans

You have the option of choosing between two Anthem Blue Cross Preferred Provider Organization (PPO) plans. With these plans, you have the freedom to choose your doctor without using a Primary Care Physician (PCP) and you may self-refer to specialists. You may use a PPO provider whose negotiated rates provide richer levels of benefits with claim forms filed by the providers. You have the option to obtain services using a non-network provider; however, you will be responsible for the difference between the covered amount and the actual charges and you may be responsible for filing claims.

Highlights of the Anthem Blue Cross PPO plans include:

- You are not required to select a PCP.
- As a PPO member, you may use a PPO provider outside of the PPO plan network, but you will pay more out-of-pocket and may be responsible for filing claims. If you visit a non-network provider or health care facility, the plan will pay benefits only up to the “allowed amount,” which is based on a limited fee schedule. You will have to pay any charges above the allowed amount (in addition to your regular co-insurance).
- Prescription drug coverage is provided through Navitus.

[Click here for details on how to find an Anthem Provider](#)



SISC Health Plan Perk: Teladoc Expert Medical Opinions

SISC offers a valuable expert second opinion service through Teladoc Expert Medical Opinions. The service is free, easy and 100% confidential. Get answers to your health care questions and take advantage of medical opinions from world-leading experts. For more information, visit teladoc.com/sisc or call (800) 835-2362.

MEDICAL BENEFITS:

HMO HIGHLIGHTS

	Anthem Blue Cross CA Care HMO	Anthem Blue Cross Select HMO	Anthem Blue Cross Vivity HMO	Kaiser Permanente HMO
	In-Network Only	In-Network Only	In-Network Only	In-Network Only
Network Size	****	***	*	***
Lifetime Maximum Benefit	Unlimited	Unlimited	Unlimited	Unlimited
Co-Insurance (Plan Pays)	100%	100%	100%	100%
Calendar Year Deductible	None	None	None	None
Calendar Year Out-of-Pocket Maximum				
- Individual	\$1,500	\$1,500	\$1,000	\$1,500
- Family	\$3,000	\$3,000	\$2,000	\$3,000
Covered Services	You Pay	You Pay	You Pay	You Pay
Office Visit	\$20	\$20	\$20	\$20
Telemedicine	\$0 through MDLive	\$0 through MDLive	\$0 through MDLive	No charge
Urgent Care	\$20	\$20	\$20	\$20
Preventive Care	No Charge	No Charge	No Charge	No Charge
X-Ray/Lab	No Charge	No Charge	No Charge	No Charge
Complex Imaging	\$100/Test	\$100/Test	\$100/Test	No Charge
Emergency Room Facility (waived if admitted)	\$100	\$100	\$200	\$100
Inpatient Hospital (Preauthorization Required; Limits May Apply)	\$200/Admit	\$200/Admit	No Charge	No Charge
Outpatient Hospital	\$100	\$100	No Charge	\$20
Outpatient Surgery	\$100	\$100	No Charge	\$20
Ambulance (Ground or Air)	\$100	\$100	\$100	\$50
Acupuncture / Chiropractic	\$10 30 Visits (Combined)	\$10 30 Visits (Combined)	\$10 30 Visits (Combined)	\$10 30 Visits (Combined)
Physical and Occupational Therapy	\$20	\$20	\$20	\$20
Prescription Drugs				
Separate Rx Calendar Year Out-of-Pocket Maximum	Individual: \$2,500 Family: \$3,500	Individual: \$2,500 Family: \$3,500	Individual: \$2,500 Family: \$3,500	Not applicable
Pharmacy Benefit Manager	Navitus	Navitus	Navitus	Kaiser
Retail Pharmacy	30 Days	30 Days	30 Days	30 Days
– Generic: Costco	No Charge	No Charge	No Charge	Not applicable
– Generic: Network Pharmacy **	\$9	\$9	\$9	\$10
– Brand	\$35	\$35	\$35	\$30
– Specialty	\$35 (Must Use Navitus Mail)	\$35 (Must Use Navitus Mail)	\$35 (Must Use Navitus Mail)	\$30
Mail Order	90 Days: Costco	90 Days: Costco	90 Days: Costco	100 Days
– Generic	\$0	\$0	\$0	\$20
– Brand	\$90	\$90	\$90	\$60

The Navitus network does **NOT include Walgreens.

MEDICAL BENEFITS:

PPO HIGHLIGHTS

	Anthem High (90/10) PPO	Anthem Low (80/20) PPO
	In-Network	In-Network
Lifetime Maximum Benefit	Unlimited	Unlimited
Co-Insurance (Plan Pays)	90%	80%
Calendar Year Deductible Individual / Family	\$500 / \$1,000	\$1,000 / \$2,000
Calendar Year Out-of-Pocket Maximum Individual / Family	\$1,000 / \$3,000	\$3,000 / \$6,000
Covered Services	You Pay	You Pay
Office Visit (No charge for first 3 visits)	\$20 after deductible	\$30 after deductible
Telemedicine	\$0 through MDLive	\$0 through MDLive
Urgent Care	\$20 after deductible	\$30 after deductible
Preventive Care	No Charge	No Charge
X-Ray/Lab	10% after deductible	20% after deductible
Complex Imaging	10% after deductible	20% after deductible
Emergency Room Facility	10% after deductible, plus \$100	20% after deductible, plus \$100
Inpatient Hospital (Preauthorization Required; Limits May Apply)	10% after deductible	20% after deductible
Outpatient Hospital	10% after deductible	20% after deductible
Outpatient Surgery	10% after deductible	20% after deductible
Ambulance (Ground or Air)	10% after deductible, plus \$100	20% after deductible, plus \$100
Acupuncture / Chiropractic	10% after deductible Uses ASH Network	20% after deductible Uses ASH Network
Physical and Occupational Therapy	20% after deductible	20% after deductible
Prescription Drugs	You Pay	You Pay
Separate Rx Calendar Year Out-of-Pocket Maximum	Individual: \$2,500 Family: \$3,500	Individual: \$2,500 Family: \$3,500
Pharmacy Benefit Manager	Navitus	Navitus
Retail Pharmacy	30 Days	30 Days
– Generic: Costco	No Charge	No Charge
– Generic: Network Pharmacy**	\$9	\$9
– Brand	\$35	\$35
– Specialty	\$35 (Must Use Navitus Mail)	\$35 (Must Use Navitus Mail)
Mail Order	90 Days: Costco	90 Days: Costco
– Generic	\$0	\$0
– Brand	\$90	\$90

** The Navitus network does **NOT** include Walgreens.

When using Out-of-Network PPO Providers, members are responsible for any difference between the maximum allowed amount and actual charges, as well as any deductible & percentage copay.

The plan may pay for the following services and supplies up to the maximum number of days or visits and/or dollar maximum shown. When using out-of-network providers, the plan will pay the lesser of the benefit maximum or the maximum allowed amount. If the maximum allowed amount is less than the listed benefit maximum, the plan will not exceed the maximum allowed amount. Likewise, if the listed benefit maximum is less than the maximum allowed amount, the plan will not exceed the listed benefit maximum.

Lab, X-ray, chiropractic, allergy testing, outpatient hospital, DME & rehabilitation services not covered out-of-network.

MENTAL WELLNESS BENEFITS

Mental Health Benefits Available through the OUSD HMO Plans

	Anthem Blue Cross CA Care HMO	Anthem Blue Cross Select HMO	Anthem Blue Cross Vivity HMO	Kaiser-HMO \$20 Co-pay
	In-Network Only	In-Network Only	In-Network	In-Network
Covered Services	You Pay	You Pay	You Pay	You Pay
Virtual Visits	No Charge	No Charge	No Charge	No Charge
Outpatient Visits	No Charge	No Charge	No Charge	\$20
Inpatient Visits	\$200	\$200	No Charge	No Charge

Mental Health Benefits Available through the OUSD PPO Plans

	Anthem Blue Cross High (90/10) Plan	Anthem Blue Cross Low (80/20) Plan
	In-Network	In-Network
Covered Services	You Pay	You Pay
Virtual Visits	No Charge	No Charge
Outpatient Visits	Ded, 10%	Ded, 20%
Inpatient Visits	Ded, 10%	Ded, 20%

Note: For the OUSD PPO plans, virtual visits are not covered out-of-network. If you access outpatient and inpatient visits out-of-network, you are responsible for any difference between the maximum allowed amount and actual charges, as well as any deductible & percentage copay.

[Click here for details on how to find an Anthem Provider](#)



MENTAL WELLNESS BENEFITS



Lincoln Financial Group Guidance Resources Employee Assistance Plan

Balancing life can sometimes be difficult. The Lincoln Financial Group Guidance Resources EAP is a free, confidential resource for you and the members of your household. The EAP provides support to help manage a wide range of issues and offers discounted referrals for professional services.

In-person and Virtual Face-to-Face Support

Some matters are best resolved by meeting with a professional in person. With EmployeeConnect, you and your family get in-person or virtual face-to-face help for short-term issues (up to five sessions with a counselor per person, per issue, per year).

You can also receive a free, 30-minute In-person or virtual consultation with network lawyers (one consultation per legal issue), and a 25% discount for subsequent consultations.

24/7 Life Support

You and your family can access the following services anytime—online, on the mobile app, or with a toll-free call:

- Information on and referrals for items such as child and elder care, pet care, vacation planning, moving, car buying, college planning, and more.
- Legal information and referrals for family law, estate planning, consumer and civil law.
- Financial guidance on household budgeting and short-and long-term planning.

EmployeeConnect

EmployeeConnect offers a wide range of information and resources you can research and access on your own. Expert advice and support tools are just a click away when you visit [GuidanceResources.com](https://www.guidanceresources.com) or download the GuidanceNow mobile app. You'll find:

- Articles and tutorials
- Videos
- Interactive tools, including financial calculators, budgeting worksheets, and more.

To access your Guidance Resources EAP, visit [GuidanceResources.com](https://www.guidanceresources.com) (Username: LFGSupport; Password: LFGSupport1) or call **888-628-4824**.

You can also find more Information here: District website->Departments ->BusinessServices ->RiskManagement -> HealthBenefits for plan information

MENTAL WELLNESS BENEFITS

Anthem Employee Assistance Program

OUSD provides employees and their household members with the Anthem Employee Assistance Program (EAP) through SISC. This program is available 24/7/365, is completely confidential, and provides significant support in a wide variety of areas.

Support and Counseling

The EAP provides confidential support in balancing a wide array of challenges in areas such as:

- Relationship difficulties
- Managing change and stress
- Legal and financial problems
- Marriage, family or parenting concerns
- And more

The EAP provides you with to 6 counselling sessions per issue per benefit year

Identity Monitoring and Theft Resolution

- Free identity monitoring and theft resolution services through IDnotify. The customer care team is available 24/7/365, with robust knowledge in both credit and non-credit restoration, with CTRMS (Certified Identity Theft Risk Management Specialist), FCRA, and FACTA certifications.
- Your IDnotify specialist will help you determine if an identity theft event has occurred and guide you through any necessary restoration activities.

Legal and Financial Resources

- **Legal Assist:** A library of articles on legal topics and issues
- **Legal Forms:** 100 legal forms for a variety of family and consumer situations
- **State Specific Legal Forms:** Advanced directives and instructions for each state
- **Estate Planning:** Articles and resources to address estate planning questions
- **Financial Calculators:** Will allow you to get answers and explore different options regarding home and personal financing, investing, and retirement
- **PocketSmith Discount:** PocketSmith Personal Financial Manager is an online tool that uses an innovative calendar-based approach to help employees quickly and easily manage their personal finances.

myStrength App

- Helps you learn to reduce stress, anxiety, depression or substance abuse
- Helps keep you motivated with engaging activities that help you learn new ideas

Seminars and Articles

- Online resources for a wide array of topics, including both a library of articles and on-demand seminars

Savings Center

- Discount shopping program that is provided through Perks At Work
- Discounts of up to 25% on name brand, practical, and luxury items

How to Access EAP Benefits

- Call **(800) 999-7222**
- Visit [anthemEAP.com](https://www.anthemEAP.com) (to log in, enter SISC as the program name).

HEALTHY EXTRAS:

ALL OUSD MEDICAL PLAN MEMBERS

All employees and enrolled family members receive the following benefits when enrolled in a OUSD medical plan (through SISC).

Telemedicine Benefits

Phone and/or video visits are an excellent option for convenient, accessible care when you don't need a doctor to see you in person. They are also a good choice when away from home or if you need short term prescription drug refills. OUSD provides telemedicine coverage with all medical plans.

Anthem Blue Cross Members: MDLIVE

MDLIVE gives you access to doctors 24/7 via phone or secure video for non-emergency medical conditions. The copay will be \$0 per visit starting 10/1/2025.

- MDLIVE doctors have 15 years experience practicing medicine on average.
- Pediatricians are on call.
- You can access behavioral health therapy and psychiatrist visits through MDLive
- Access MDLIVE at (888) 632-2738, visit mdlive.com/sisc or download the app from the App Store or Google Play

Kaiser Members: Phone and Video Visits

Log in to your Kaiser account at www.kp.org to make a free phone or video appointment with your doctor or call (800) 464-4000

- For phone visits, the doctor will call you at the time of the appointment
- For video visits, go to <https://mydoctor.kaiserpermanente.org/ncal/videovisit/#>, click Join your visit and log in
- There is no copay for phone or video visits

Common Conditions Treated With Telemedicine			
General Care			Pediatric Care
Allergies	Fever	Respiratory Infections	Cold & Flu
Asthma	Headache	Sinus Infections	Constipation
Bronchitis	Infections	Skin Infections	Ear Infections
Cold & Flu	Insect Bites	Sore Throat	Nausea
Diarrhea	Joint Aches	Urinary Tract Infections	Pink Eye
Ear Infections	Rashes	And More!	And More!

Nurse Support

OUSD provides 24/7/365 Nurse support with all medical plans at no cost to you. Nurses can help:

- Determine if you need to see a doctor either in-person or via telemedicine
- Recommend home health care when appropriate
- Get the answer to health questions for you and your family

Anthem Blue Cross: 24-Hour Nurse Helpline

Call (800) 700-9184 to speak to a registered nurse or to access the Anthem AudioHealth Library

Kaiser: Advice Nurse

Call (800) 464-4000 to speak to a Kaiser Advice Nurse at any time

HEALTHY EXTRAS:

ALL OUSD MEDICAL PLAN MEMBERS

All employees and enrolled family members receive the following benefits when enrolled in a OUSD medical plan (through SISC).

Teladoc Medical Experts (Second Opinion)

- A free, 100% confidential benefit available to all OUSD health plan members
- Access expert guidance. Connect with a physician who guides you through every step in the process and coordinates your review with a team of specialists and your existing physician
- Receive collaborative care. Our team of doctors works with you to develop and deliver a clear diagnosis and treatment plan that's right for you
- Start a case, Submit your request [online](#), in the Teladoc mobile app or by calling **(800) 835-2362**.

Health Smarts Program

- Free annual flu shot clinic
- Free, annual confidential health screening event for total cholesterol, HDL cholesterol, blood glucose, blood pressure and other key ratios—with each participant receiving a \$25 Amazon gift award code

Discounted Gym Memberships

Take advantage of low cost health and fitness support.

Anthem Blue Cross Members

Anthem members and their spouses can sign up for ASH Active & Fit for \$28 a month with no annual fees or long term contracts. Active & Fit offers 12,200+ gyms, 9,300+ on-demand videos, 1-1 well being coaching, and 20% - 70% discounts on \$5,700+ premium gym options.

For more information, call **(844) 646-2746** or visit www.anthem.com/ca/siss/health-wellness

Kaiser Members

Kaiser HMO members and their family members can choose a plan starting at just \$10 a month. There are no contracts and cancellation is easy. There are 19,000 gym locations and boutique studios with unlimited access to all locations within each selected tier.

One Pass Select Affinity offers 23,000+ on-demand and livestreamed fitness classes through web, app, and TV, plus an AI workout builder tool.

To learn more, call **(877) 515-9364** or visit healthy.kaiserpermanente.org/health-wellness/fitness-offerings



HEALTHY EXTRAS:

KAISER PERMANENTE HMO PLAN MEMBERS



Kaiser Permanente HMO members receive the following benefits through SISC.

Healthy Lifestyle Programs

You have access to an array of free programs designed to support you in cultivating good health, fitness and well being.

To learn more and/or join any of them, go to kp.org/healthylifestyles.

Healthy Lifestyle Programs for Chronic Conditions

These programs are designed to support people living with chronic conditions or health issues. Go to kp.org/healthylifestyles to join them.

- **Care for Diabetes:** Receive support in managing diabetes to help you lead a healthier, more satisfying life.
- **Care for Your Health:** A customized plan to help you handle medications and treatments, and deal with daily challenges
- **Care for Pain:** A personalized pain management plan can help you enjoy life to the fullest while dealing effectively with your chronic pain.

Wellness Coaching

Partner with a wellness coach (available in both English and Spanish) at no cost to you. Programs are available to help you:

- Manage your weight
- Quit tobacco
- Reduce stress
- Increase activity
- Eat healthier

Call **(866) 862-4295** to get started.

HEALTHY EXTRAS:

KAISER PERMANENTE HMO MEMBERS

Kaiser Permanente HMO members receive the following benefits through SISC.

Mental Wellbeing and Wellness Apps

Kaiser Permanente offers two apps to help support your mental/emotional wellbeing at <https://kp.org/selfcareapps>.

- **Calm** is the #1 app for meditation, mental resilience, and sleep — designed to help lower stress, reduce anxiety, and more. Kaiser Permanente members can access all the great features of Calm at no cost, including:
 - The Daily Calm, exploring a fresh mindful theme each day
 - More than 100 guided meditations
 - Sleep Stories to soothe you into deeper and better sleep
 - Video lessons on mindful movement and gentle stretching
 - **Headspace Care** (formerly Ginger) is available to all Kaiser members at no cost for up to 90 days. The Headspace Care app offers immediate 1 on 1 support for coping with many common challenges such anxiety, stress, low mood, issues with work or relationships and more. With Ginger, you can:
 - Text with a coach anytime, anywhere, 24/7
 - Discuss goals, share challenges, and create an action plan with your coach
 - Get personalized, interactive skill-building tools from a library of more than 200 activities
 - View recaps from each texting session, track progress, and work with your coach to adjust your action plans
-



HEALTHY EXTRAS:

ANTHEM BLUE CROSS HMO & PPO MEMBERS



Anthem Blue Cross HMO & PPO members receive the following benefits through SISC.

Free Generic Prescriptions at Costco

- Anthem plan members can receive free generic medications at Costco in addition to standard Costco discount pricing on other prescription drugs (narcotics, pain relievers and cough syrup with pain reliever are not eligible for the free generic medication offer)
- 90 day supplies of free generic medications are available through the Costco mail order program
- Costco membership is not required

Condition Care

- Free support to better understand and manage specific chronic health conditions and improve your overall quality of life
- Current, accurate data about Asthma, Diabetes, Congestive Heart Failure (CHF), Coronary Artery Disease (CAD) and Chronic Obstructive Pulmonary Disease (COPD) plus education to help you better manage and monitor your condition. ConditionCare also provides depression screening

Time Well Spent

Anthem provides you with a large variety of wellness resources, designed to help you be healthier and more productive. To access Time Well Spent, visit <https://timewellspent-ca.anthem.com>

Anthem Blue Cross Discounts

- Anthem offers discounts on a wide array of different kinds of services and products
- Explore the many discounts available by logging into www.anthem.com/ca and selecting **Discounts**

Personal Health Coaching App—Vida Health

- Get one-on-one health coaching, therapy, digital programs and other tools and resources via online or mobile access. The program helps prevent, manage or reverse conditions such as pre-diabetes, diabetes, hypertension, obesity, depression, anxiety, etc.
- To access call **(855) 442-5885** or visit <https://vida.com/sisc>

HEALTHY EXTRAS:

ANTHEM BLUE CROSS PPO MEMBERS

Anthem Blue Cross HMO & PPO members receive the following benefits through SISC.

Enhanced Cancer Benefit—Lantern Cancer Care

(Anthem Blue Cross PPO members only)

- Get help from a personal oncology nurse who can partner with you on every step of your cancer journey. You will receive a review of your initial diagnosis, a care plan, and support.
- To access, go to <https://lanterncares.com/>.

Physical Therapy for Back or Joint Paid—Hinge Health

(Anthem Blue Cross PPO members only)

- Get access to free wearable sensors and monitoring devices, unlimited one-on-one coaching and personalized exercise therapy.
- To access call (855) 902-2777 or visit <https://hingehealth.com/sisc>.

24/7 Access to Virtual Maternity & Postpartum Support—Maven

(Anthem Blue Cross PPO members only)

- Consult with a care advocate who connect you with trustworthy content delivered by doctors, specialists coaches and other maternity providers to help deal with pregnancy and postpartum concerns.
- To access a Maven visit <https://mavenclinic.com/join/sisc>.

Hip, Knee, and Spine Surgical Benefits—Carrum Health

(Anthem Blue Cross PPO Members Only)

Carrum Health is a special surgery benefit that provides exclusive access to “Centers of Excellence.” These hospitals and doctors provide for an improved patient experience and top quality, more affordable care. Eligible procedures include; hip replacement, knee replacement, cervical spinal fusion and lumbar spinal fusion. **This benefit is exclusive to Scripps Hospital and must be accessed through Carrum Health. This is only for PPO plans.**

- Access top-quality surgeons at Scripps with no out-of-pocket cost through Carrum Health.
- All medical bills, including deductibles, coinsurance and even travel expenses are covered.
- To learn more, call Carrum Health at (888) 855-7806.

Expert Menopausal Relief Telehealth—Midi

(Anthem Blue Cross PPO members only)

- Midi's expert clinicians can help you find safe, effective solutions for a wide range of menopause related symptoms. They help you get any needed lab tests and create a personalized care plan.
- To access go to www.joinmidi.com/sisc.

Free diabetes prevention—Lark Diabetes Prevention Program

- Learn if you're at risk for prediabetes, and if needed, take steps to address it. You'll receive access to a coach, a wireless scale, and a personal activity tracker.
- To access go to www.lark.com/anthemBC.

Support With Helping Find an In-Network Therapist—Rula

- Rula helps you find and book in-network therapy appointments online based on your therapy preferences.
- To access, call (323) 676- 7360 or go to <https://rula.com/SISC>.

TIPS ON GETTING THE MOST FROM YOUR HEALTH BENEFITS

1 Ask Questions

If you are having a procedure or planning an upcoming procedure, make sure you know how the procedure will be covered and what your out-of-pocket cost will be, if any.

2 Utilize your Free Preventive Care Benefits to Stay Healthy

Preventive care benefits are covered at no charge to you (in-network only for the PPO plan). Regular preventive care can reduce the risk of disease, detect health problems early, protect you from higher costs down the road, and most importantly... potentially save your life! Take advantage of these no cost benefits now to hopefully avoid major illnesses and costs in the future.

3 Get the Right Health Care and Save Money

Choosing the right care for your medical situation will help save you money out-of-pocket:

- **Doctor's Office Visit:** This is the best choice for non-urgent medical issues that need to be seen in person.
- **Urgent Care:** This is the best choice for non-life threatening medical issues that require immediate care when you can't get an appointment for a Doctor's Office Visit.
- **Emergency Room:** You should use the Emergency Room for life threatening emergencies, or for other issues that

4 Use Generic Drugs When Available

The best way to save on prescriptions is to use generic medications as opposed to brand name drugs. When you use generic medications, you will pay the lowest copay.

Generic drug companies do not have to develop a medication from scratch, so the costs are significantly less to bring the drug to the market. Once a generic medication is approved, several companies can produce and sell the drug. This competition helps lower prices. In addition, many generic drugs are well-established, frequently used medications that do not require expensive advertising.

Generic drugs must use the same active ingredients as the brand name version of the drug. A generic drug must also meet the same quality and safety standards.

5 Use the Mail-Order Prescription Drug Benefit for Maintenance Medications

If you take medications on a long term basis, the mail order prescription drug benefit can save you money. As a Kaiser Permanente or Anthem Blue Cross member, you will receive discounts when you purchase maintenance medications through the mail-order pharmacy. In addition, your medications will be delivered to your home.

Medical Plan Terms Video

Medical plan terms, such as deductibles, copays, coinsurance and out-of-pocket maximums, can sometimes be confusing. For a quick video that shows how these work, visit <https://info.baldwin.com/terms/>.

Summary of Benefits and Coverage (SBC)

Health insurance issuers and group health plans are required to provide you with an easy-to-understand summary about your health plan's benefits and coverage. This regulation is designed to help you better understand and evaluate your health insurance choices. Summaries of Benefits and Coverage are available from Human Resources.

DENTAL BENEFITS

OUSD offers two dental plans to choose from.

Delta Dental DPPO

- This plan offers you the freedom and flexibility to use the dentist of your choice.
- You will maximize your benefits and reduce your out-of-pocket costs if you choose a dentist who participates in the Delta Dental network.
- If you obtain services using an out-of-network dentist, you are responsible for paying the difference between the covered amount and the actual charges, and you may be responsible for filing claims.

DeltaCare DHMO

- With the DeltaCare Dental Health Maintenance Organization (DHMO) plan, you must choose a general dentist within the network.
- All of your care, such as routine check-ups and emergency situations, must be provided by your general dentist. If specialty care is needed, your general dentist will provide the necessary referral.
- For covered procedures, you'll pay the pre-set copay or coinsurance fee described in your DHMO plan booklet.

	DeltaCare USA DHMO	Delta Dental PPO	
	In-Network Only	In-Network	Out-of-Network ¹
Network Name	DeltaCare USA	Delta Dental	N/A
Cost Factors			
Calendar Year Maximum Benefit	None	\$1,400/person	\$1,000/person
Annual Deductible			
– Individual	\$0	\$60	
– Family	\$0	\$180	
Dental Services	You Pay	You Pay	
Diagnostic and Preventive Services	No Charge for Most Services	Plan pays 100% with no deductible	Plan pays 80% with no deductible
– Exam, Cleaning, X-rays			
Basic Services			
– Fillings, posterior composites	Various copays apply	Plan pays 80%	Plan pays 80% of R&C*
– Oral Surgery			
– Endodontics			
– Periodontics			
Major Services			
– Crowns, Inlays/Onlays,	Various copays apply Implants: Not covered	Plan pays 80% Implants: \$1,000 max/year	Plan pays 80% of R&C* Implants: \$1,000 max/year
– Cast restorations			
– Dentures and Bridgework, Implants			
Orthodontia	\$270 start-up fee		
– Child (to age 19)	\$1,700 Copay	Plan pays 50% / \$2,000 Lifetime Benefit Maximum	Plan pays 50% / \$2,000 Lifetime Benefit Maximum
– Adult	\$1,900 Copay		

1 Out-of-network dentist have not agreed to in-network pricing and may bill you for the difference between what Delta Dental pays them and what the dentist usually charges.

* R&C is the reasonable and customary charge—the usual charge for specific services in the geographic area where you are treated.

Find an In-Network Dental Provider:

Go to www.deltadentalins.com, or call 888-335-8227 (PPO) to find a Delta Dental network provider near you.

VISION BENEFITS

Vision Service Plan

OUSD provides employees with vision coverage through Vision Service Plan (VSP).

- VSP provides professional vision care and high quality lenses and frames through a broad network of optical specialists
- You will receive greater benefits if you utilize a network provider
- If you utilize an out-of-network provider, you will be responsible for paying all charges at the time of your appointment and will be required to file an itemized claim with VSP

	VSP Vision Plan	
	In-Network	Out-of-Network
Vision Care	You Pay	You Pay
Exam (Once Every 12 Months)	\$25	Amount over \$50 allowance
Retinal Screening (as part of exam)	\$39	Not covered
Eyeglasses (In Lieu of Contact Lenses)	You Pay	You Pay
Frames (Once Every 12 Months)	Amount over \$130 allowance (\$150 allowance for featured brands); 20% discount on costs above allowance	Amount over \$70 allowance
Lenses (Once Every 12 Months)	No charge No charge No charge No charge	Amount over \$50 allowance Amount over \$75 allowance Amount over \$100 allowance Amount over \$75 allowance
– Single Vision		
– Lined Bifocals		
– Lined Trifocals		
– Standard Progressive		
Contact Lenses (In lieu of Eyeglasses)	You Pay	You Pay
Contact Lenses (Once Every 12 Months)	Amount over \$130 allowance	Amount over \$105 allowance
Exam (Fitting and Evaluation)	You receive 15% discount	Full amount
Discounts	In-Network Only	
Eyeglasses/Sunglasses	Extra \$20 on featured frame brands; 30% savings on additional eyeglasses/sunglasses within 12 months of last exam	
Laser Vision Correction	15% average discount or 5% off promotional price	

Finding an In-Network Vision Provider:

- To find in-network providers, visit www.vsp.com and search the **VSP Signature** provider network or call **800-877-7195**



TAX SAVINGS BENEFITS

Flexible Spending Accounts

The FSA plans, offered through American Fidelity allow you to set aside money before taxes are deducted to pay for certain health and dependent care expenses, lowering your taxable income and increasing your take home pay. Only expenses for services incurred during the plan year are eligible for reimbursement from your accounts.

FSA plan highlights include:

- Your contributions will be in effect for the entire plan year. Employees cannot stop or change your Health Care FSA contributions during the plan year, and changes to the Dependent Care FSA are only allowed if you have a qualified status change, such as marriage, divorce, or birth or adoption of a child.
- Money cannot be transferred between the Health Care and Dependent Care FSA.
- A new enrollment is required each year, even if you do not plan to change the amount(s) set aside. You must re-enroll each year during Open Enrollment.

Note:

Please remember that you must save your receipts, just in case American Fidelity needs a copy for verification. Also, all receipts should be itemized to reflect what product or service was purchased. Credit card receipts are not sufficient per IRS guidelines. For additional information, call **800-662-1113** or go to www.americanfidelity.com.

Health Care Flexible Spending Account

This plan is used to pay for expenses not covered under your health plans, such as deductibles, coinsurance, copays and expenses that exceed plan limits. You can also use it to pay for over-the-counter medicines, menstrual supplies, and COVID-19 PPE. Employees may defer up to \$3,300 pre-tax per year.

Health Care Dependent Care Assistance Plan

This plan is used to pay for eligible expenses you incur for child care, or for the care of a disabled dependent, while you work. Employees may defer up to \$5,000 pre-tax per year (\$2,500 if you are married and file a separate tax return). Your total Dependent Assistance Plan election amount is deducted from your paycheck in equal amounts throughout the year. **Please note you can only seek reimbursement from your Dependent Care Assistance plans from the funds in your account at the time you submit your claim.**

Flexible Spending Account Rules

- You must designate how much money you wish to contribute annually to each account at the beginning of the Plan Year. Money set aside for one account cannot be moved to another account.
- You may change your annual contributions only if you experience a qualifying “change in family status,” such as marriage, divorce, addition or loss of a dependent or a change in your spouse’s employment.
- The Healthcare FSA features a carryover provision. If you have not used all your funds by December 31st, you may be able to carry over up to \$660 of unused Healthcare FSA contributions to the next plan year.
- It is important to carefully review your estimated expenses before enrolling. Unspent funds over the maximum carry over of \$660 remaining in the FSAs after December 31st will be forfeited – referred to as the “Use It or Lose It Rule.”

FSA Video

Learn more about how an FSA can help you save money with this quick video: <https://info.baldwin.com/fsa/>.

FINANCIAL PROTECTION BENEFITS

Lincoln Financial Group Basic Life and Accident Insurance

OUSD gives you the ability to financially protect your family/beneficiaries with Life and Accidental Death & Dismemberment (AD&D) insurance.

- Life insurance provides a tax-free cash payout to your beneficiaries in the event of your death.
- AD&D insurance provides an additional benefit equal to your life insurance if your death is caused by a covered accident. You can also receive a portion of your AD&D benefit if you experience dismemberment caused by a covered accident.

Eligible employees receive coverage through Lincoln Financial Group in the amount of \$50,000. You have the option to cover your spouse for \$1,500 and your child(ren) for \$1,500 (age 8 days – 6 months: \$100). Coverage amounts begin to reduce at age 70 and benefits terminate at retirement. See the plan certificate for details.

Your Basic Life and Accident insurance includes two added value benefits:

- LifeKeys, which provides access to counseling, financial, and legal support. To access your LifeKeys services, visit [GuidanceResources.com](https://www.guidanceresources.com), download the GuidanceNow mobile app, or call (855) 891-3684. (First-time users, enter Web ID LifeKeys)
- TravelConnect services, which give you and your family access to emergency medical assistance when you're on a trip 100+ miles from home. To learn more about TravelConnect, go to www.MyOnCallPortal.com and enter Group ID: **LFGTravel123**.

Important Facts About Beneficiaries

Beneficiaries are individuals or entities that you select to receive benefits from your policy. If you do not have a beneficiary, benefits are paid to your estate. Here's what you need to know about beneficiaries:

- You can change your beneficiary designation at any time
- You may designate a sole beneficiary or multiple beneficiaries to receive payment in the percentage(s) allocated
- To select or change your Life Insurance beneficiary, contact Insurance, Business Services



RESOURCES AND CONTACTS

Below is a list of insurance carrier contacts should you require assistance with your benefit questions following open enrollment. If you are unable to resolve your issues or questions with the insurance carriers, please contact the Risk Management Department at (714) 628-5390 or riskmanagment@orangeusd.org.

How to Navigate the SISC Website for Specific Carrier Information

- Go to <https://sisc.kern.org>
- Select **Health Benefits**
- Select **Member Resources**
- Select the **Logo** of the **Insurance Carrier/Vendor**

Benefit Plan	Phone	Website
Medical, Prescription Drug, and Mental Health Benefits		
Kaiser Permanente HMO	(800) 464-4000	www.kp.org/sisc
Kaiser Chiropractic/Acupuncture provided by American Specialty Health (ASH)	(800) 678-9133	www.ashlink.com/ash/kp
Anthem Blue Cross Health Plans	(800) 825-5541	Www.anthem.com/ca/sisc
Navitus Prescription Drugs (For Anthem Blue Cross Plans)	(866) 333-2757	www.navitus.com
MDLive	(888) 632-2738	mdlive.com/sisc
SISC: Teladoc Expert Medical Opinions	(800) 835-2362	teladoc.com/sisc
Lincoln Financial Group Guidance Resources Employee Assistance Program	(888) 628-4824	GuidanceResources.com (Username: LFGSupport; Password: LFGSupport1)
Anthem Employee Assistance Program	(800) 999-7222	www.anthem.eap.com Password: SISC
Dental Benefits		
Deltacare DHMO	(888) 335-8227	www.deltadentalins.com
Delta Dental PPO		
Vision Benefits		
Vision Service Plan (VSP)	(800) 877-7195	www.vsp.com
Tax Savings Benefits		
American Fidelity Flexible Spending Accounts	(800) 365-9180	https://enroll.americanfidelity.com/7E5AD8D7
Financial Wellness Benefits		
Lincoln Financial Group Basic Life and Accident Insurance	(800) 423-2765	www.lincolnfinancial.com

The Benefit Advocate Helpline:

(800) 391-6812 or ousd.advocate@baldwin.com

The Benefits Advocate toll-free customer service helpline can provide assistance with insurance related issues when you are unable to resolve them directly with the insurance carriers. With the Benefits Advocate helpline, you will receive fast, skilled assistance with Medical, Dental and Vision provider issues, referral assistance, and claims management.

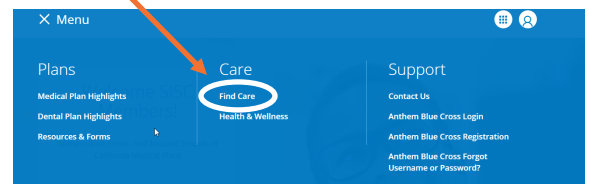
HOW TO FIND AN ANTHEM PROVIDER

How to Locate an Anthem Medical or Mental Health Provider

Looking for an Anthem Provider?

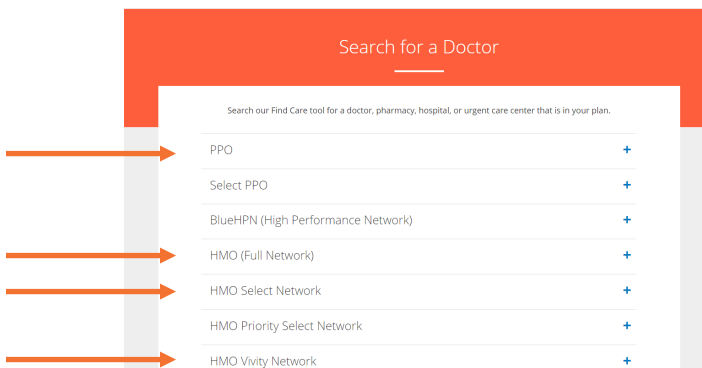
It's easy to find an Anthem medical or behavioral health provider, a facility, lab, etc. To start, go to anthem.com/ca/sisc.

1. Go to **Menu** on top left corner of web page and choose **Find Care**

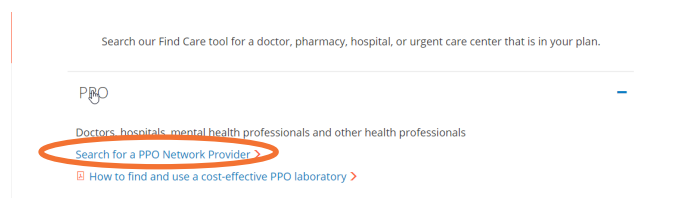


2. Choose the network for your Anthem health plan:

- PPO
- HMO (Full Network)
- HMO Select Network
- HMO Vivity Network

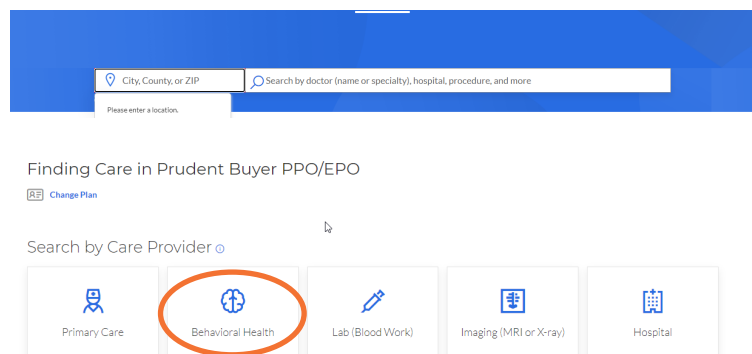


3. Search for provider by selecting the name of the network. Here is an example of what it looks like when you select PPO:



4. Enter your zip code and select the type of provider you wish to locate.

For mental health services, click on **Behavioral Health**



IMPORTANT INFORMATION

The Affordable Care Act and You

Even though the Affordable Care Act (ACA)'s penalty for not having health coverage (known as the individual mandate) has been reduced to zero, if you are a taxpayer in California, you will still be required to have health coverage (unless you qualify for an exemption) or pay a penalty for the 2025 tax year. In addition, several other states, including Massachusetts, New Jersey, and Vermont, as well as the District of Columbia, have reinstated an individual mandate requirement, and others are considering doing so. You may consider these options below to satisfy this requirement:

- Enroll in a medical plan offered by OUSD or another group medical plan meeting the requirements for minimum essential coverage;
- Purchase coverage through a health insurance marketplace;
- Enroll in coverage through a government-sponsored program if eligible.

However, if you choose to purchase coverage through the marketplace, because OUSD's medical plans are considered affordable and meet minimum value under the Affordable Care Act, you may not be eligible for a subsidy, and you may not see lower premiums or out-of-pocket costs through the marketplace. In addition, employer contributions to your medical benefits will be lost and your portion of medical premiums will no longer be paid via payroll deductions on a pre-tax basis

For more information, go to www.healthcare.gov.

Annual Notices

ERISA and various other state and federal laws require that employers provide disclosure and annual notices to their plan participants. OUSD will distribute all federally required annual notices upon hire and during each annual open enrollment period. Annual notices will also be posted on our website for you to download and read at your convenience.

Annual notices include:

- **Medicare Part D Notice of Creditable Coverage:** Plans are required to provide each covered participant and dependent a Certificate of Creditable Coverage to qualify for enrollment in Medicare Part D prescription drug coverage when qualified without a penalty. This notice also provides a written procedure for individuals to request and receive Certificates of Creditable Coverage.
- **HIPAA Notice of Privacy Practices:** This notice is intended to inform employees of the privacy practices followed by OUSD's group health plan. It also explains the federal privacy rights afforded to you and the members of your family as plan participants covered under a group plan.
- **Women's Health and Cancer Rights Act (WHCRA):** The Women's Health and Cancer Rights Act (WHCRA) contains important protections for breast cancer patients who choose breast reconstruction with a mastectomy. The U.S. Departments of Labor and Health and Human Services are in charge of this act of law which applies to group health plans if the plans or coverage provide medical and surgical benefits for a mastectomy.
- **Newborns' and Mothers' Health Protection Act:** The Newborns' and Mothers' Health Protection Act of 1996 (NMHPA) affects the amount of time a mother and her newborn child are covered for a hospital stay following childbirth.
- **Special Enrollment Rights:** Plan participants are entitled to certain special enrollment rights outside of OUSD's open enrollment period. This notice provides information on special enrollment periods for loss of prior coverage or the addition of a new dependent.
- **Medicaid & Children's Health Insurance Program:** Some states offer premium assistance programs for those who are eligible for health coverage from their employers, but are unable to afford the premiums. This notice provides information on how to determine if your state offers a premium assistance program.
- **Summary of Benefits and Coverage (SBC):** Health insurance issuers and group health plans are required to provide you with an easy-to-understand summary about your health plan's benefits and coverage. The new regulation is designed to help you better understand and evaluate your health insurance choices.

IMPORTANT INFORMATION

Summary of Benefits and Coverage (SBC)

Health insurance issuers and group health plans are required to provide you with an easy-to-understand summary about your health plan's benefits and coverage. This regulation is designed to help you better understand and evaluate your health insurance choices. Summaries of Benefits and Coverage are available from Human Resources.

Domestic Partnerships –State Taxes vs. Federal Taxes

Under California state law, pre-tax dollars can be used to purchase health or dental coverage for a domestic partner and/or their dependents, if your domestic partnership meets eligibility requirements and is registered with the State of California. You must provide a copy of the approved State certificate to receive this tax benefit. The amount OUSD pays toward coverage cost will be excluded from your reported state income.

Under federal tax law, pre-tax dollars cannot be used to purchase benefits for a domestic partner or their children. Unless your partner and the partner's children meet an exception, you pay your share of the coverage cost with after-tax dollars. The amount OUSD pays toward the cost of your domestic partner's coverage will be taxable as regular income on your paycheck.

If you are enrolling a Domestic Partner and/or their dependents, the amount that OUSD pays to cover your domestic partner and/or their eligible dependents must be reported as additional federal taxable income. You will be provided with additional documentation that illustrates the dollar value of that coverage.



NOTES

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

NOTES

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

NOTES

[illegible]

Plan Arranged By:



2211 Michelson Drive, Suite 1200, Irvine, CA 92612 / Telephone: (949) 833-2983 / Fax: (949) 833-9549

Learn more at www.baldwin.com

This Employee Benefits Guide provides an overview of some of your benefit plan choices. It is for informational purposes only. It is not intended to be an agreement for continued employment. Neither is it a legal plan document. If there is a disagreement between this guide and the plan documents, the plan documents will govern.

In addition, the plans described in this guide are subject to change without notice. Continuation of any benefit plan or coverage is at the company's discretion and in accordance with federal and state laws. If you need additional information or have any questions about the benefits program, please contact the Human Resources Department.