



# February 2026



## Council Rock Breakfast Menu

- A Program meal must include food from at least 3 food groups. 1 item must be ½ cup of fresh fruit, or 100% fruit juice to follow USDA guidelines for the NSBP.
- Milk Options:** 1% Low-fat Milk, Chocolate Fat-Free Milk
- Available Daily:** Strawberry & Banana Yogurt, String Cheese, Crackers, Fresh and/or cupped fruit. Variety of assorted 100% fruit juices
- V:** Lacto-ovo Vegetarian. May contain milk and/or eggs.
- WG:** Whole Grain rich.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>2</b></p> <p>Chocolate Chip Breakfast Round (V, WG)</p> <p>Cocoa Puffs Cereal (V, WG)</p> <p>Apple Slices</p>	<p><b>3</b></p> <p>Confetti Snack'n Waffles (V, WG)</p> <p>Lucky Charms Cereal (V, WG)</p> <p>Fresh Fruit or 100% Fruit Juice</p>	<p><b>4</b></p> <p>Blueberry Yogurt Parfait w/ Vanilla Goldfish (V, WG)</p> <p>Fudge Pop-Tart (V, WG)</p> <p>Applesauce</p>	<p><b>5</b></p> <p>Turkey Pancake Wrap (WG)</p> <p>Blueberry Nutri-Grain Bar (V, WG)</p> <p>Fresh Fruit or 100% Fruit Juice</p>	<p><b>6</b></p> <p>Apple Frudel (V, WG)</p> <p>Cheerios Cereal (V, WG)</p> <p>Banana</p>
<p><b>9</b></p> <p>Trix French Toast (V, WG)</p> <p>Lucky Charms Cereal (V, WG)</p> <p>Apple Slices</p>	<p><b>10</b></p> <p>Strawberry Banana Yogurt w/ Cinnamon Bug Bites (V, WG)</p> <p>Cheerios Cereal (V, WG)</p> <p>Fresh Fruit or 100% Fruit Juice</p>	<p><b>11</b></p> <p>Egg &amp; Cheese Bagel (V, WG)</p> <p>Strawberry Pop-Tart (V, WG)</p> <p>Applesauce</p>	<p><b>12</b></p> <p>French Toast Sticks (V, WG)</p> <p>Blueberry Nutri-Grain Bar (V, WG)</p> <p>Fresh Fruit or 100% Fruit Juice</p>	<p><b>13</b></p> <p>CLOSED</p>
<p><b>16</b></p> <p>CLOSED</p>	<p><b>17</b></p> <p>Confetti Mini Pancakes (V, WG)</p> <p>Cocoa Puffs Cereal (V, WG)</p> <p>Fresh Fruit or 100% Fruit Juice</p>	<p><b>18</b></p> <p>Powdered Sugar Donut (V, WG)</p> <p>Fudge Pop-Tart (V, WG)</p> <p>Applesauce</p>	<p><b>19</b></p> <p>Cinnamon Toast Crunch Cereal Bar (V, WG)</p> <p>Blueberry Nutri-Grain Bar (V, WG)</p> <p>Fresh Fruit or 100% Fruit Juice</p>	<p><b>20</b></p> <p>Double Chocolate Chip Muffin (V, WG)</p> <p>Cheerios Cereal (V, WG)</p> <p>Banana</p>
<p><b>23</b></p> <p>Eggo Maple Mini Pancakes (V, WG)</p> <p>Cinnamon Toast Crunch Cereal (V, WG)</p> <p>Apple Slices</p>	<p><b>24</b></p> <p>Mini Cinnis (V, WG)</p> <p>Cocoa Puffs Cereal (V, WG)</p> <p>Fresh Fruit or 100% Fruit Juice</p>	<p><b>25</b></p> <p>Cocoa Powdered Sugar Donut Holes (V, WG)</p> <p>Strawberry Pop-Tart (V, WG)</p> <p>Applesauce</p>	<p><b>26</b></p> <p>Egg &amp; Cheese Pancake Melt (V, WG)</p> <p>Blueberry Nutri-Grain Bar (V, WG)</p> <p>Fresh Fruit or 100% Fruit Juice</p>	<p><b>27</b></p> <p>Vanilla Yogurt w/Chocolate Scooby Snacks (V, WG)</p> <p>Cheerios Cereal (V, WG)</p> <p>Banana</p>

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To See our Gluten-Free Menu Scan Here

