



CITIZEN

Middle School

Journey Day

February 13, 2026

At Mason City Schools, we believe each Comet is on a journey to discover their **purpose and potential**. This Journey Day invites students to step into the role of active **CITIZENS**, using their **time, talents, and compassion** to positively **impact** their community, family, and world. This Journey Day emphasizes **service, empathy, and connection**. Whether it's writing letters of gratitude, solving a local problem, or contributing to a community project, students discover the power of contribution.

Aligned to our Portrait of a Comet, this day reinforces:

- **Making Meaningful Contributions** – Students see how their actions—small or large—can create ripples of change.
- **Building Relationships that Matter** – Students collaborate with others to make a positive impact.
- **Your Story Matters** – Students learn that their identity, experiences, and passions can be used in service to others.
- **Owning the Moment** – Students take responsibility for being present and purposeful with their gifts.

Missions

Required

Log in to Clever and go to SchoolLinks to complete your mission!

- Complete the "Social Emotional Learning Assessment" (10 min)

Use [the handout provided in Crew](#) to help you think through your results and complete the Social Awareness Learning Unit

- Complete the Social Awareness Learning Unit - all modules (30 minutes) - you need your headphones!

Quests

Optional

Quests are special Journey Day experiences offered by community partners. These optional experiences reflect our belief that growing citizens begins in a Connected CommUNITY. Quests help students see how their gifts and interests can make an impact beyond the classroom, while building relationships with those who support and inspire them.

Visit [Quests - Mason City School District](#) to sign up for CommUNITY Quests!

DEADLINE TO SIGN UP FOR QUESTS IS 2/6/26

Expeditions

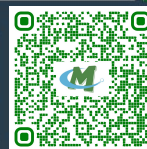
Optional

Check out the new [Choice Board](#)! activities that you can choose to do if you want to! It's a wonderful way to learn new things and practice skills you're already good at.

Use the [handout provided in Crew](#) to help you plan your Expedition!

Be prepared to share your learning in Crew!






Use code to access additional information and sign up links



MODIFIED JOURNEY DAY EXPEDITION CHOICE BOARD

On each Journey Day, choose activities from your choice board that help you practice **Portrait of a Comet** skills.

Mark or fill in each square as you go so that you can share with your classmates!

 <p>Adaptability</p>	 <p>Critical Thinking</p>	 <p>Integrity</p>	 <p>Communication</p>	 <p>Empathy</p>
<p>Draw a picture of yourself trying something new</p>	<p>Sort the groceries and help put them away in the correct place</p>	<p>SCHOOL Choice Activity!</p>	<p>Order your own lunch or dinner at a restaurant</p>	<p>Complete a job around the house for someone who needs help</p>
<p>Listen to new music or make up a new dance to your favorite song</p>	<p>Put a new puzzle together</p>	<p>Pick up your room without being asked</p>	<p>Practice introducing yourself to family members or friends</p>	<p>Choice Activity!</p>
<p>Try a new food or activity</p>	<p>Help with cooking for lunch or dinner</p>	<p>Clean off the table after dinner</p>	<p>Choice Activity!</p>	<p>Write a kind note or draw a picture to share with someone</p>
<p>Choice Activity!</p>	<p>Complete an art project with something at home (beads, macaroni, paint, etc.)</p>	<p>Help take care of a pet or do something kind for a family member</p>	<p>Call or FaceTime a family member or a close friend</p>	<p>Get help with creating a sensory bin to use when you feel upset</p>
<p>Practice paying for groceries at the grocery store</p>	<p>Choice Activity!</p>	<p>Put away your own laundry</p>	<p>Take turns when playing a game with someone you know</p>	<p>Help someone without being asked</p>

