

**Gettysburg Area School District
Vida Charter School**

**February 2026
Breakfast Carb Counts**

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2/2 1.WG French Toast Sticks 29.25 2.Pancake Puffs 37</p> <p>Sides: Chilled Fruit 15, 100% Fruit Juice 15, 1% Milk 12, 1 % Choc Milk 24</p>	<p>2/3 1. Sausage, Egg and Cheese Pancake Sandwich 28 2. Strawberry Pancakes 38</p> <p>Sides: Chilled Fruit 15, Fresh Whole Fruit 24, 1 % Milk 12, 1 % Choc Milk 24</p>	<p>2/4 1. Iced Cinnamon Bun 38 2. WG Bagel w/Cream Cheese 28</p> <p>Sides: Chilled Fruit 15, Fresh Whole Fruit 24, 1 % Milk 12, 1 % Choc</p>	<p>2/5 1. Bacon, Egg and Cheese on a Muffin 28 2.Blueberry Bash Waffles 28</p> <p>Sides: Chilled Fruit, 15 100% Fruit juice, 15 1 % Milk 12, 1 % Choc Milk 24</p>	<p>2/6 1. Bacon, Egg and Cheese Croissant 28 2. Breakfast Pizza 27</p> <p>Sides: Chilled Fruit 15, Fresh Whole Fruit 24, 1 % Milk 12, 1 % Choc Milk 24</p>
<p>2/9 1. WG Confetti Waffles 30 2. WG Chocolate Donut Holes 38</p> <p>Sides: Chilled Fruit, 15 100% Fruit juice, 15 1 % Milk 12, 1 % Choc Milk 24</p>	<p>2/10 1. Sausage, Egg and Cheese Bagel 28 2. WG Blueberry Muffin 26</p> <p>Sides: Chilled Fruit 15, Fresh Whole Fruit 24, 1 % Milk 12, 1 % Choc Milk 24</p>	<p>2/11 1. Donut and Berry Parfait 37.5 2. Iced Cinnamon Bun 38</p> <p>Sides: Chilled Fruit, 15 100% Fruit juice, 15 1 % Milk 12, 1 % Choc Milk 24</p>	<p>2/12 1. Bacon, Egg and Cheese Pancake Sandwich 28 2. Apple Frudel 36</p> <p>Sides: Chilled Fruit 15, Fresh Whole Fruit 24, 1 % Milk 12, 1 % Choc Milk 24</p>	<p>2/13 1. Sausage, Egg and Cheese Croissant 28 2. Breakfast Pizza 27</p> <p>Sides: Chilled Fruit 15, Fresh Whole Fruit 24, 1 % Milk 12, 1 % Choc Milk 24</p>
<p>2/16</p> <p>No School</p>	<p>2/17 1. Sausage, Egg and Cheese Pancake Sandwich 28 2. Strawberry Pancakes 38</p> <p>Sides: Chilled Fruit 15, Fresh Whole Fruit 24, 1 % Milk 12, 1 % Choc Milk 24</p>	<p>2/18 1. Iced Cinnamon Bun 38 2. WG Bagel w/Cream Cheese 28</p> <p>Sides: Chilled Fruit 15, Fresh Whole Fruit 24, 1 % Milk 12, 1 % Choc</p>	<p>2/19 1. Bacon, Egg and Cheese on a Muffin 28 2.Blueberry Bash Waffles 28</p> <p>Sides: Chilled Fruit, 15 100% Fruit juice, 15 1 % Milk 12, 1 % Choc Milk 24</p>	<p>2/20 1. Bacon, Egg and Cheese Croissant 28 2. Breakfast Pizza 27</p> <p>Sides: Chilled Fruit 15, Fresh Whole Fruit 24, 1 % Milk 12, 1 % Choc Milk 24</p>
<p>2/23 1. WG Confetti Waffles 30 2. WG Chocolate Donut Holes 38</p> <p>Sides: Chilled Fruit, 15 100% Fruit juice, 15 1 % Milk 12, 1 % Choc Milk 24</p>	<p>2/24 1. Sausage, Egg and Cheese Bagel 28 2. WG Blueberry Muffin 26</p> <p>Sides: Chilled Fruit 15, Fresh Whole Fruit 24, 1 % Milk 12, 1 % Choc Milk 24</p>	<p>2/25 1. Donut and Berry Parfait 37.5 2. Iced Cinnamon Bun 38</p> <p>Sides: Chilled Fruit, 15 100% Fruit juice, 15 1 % Milk 12, 1 % Choc Milk 24</p>	<p>2/26 1. Bacon, Egg and Cheese Pancake Sandwich 28 2. Apple Frudel 36</p> <p>Sides: Chilled Fruit 15, Fresh Whole Fruit 24, 1 % Milk 12, 1 % Choc Milk 24</p>	<p>2/27 1. Sausage, Egg and Cheese Croissant 28 2. Breakfast Pizza 27</p> <p>Sides: Chilled Fruit 15, Fresh Whole Fruit 24, 1 % Milk 12, 1 % Choc Milk 24</p>

Daily Alternate Breakfast Meals: Assorted Low Sugar Cereal **25 w/String Cheese **1**
SF Syrup For Breakfast Items - **8****