



February Breakfast & Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
Muffin & Assorted Parfait	Smoked Sausage, Eggs, Tst	Pancakes, Sausage Link	Breakfast Pizza	Chicken Biscuit
Salisbury Steak w Gravy Seasoned Rice Mixed Veggies Garlicy Green Beans Garlic Toast	Crispitos with Cheese or Vegetarian Quesadilla Spanish Rice Whole Kernel Corn Ranchero Pinto Beans	Chicken Tenders Fried Okra Carrots Italian Veggies	Garlic Heb Chicken Mashed Potatoes Broccoli Buttery Cornbread	Potato Bar Assorted Toppings Greek Salad Breadstick
9	10	11	12	13
Waffle w/ Assorted Toppings	Biscuit & Sausage Gravy	Shrimp & Grits	Egg & Cheese English Muffin	Bacon & Pancakes
Scrambled Eggs Sausage Link or Patty* French Toast/Biscuits Seasoned Potatoes Winter Crisp Salad	Beef* Nachos Cilantro Lime Rice Fire Roasted Corn Savory Black Beans Salsa, Sour Cream	Catfish Nuggets Cheesy Broccoli Rice Casserole Honey Glazed Carrots	Hearty Chili* Cinnamon Roll Garden Salad	Build Your Own Macaroni Bowl Assorted Toppings
16	17	18	19	20
President's Day No School	Breakfast Pizza	Eggs, Sausage, Toast & Grits	Pork Chop Biscuit	Chicken & Waffles
	Chicken* Tortilla Soup With Tortilla Strips Assorted Toppings Corn on the Cob	Breaded Chicken* Sandwich Waffle Fries BBQ Baked Beans	Lemon Herb Chicken Sweet Potato Souffle Sauteed Green Beans Buttery Roll	Turkey, Ham & Cheese Sub With Assorted Fresh Toppings Baked Chips Cookie
23	24	25	26	27
Sausage* & Cheese English Muffin	Boiled Egg & Spiced Oatmeal	Muffin & Assorted Smoothies	Hashbrown Casserole and Donut	French Toast Sticks
General Tso Chicken Fried Rice Stir fry Veggies Vegetable Egg Rolls	Baja Fish Taco Cilantro Lime Rice Roasted Zucchini with Cotija Corn & Black Bean Salsa	Assorted Pizza Potato Rounds 5-Way Mixed Vegetables	Turkey and Gravy Mashed Potatoes Glazed Carrots Buttery Roll	Hot Dog Bar Assorted Toppings Sweet Potato Fries Baked Beans

Meals Include *Plant-based Substitutions, 8 oz. Milk & Assorted Fruits.
Cereal, Grits, Muffins, PB&J and Yogurt available at Breakfast.
Ask about our gluten-free options.

FYI

Our menu is subject to change based on product availability.
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

