

JAMES BOYD

# February 2026

This institution is an equal opportunity provider.  
Menus are subject to change.

## Available Daily

Bagel Meal

PB&J

Yogurt Parfait

Deli Sandwich

## YOU'VE GOT TO LOVE IT!



You've got to love your heart, this is! And taking care if your heart is a job that lasts your whole lifetime. Eat more fruits, veggies, and whole grains and less salt and saturated fat. And exercise regularly like your healthy heart depends on it- because it does!



### What Makes A LUNCH

SELECT 3-5 ITEMS:



GRAINS

PROTEIN



VEGGIE

FRUIT

one *must* be a

FRUIT

or

VEGGIE

Monday, February 2

POPCORN CHICKEN  
BROWN RICE  
GREEN BEANS  
FRUIT OF THE DAY

Tuesday, February 3

BRUNCH FOR LUNCH  
TURKEY SAUSAGE  
TATER TOTS  
FRUIT OF THE DAY

Wednesday, February 4

CHICKEN  
QUESADILLA  
CORN  
FRUIT OF THE DAY

Thursday, February 5

GRILLED CHEESE  
CARROTS  
FRUIT OF THE DAY

Friday, February 6

PIZZA SLICE  
GARDEN SALAD  
FRUIT OF THE DAY

Our Buns, Wraps and Pastas are  
Whole Wheat or Whole Grain.

Monday, February 9

CHICKEN NUGGETS  
BROWN RICE  
CARRTOS  
FRUIT OF THE DAY

Tuesday, February 10

MOZZARELLA STICKS  
GREEN BEANS  
FRUIT OF THE DAY

Wednesday, February 11

NACHOS GRANDE  
REDUCED FAT  
TORTILLA CHIPS  
CORN  
BLACK BEANS  
FRUIT OF THE DAY

Thursday, February 12

HAMBURGER OR  
CHEESEBURGER  
BROCCOLI  
FRUIT OF THE DAY

Friday, February 13

PIZZA SLICE  
GARDEN SALAD  
VALENTINES DAY  
TREAT

Monday, February 16



**NO SCHOOL  
TODAY**

Tuesday, February 17

MID-WINTER  
RECESS SCHOOLS  
CLOSED

Wednesday, February 18

MID-WINTER  
RECESS SCHOOLS  
CLOSED

Thursday, February 19

MID-WINTER  
RECESS SCHOOLS  
CLOSED

Friday, February 20

MID-WINTER  
RECESS SCHOOLS  
CLOSED



Monday, February 23

CHICKEN TENDERS  
FRIES  
FRUIT OF THE DAY

Tuesday, February 24

PIZZA CHEESE  
CRUNCHERS  
GREEN BEANS  
FRUIT OF THE DAY

Wednesday, February 25

MEATBALL HERO  
CARROTS  
FRUIT OF THE DAY

Thursday, February 26

HAMBURGER OR  
CHEESEBURGER  
VEGETERIAN BEANS  
FRUIT OF THE DAY

Friday, February 27

PIZZA SLICE  
GARDEN SALAD  
FRUIT OF THE DAY