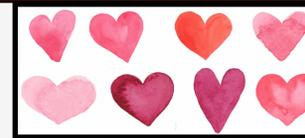




February 2026



Breakfast and Lunch Menu for the West Tisbury and Chilmark Elementary Schools
The Up-Island Regional School District is an Equal Opportunity Provider

Monday Breakfast	Tuesday Breakfast	Wednesday Breakfast	Thursday Breakfast	Friday Breakfast	<p>NEWS</p> <p>Menu Subject to Change.</p> <p>Skim and 1% Milk offered with every lunch.</p> <p>Available Everyday: Salad Bar with Meat or Veggie Protein OR Chicken Salad Sandwich OR Sun Butter Sandwich</p> <p>Please Note Vegetarian and/or Gluten Free When Ordering.</p> <p>Please Let Nurse and Kitchen Staff Know About Any Food Allergies</p> <p>Menu Available Online at: wtisburyschool.org</p>
Muffin and Yogurt with Fruit or Cereal and Milk	Scrambled Eggs with Bacon and Toast or Cereal and Milk	Hot Oatmeal, Yogurt & Granola or Cereal and Milk	Sausage, Egg and Cheese Sandwich or Cereal and Milk	Bagel & Cream Cheese with Fruit Smoothie or Cereal and Milk	
Monday	Tuesday	Wednesday	Thursday	Friday	
Pasta with Meat or Plant Based Balls, Greek Salad and Fresh Fruit ²	Chicken or Veggie Taco, Rice and Beans, Roasted Corn and Fresh Fruit ³	Cheese or Pepperoni Pizza, Garden Salad, Fresh Fruit & Cookie ⁴	BBQ Pulled Pork or BBQ Veggie Burger, Veggie Sticks and Fresh Fruit ⁵	Fish or Veggie Bean Taco, Mexican Cauliflower and Fresh Fruit ⁶	
Pasta Alfredo with Chicken or White Beans, Roast Brussel Sprouts and Fresh Fruit ⁹	Beef or Tofu Curry, Rice, Cucumber Salad and Fresh Fruit ¹⁰	Early Dismissal ¹¹	Grilled Cheese and Tomato Soup & Fresh Fruit ¹²	Waffles, Sausage (or not), Hash Brown and Fruit Smoothie ¹³	
NO SCHOOL ¹⁶	Chicken Tostada, Rice and Beans, Mexican Slaw and Fresh Fruit ¹⁷	Cheese or Pepperoni Pizza, Garden Salad, Fresh Fruit & Cookie ¹⁸	Hot Dog or Tofu Dog, Baked Beans & Fresh Fruit ¹⁹	Garlic Shrimp or Tofu with Rice, Broccoli and Fresh Fruit ²⁰	
SCHOOL ²³	BREAK ²⁴	NO SCHOOL ²⁵	SCHOOL ²⁶	BREAK ²⁷	