

About Gemma Services

Our Vision

We envision a world where every person knows they matter.

Our Mission

Gemma accompanies people of all ages through life's challenges using individualized, data-informed support.

Our Values

Unlimited

WE THINK BIG

Nimble

WE ADAPT AS NEEDED

Inspired

WE ARE PASSIONATE ABOUT THE MISSION

Transparent

WE SEEK THE TRUTH TO LEARN

Effective

WE DO HARD THINGS WELL

Diverse

WE WELCOME DIFFERENT PERSPECTIVES



Learn more
about Gemma



Formed in 2019 by the merger of Silver Springs - Martin Luther School and theVillage, Gemma represents more than 300 years of accompanying people as they face life's challenges so they know they matter. Today, Gemma provides adoption and permanency services, foster family care, mental health programs, a special education school (Martin Luther School), and prevention programs for thousands of youth and families each year.

To receive more information about Family Check Up Online, or to enroll, please scan the QR code below to share your contact information. We will reach out to you promptly!

Philadelphia — Southwest

Preheim Center

6517 Chester Ave
Philadelphia, PA 19142
Office: (215) 730-2240



FAMILY CHECK-UP ONLINE

Online Parenting
Education and Support



FAMILY CHECK-UP ONLINE



The LaunchPAD Program offers the **Family Check-Up Online**, a helpful web-based tool for families with children ages 2–8. It provides information about early childhood development and caregiver

mental health along with coaching on positive parenting practices. Families take part in parent training courses that encourage healthy, safe, and nurturing environments where children can thrive and grow.

Key Features:

- Easy to use online parenting support
- Evidence based strategies to strengthen family relationships
- Hands on assistance by LaunchPAD Community Partners
- Parents receive personalized feedback and support to help them address family challenges in a proactive and positive way

Why Choose Family Check-Up Online?

- Flexible & Family-Centered
- Strength-Based Approach
- Proven to Reduce Absenteeism and Improve Mental Health
- Available in English & Spanish

Family Components:

- Family Check-Up Online®: Assessment & Goal Setting
- Positive Parenting Skills

Proven Outcomes:

- 50% reduction in school absences
- 2.7x lower rates of depression
- Over 30 years of research-backed success

FREQUENTLY ASKED QUESTIONS:

Who is eligible to participate in the Family Check-Up Online?

This web-based tool is designed for families with children between the ages of 2 and 8 years old. It is especially helpful for families experiencing challenges with child behavior, emotional regulation, or parenting stress.

Is there a cost to participate in Family Check-Up Online?

No. This is offered at no cost to participants.

How long does the program take?

The Family Check-Up Online is a flexible and brief intervention. Families typically complete the initial assessment and goal-setting process within a few sessions, followed by ongoing support with LaunchPAD's Community Partners.

How can I access Family Check-Up Online?

Gemma Services offers the Family Check-Up Online Program through the LaunchPAD initiative. Families in Philadelphia, Delaware, and Montgomery counties can access the program by contacting our LaunchPAD Community Partners or visiting www.gemmaservices.org.



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