

FEBRUARY LUNCH MENU TK = 1



Monday	Tuesday	Wednesday	Thursday	Friday
2 Hot Dog w/ Oven Baked Fries	3 Beef & Cheese Taco Stick w/ Baby Carrots	4 Parm Pizza Bites w/ Marinara Dipping Sauce	5 Grilled Cheese Sandwich w/ Roasted Fava Beans	6 Pepperoni Pizza
9 Cheeseburger w/ Oven Baked Fries	10 Parm Pizza Bites w/ Marinara Dipping Sauce	11 BBQ Chicken w/ Baked Beans & Dinner Roll	12 Bean & Cheese Burrito w/ Baby Carrots	13 Pepperoni Pizza
16	17	18	19	20
23 Cheeseburger w/ Oven Baked Fries	24 Chicken Alfredo Pasta w/ Seasoned Peas	25 Chicken Teriyaki w/ Not So Fried Rice & Diced Carrot	26 Cheese Tamale w/ Black Beans	27 Cheese Pizza



Lunch Includes:	Veg of the Day:	Featured Fruit:	RevUp Rewards:
Choice of 1% Low Fat White or Fat Free White Milk or Fat Free Chocolate Milk or Fat Free Strawberry Milk Fruit & Vegetable of the Day Vegetarian *May include an extra 1/2 cup veg for compliance *All Grains Are Whole Grain Rich	Monday: Baby Carrots (1/4 C) Wednesday: Cucumber Slices (1/4 C) w/ Tajin, Baby Carrots (1/2 C) Thursday: Baby Carrots (1/2 C), Celery Sticks (1/4 C) Friday: Side Salad - Lettuce, Carrot, Tomato w/ Ranch (0.75 C) Tuesday: Baby Carrots (1/4 C)	100% Fruit Juice 4 oz, Banana (1/2 C), Apple (1/2 C), Tangerine (1/2 C)	Scan Our QR Code Daily Complete the Survey You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards

