Kindergarten Readiness Checklist

Welcome, future Panthers! Before your child starts Kindergarten, here's a helpful checklist in addition to the Kindergarten Website to make sure you are fully prepared for a smooth and successful start:

✅ Registration and Enrollment

- ☐ Complete online registration through the school district website.
- ☐ **Submit required documents**: birth certificate, immunization records, and proof of residence.
- ☐ Custody/Court Order if a student lives with someone other than those named on the birth certificate.
- ☐ Sign up for ParentSquare (our communication tool). Use the email address you used for enrollment.

✅ School Supplies

- ☐ Watch for the **Kindergarten supply list** this summer and have materials ready before the first day.
- ☐ Ensure your student has a normal-sized backpack (not preschool size) that can fit a full-size folder or notebook.

✅General Things to Do

- ☐ Label everything, especially hoodies and cardigans (our most unclaimed items).
- ☐ Ensure your child knows how they get home after school daily (walk, bus, car pick-up).
- ☐ If you want to volunteer at any school event, field trip, or class activity, complete the volunteer paperwork and read the handbook.
- ☐ Ensure your student has a backup change of clothes in their backpack.

✅ Health and Safety

- ☐ **Complete health forms** if your child has allergies, medications, or medical needs. No medicines are allowed at school without a doctor's order being filed with the school. This includes any over-the-counter medications.
- ☐ Schedule and complete any needed **immunizations** before the first day of school.
- ☐ Ensure your student is up-to-date on **vaccinations** or has a **valid exemption** on file to attend school.
- ☐ Practice handwashing, covering sneezes, and basic hygiene habits.

✅ Daily Readiness Skills

- ☐ Practice **independently putting on and taking off** coats, backpacks, and shoes.
- ☐ Practice **independently buttoning and zipping** pants and coats
- ☐ Have your child practice **independently opening snacks, lunch items, and water bottles**.
- ☐ Build stamina for **sitting and listening** for short periods (story time practice is excellent!).
- ☐ Practice going to places that have toilets with **automatic flushers.**
- ☐ Ensure your child can take care of their **toileting needs and hygiene independently.**

✅ Academic Readiness

- ☐ Encourage them to **recognize and write their name**.
- ☐ Practice **counting to 10** and recognizing some numbers and letters.
- ☐ Practice rhyming, swapping out sounds in words, riddles, and nursery rhymes.
- ☐ Read together every day to build a love of stories and books.
- ☐ Reading 101 for Parents: Phonological and Phonemic Awareness
- ☐ 10 Phonological Awareness Activities to Grow Your Child's Reading ...

✅ Social and Emotional Skills

- ☐ Practice **taking turns**, **sharing**, and **asking for help** when needed.
- ☐ Help your child recognize and talk about **their feelings**.
- ☐ Encourage using polite words like **please**, **thank you**, and **excuse me**.
- ☐ Use the language of noticing - "You ___, so ___, that was _____."
- ☐ Kindergarten Readiness
- ☐ Free Resources for Guardians
- ☐ Free Resources for All

✅ School Routines

- ☐ Talk about **morning and bedtime routines** to support a consistent school schedule.
- ☐ Practice **getting ready in the morning** with enough time to be at school on time.
- ☐ Kindergarten attendance is a crucial part of your child's educational success. Please schedule vacations on breaks and appointments outside of the school day.

✅ Community Partners

- ☐ NBE PTA - get involved with our school community from the start by becoming a member.
- ☐ Snoqualmie Valley School Foundation - get involved to make a district-wide impact on our school and keep them excelling.